Isolation and identification of some major peptides in the ethanol-soluble fraction of the pH 4·6-soluble extract from Manchego cheese

Justa M Poveda^a*, Lourdes Cabezas^a, Sinéad Geary^b and Paul LH McSweeney^c

Received 28 October 2004 and accepted for publication 15 June 2005

Keywords: ethanol-soluble peptides, Manchego cheese.

Proteolysis is one of the major biochemical events which takes place during cheese ripening and its degradation products, amino acids and peptides, have a considerable influence on the sensory characteristics of cheese (Urbach, 1993). Primary proteolysis leads to the formation of large water-insoluble peptides and smaller water-soluble peptides. Several peptides from bovine milk cheeses have been isolated and identified, particularly from Cheddar cheese (e.g., McSweeney et al. 1994; Singh et al. 1994, 1995, 1997; Gouldsworthy et al. 1996; Fernández et al. 1998). However, there are few data available on the identification of peptides from ewes' milk cheeses, although Michaelidou et al. (1998) identified some major peptides in the water-soluble fraction of Feta cheese (ewe's milk cheese).

Water-soluble peptides are characteristic of particular varieties and are related to the specificity of the protein-ases and peptidases of the microflora of the cheese (Fox & McSweeney, 1996). The ethanol-soluble fraction of the pH $4\cdot6$ -soluble extract of the cheese contributes to cheese flavour as it contains the smallest peptides from the pH $4\cdot6$ -soluble extract.

The objective of this work was to isolate and identify the main peptides from the ethanol-soluble fraction of Manchego cheese, in order to understand better the proteolytic pathways during ripening of this cheese made from ovine milk.

Materials and Methods

Manchego cheeses were manufactured using a definedstrain starter culture of lactic acid bacteria and *Lactobacillus plantarum* as starter adjunct as described by Poveda et al. (2003).

The pH 4·6-soluble fraction of the cheese samples was obtained and fractionated into 700 ml/l ethanol-soluble

(small, hydrophilic peptides) and -insoluble (large, hydrophobic peptides) fractions as described by Poveda et al. (2003). Peptide profiles of the ethanol-soluble fraction of the pH 4·6-soluble extract were determined by RP-HPLC as described previously (Poveda et al. 2003). Samples were prepared before analysis as described by Sousa & McSweeney (2001). Peptides were isolated from the 700 ml/l ethanol-soluble fraction of the 90 day-old cheese. Fractions of individual peaks were collected manually as they eluted and those from 6 successive RP-HPLC runs were pooled and freeze-dried.

The isolated peptides were subjected to N-terminal amino acid sequencing by automated Edman degradation and mass analysis using a plasma desorption time of flight mass spectrometer as described Singh et al. (1995). Peptides were identified from the sequence of their six N-terminal residues (no six residue sequence is duplicated in any of the caseins) and by reference to the amino acid sequence of ovine α_{s1} - (Ferranti et al. 1995) and β -CNs (Richardson & Mercier, 1979).

Results and Discussion

The RP-HPLC peptide profile of the 700 ml/l ethanol soluble fraction of the pH $4\cdot6$ -soluble fraction of Manchego cheese at 90 d ripening is shown in Fig. 1. Ten major peaks (indicated by numbers) were selected for peptide isolation and identification. Some peaks contained more than one peptide (from the results of the N-terminal amino acid sequencing) and a total of 14 peptides were identified completely, except peptides 8 II and 9 I, for which no mass value was obtained (Table 1).

