

P-1397 - STRESS AND BURNOUT SYNDROME IN ASSESSMENT DOCTORS - NATIONAL STUDY

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Stress and Burnout syndrome represents serious phenomenon influencing many professions. Among highly exposed professions belong medical and assessment doctors. We have conducted a research pilot study to determine the difference in occurrence of burn out syndrome in medical and assessment doctors and in a control - non medical group.

The study included assessment doctors (n=150) - aged 30 to 80 years of age, 72% were women, which corresponds to the representation of women in the field and meets the representativeness of the sample. The control group consisted of clinical medical doctors (n=60) control non medical group (n= 87). Standardized psychological methods were used: Shiron Melamedova-scale (SMBM), Beck Depression Inventory-II, Strategies for managing stress - SVF 78, NEO-BIG FIVE. The highest occurrence of stress load and burn out syndrome was found in assessment doctors. Highest occurrence of depression was found in this group too. The study suggests that the profession of assessment medical doctor represent a specific profession with high demands.