Peptides from α_{s1}-casein

According to the peptides isolated and identified in the present work, two main cleavage sites in ovine α_{s1} -CN

^a Departamento de Química Analítica y Tecnología de Alimentos, Universidad de Castilla-La Mancha, Facultad de Ciencias Químicas, Campus Universitario, s/n, 13071 Ciudad Real, Spain

^b National Food Biotechnology Centre, University College, Cork, Ireland

^c Department of Food and Nutritional Sciences, University College, Cork, Ireland

^{*}For correspondence; e-mail: justamaria.poveda@uclm.es

Table 1. Identity of some major peptides isolated from the 700 ml/l ethanol-soluble fraction of the pH 4·6-soluble extract from Manchego cheese

HPLC	N-terminal	Experimental	Theoretical	
peak no.	sequence	mass (Da)	mass (Da)	Peptide
1	KHPIKH	1371.8	1370.8	α_{S1} -CN (f3-14)
2	RPKHPI	1310.0	1310·8	α_{S1} -CN (f1-11)
3	RPKHPI	1623·1	1623·6	α_{S1} -CN (f1-14)
4	VAPFPE	756.7	757.8	α_{S1} -CN (f25-31)
5	VVAPFP	989·5	1004·1	α_{S1} -CN (f24-32)
6	ENLLAF	791.3	791.0	α_{S1} -CN (f18-23)
7 I	LNENLL	101 <i>7</i> ·1	1018·3	α_{S1} -CN (f16-23)
7 II	APFPEV	945.8	962·1	α_{S1} -CN (f26-33)
8 1	VLNENL	1118·1	1117·4	α_{S1} -CN (f15-23)
8 II	VAPFPE	not found	_	α_{S1} -CN (f25-?)
9	VVAPFP	not found	_	α_{S1} -CN (f24-?)
9	DVPSER	1043.6	1035·2	α_{S1} -CN (f85-93)
10 I	YQEPVL	1879·9	1881·3	β-CN (f191-207)
10 II	EPVLGP	1589·2	1590.0	β-CN (f193-207)

?: C-terminal not determined

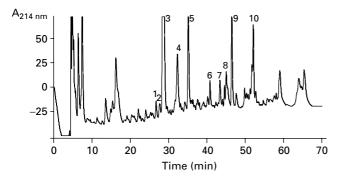


Fig. 1. RP-HPLC profile of the 700 ml/l ethanol-soluble fraction of the pH 4·6-soluble extract from 90 day-old Manchego cheese.

from Manchego cheese are observed, i.e., Phe₂₃-Val₂₄ and Glu₁₄-Val₁₅. The first one is the primary site of chymosin action on bovine α_{s1} -CN, so it is likely that chymosin cleaves the bond Phe_{23} - Val_{24} in ovine α_{s1} -CN, resulting in the formation of the peptides 6, 7 I and 8 I (Table 1). These peptides correspond to the C-terminal region of α_{s1} -CN(f1-23). Similar peptides have been found in the diafiltration retentate of the water-soluble fraction of Cheddar (Singh et al. 1997) and other cheese varieties and are produced from α_{s1} -CN(f1-23) by the action of lactocepin (cell envelope-associated proteinase of Lactococcus), and the peptides found in Manchego are likely to have been produced in a similar fashion. It has been reported that lactocepin hydrolyses bovine α_{s1} -CN(f1-23) at the bond Glu₁₄-Val₁₅ (Kaminogawa et al. 1986), so this could be the enzyme responsible for the formation of peptide 8 I. The N-terminus of peptide 6 derived from the hydrolysis of the bond Asn₁₇-Glu₁₈, which is a reported cleavage site for lactocepin III proteinase from strains

including *Lc. lactis* ssp. *cremoris* SK11 on bovine α_{s1} -CN (Reid et al. 1991; Reid & Coolbear, 1999). Peptide 7 I originated from the cleavage of Val₁₅-Leu₁₆, which is a reported cleavage site for endopeptidases from strains including *Lc. lactis* ssp. *cremoris* AM1, *Lc. lactis* ssp. *lactis* NCDO 763 and *Lc. lactis* ssp. *lactis* MG 1363 in bovine α_{s1} -CN (Fox et al. 1994).

The hydrolysis of the bond Glu_{14} -Val₁₅ may have been due to the action of starter proteinases and may have been involved in the formation of peptides 1, 2 and 3. Hence, it seems that the N-terminus of α_{s1} -CN(f1-23) has been hydrolysed during the ripening of Manchego cheese. In bovine casein, the hydrolysis of the bond Glu₁₄-Val₁₅ has been attributed to the action of the proteinase from Lc. lactis ssp. cremoris H61 (Kaminogawa et al. 1986) and also from Lc. lactis ssp. cremoris C13 (Baankreis, 1992). It can be observed in Fig. 1 that α_{s1} -CN(f1-14) (peptide 3) is the major peak in the HPLC-chromatogram of the 700 ml/l ethanol-soluble fraction of the pH 4·6-soluble extract from Manchego cheese; other authors have also reported the accumulation of this peptide in other cheese varieties, including Feta (Michaelidou et al. 1998), Cheddar (Singh et al. 1994; Gouldsworthy et al. 1996) and Gouda (Kaminogawa et al. 1986).

The N-terminus of ovine α_{s1} -CN includes one phosphorylated residue (Ser₁₂) and one amino acid substitution in genetic variants. The genetic variants A, C and D of the ovine α_{s1} -casein, differ from each other by a few amino acid substitutions and degree of phosphorylation (Ferranti et al. 1995, 2001). In the present work, peptides 1 and 3 were found to contain a dephosphorylated seryl residue at position 12 (based on molecular mass) and were found to be the genetic variants C, D of ovine α_{s1} -CN (Ferranti et al. 1995). Peptide 1 (α_{s1} -CN f3-14) probably originated from the hydrolysis of the bond

Pro₂-Lys₃ of the peptide 3 or α_{s1} -CN(f1-23) by the action of X-prolyldipeptidyl aminopeptidase (PepX) as this enzyme is capable of releasing X-Pro dipeptides from the N-terminal of oligopeptides (Upadhayay et al. 2004). Michaelidou et al. (1998) found a similar peptide, α_{s1} -CN(f4-14), in Feta cheese.

The bond Leu₁₁-Ser₁₂ in ovine α_{s1} -CN corresponds to the Leu₁₁-Pro₁₂ in bovine α_{s1} -CN and may have been hydrolysed by lactocepin, resulting in the formation of peptide 2 (α_{s1} -CN f1-11). This peptide has not been found in the water soluble fraction of Cheddar cheese (Singh et al. 1997).

Further hydrolysis of peptides could have given peptides 4, 5, 7 II, 8 II and 9 I. Peptide 5 (α_{s1} -CN f24-32) probably originated from α_{s1} -CN (f24-199) via hydrolysis by chymosin. The bond Phe_{32} -Arg₃₃ of ovine α_{s1} -CN corresponds to Phe₃₂-Gly₃₃ in bovine α_{s1} -CN, and the latter is a probable chymosin cleavage site at pH 5·2 in the presence of 50 g NaCl/l (McSweeney et al. 1993). Michaelidou et al. (1998) also found this peptide in Feta cheese, and it was formed early in the ripening process, being present in 4 d-old Feta cheese. Two peptides (4 and 8 II) were found originating at Val₂₅. This N-terminus could originate from the action of an aminopeptidase after the hydrolysis of the bond Phe₂₃-Val₂₄ by chymosin in α_{s1} -CN. Singh et al. (1995) isolated the peptide α_{s1} -CN(f25-31) and several other peptides with the same N-terminus in the diafiltration retentate of the watersoluble fraction of Cheddar cheese. The N-terminus of peptide 7 II (Ala26) may originate through the action of chymosin on the cleavage site Phe23-Val24 followed by the repeated action of an aminopeptidase on the N-terminus Val₂₄, giving the Ala₂₆. The C-terminus of peptide 7 II probably originated by the action of lactocepin on the bond Arg₃₃-Lys₃₄. Singh et al. (1995) found a similar peptide, α_{s1} -CN(f26-35), in Cheddar cheese.

Peptide 9 II corresponded to α_{s1} -CN(f85-93). Some authors have found peptides with Asp₈₅ as N-terminus in the diafiltration permeate and retentate of the water-soluble fraction of Cheddar cheese, e.g., α_{s1} -CN(f85-91), α_{s1} -CN(f85-92), and α_{s1} -CN(f85-95) (Fox et al. 1994; Singh et al. 1994, 1997). Glu₈₄-Asp₈₅ is a reported cleavage site for lactocepin on bovine α_{s1} -CN (Reid et al. 1991), and thus, the peptide 9 II found in Manchego may have been produced in a similar way.

Peptides from β -casein

In ovine β-CN, the residues Pro_{179} and Tyr_{180} are deleted, therefore, Leu_{190} - Tyr_{191} in the primary sequence of ovine β-CN corresponds to Leu_{192} - Tyr_{193} of bovine β-CN, the latter being the primary cleavage site of chymosin in bovine β-CN in solution (Visser & Slangen, 1977). Hence, peptide 10 I (β-CN f191-207) may have been produced by chymosin action. Michaelidou et al. (1998) found in Feta cheese, a peptide (β-CN f191-205) originating from this

cleavage site in ovine β -CN. The peptide β -CN(f193-209) from bovine casein, that corresponds to ovine β -CN(f191-207), has been found in the water-soluble fraction of Cheddar cheese (Kelly et al. 1995; Gouldsworthy et al. 1996) and it is very hydrophobic and bitter (Visser et al. 1983), so peptide 10 I in the present study has similar hydrophobic characteristics and thus, if present at high concentrations, may impart a bitter flavour to Manchego cheese.

The N-terminus of the peptide 10 II found in Manchego cheese originates from cleavage at the bond Gln_{192} - Glu_{193} , which corresponds to the Gln_{194} - Glu_{195} in bovine β -CN; this bond has not been found to be cleaved in other cheese varieties. This peptide could originate from the action of exopeptidases from the starter or the non-starter lactic acid bacteria (NSLAB) on the peptide 10 I.

It can be concluded that most of the peptides isolated and identified from the 700 ml/l ethanol-soluble fraction of the pH 4.6 soluble-extract of Manchego cheese have been found also in other cheese varieties, and their production can be attributed to the action of chymosin or lactococcal enzymes. Most of these peptides possess a very low molecular weight (between approximately 700 and 1800 Da), therefore they probably contribute directly to the flavour of this type of cheese, or indirectly through the liberation of amino acids which acts as substrates for a range of catabolic reactions which generate important volatile flavour compounds.

Further work is necessary to study the action of enzymes of the starter lactic acid bacteria and NSLAB on ovine caseins and particularly in Manchego cheese to gain a better understanding of the proteolysis in this cheese variety.

The authors thank the Spanish Ministry of Education and Culture for financial support provided for this research (Programme FEDER; 1 FD 97-0166).

References

Baankreis R 1992 The role of lactococcal peptidases in cheese ripening. PhD Thesis, University of Amsterdam, The Netherlands

Fernández M, Singh TK & Fox PF 1998 Isolation and characterization of peptides from diafiltration permeate of the water-soluble fraction of Cheddar cheese. *Journal of Agricultural and Food Chemistry* **46** 4512–4517

Ferranti P, Malorni A, Nitti G, Laezza P, Pizzano R, Chianese L & Addeo F 1995 Primary structure of ovine α_{s1} -caseins: localization of phosphorylation sites and characterization of genetic variants A, C and D. *Journal of Dairy Research* **62** 281–296

Ferranti P, Pizzano R, Garro G, Caira S, Chianese L & Addeo F 2001 Mass spectrometry-based procedure for the identification of ovine casein heterogeneity. *Journal of Dairy Research* **68** 35–51

Fox PF & McSweeney PLH 1996 Proteolysis in cheese during ripening. Food Review International 12 457–509

Fox PF, Singh TK & McSweeney PLH 1994 Proteolysis in cheese during ripening. In *Biochemistry of milk products*, pp 1–31 (Eds AT Andrews & J Varley). Cambridge, United Kingdom: Royal Society of Chemistry

- Gouldsworthy AM, Leaver J & Banks JM 1996 Application of a mass spectrometry sequencing technique for identifying peptides present in Cheddar cheese. *International Dairy Journal* 6 781–790
- Kaminogawa S, Yan TR, Azuma N & Yamauchi K 1986 Identification of low molecular weight peptides in Gouda-type cheese and evidence for the formation of these peptides from 23 N-terminal residues of α_{s1}-casein by proteinases of *Streptococcus cremoris* H61. *Journal of Food Science* 51 1253–1264
- Kelly AL, Sheehan J, Tiernan D, Shattock A, Joyce P & Foley J 1995 Bovine milk with PMN content and its effect on cheese quality. Proceedings of 3rd IDF Mastitis Symposium, Tel Aviv.
- McSweeney PLH, Olson NF, Fox PF, Healy A & Højrup P 1993 Proteolytic specificity of chymosin on bovine α_{s1} -casein. *Journal of Dairy Research* **60** 401–412
- McSweeney PLH, Pochet S, Fox PF & Healy A 1994 Partial identification of peptides from the water-insoluble fraction of Cheddar cheese. Journal of Dairy Research 61 587–590
- Michaelidou A, Alichanidis E, Urlaub H, Polychroniadou A & Zerfiridis GK 1998 Isolation and identification of some major water-soluble peptides in Feta cheese. *Journal of Dairy Science* 81 3109–3116
- Poveda JM, Sousa MJ, Cabezas L & McSweeney PLH 2003 Preliminary observations on proteolysis in Manchego cheese made with a defined strain starter culture and adjunct starter (*Lactobacillus plantarum*) or a commercial mixed strain starter. *International Dairy Journal* 13 169–178
- Reid JR & Coolbear T 1999 Specificity of Lactococcus lactis subsp. cremoris SK11 proteinase, lactocepin III, in low-water-activity, high-salt-concentration humectant systems an its stability compared with that of lactocepin I. Applied and Environmental Microbiology 65 2947–2953
- Reid JR, Moore CH, Midwinter GG & Pritchard GG 1991 Action of a cell-wall proteinase from *Lactococcus lactis* subsp. *cremoris* SK11 on

- bovine α_{s1} -casein. Applied Microbiology and Biotechnology 35 222–227
- **Richardson BC & Mercier JC** 1979 The primary structure of the ovine β-casein. *European Journal of Biochemistry* **99** 285–297
- Singh TK, Fox PF, Højrup P & Healy A 1994 A scheme for the fractionation of cheese nitrogen and identification of principal peptides. International Dairy Journal 4 111–122
- Singh TK, Fox PF & Healy A 1995 Water-soluble peptides in Cheddar cheese: isolation and identification of peptides in the UF retentate of water-soluble fractions. *Journal of Dairy Research* 62 629–640
- Singh TK, Fox PF & Healy A 1997 Isolation and identification of further peptides in the diafiltration retentate of the water-soluble fraction of Cheddar cheese. *Journal of Dairy Research* 64 433–443
- Sousa MJ & McSweeney PLH 2001 Studies on the ripening of Cooleeney cheese, an Irish farmhouse Camembert-type cheese. *Irish Journal of Agriculture and Food Research* **40** 83–95
- Upadhyay VK, McSweeney PLH, Magboul AAA & Fox PF 2004 Proteolysis in cheese during ripening. In *Cheese: Chemistry, Physics and Microbiology*, pp 391–433. 3rd edition, vol. 1: *General aspects* (Eds PF Fox, PLH McSweeney, TM Cogan & TP Guinee). Amsterdam: Elsevier Academic Press
- **Urbach G** 1993 Relations between cheese flavour and chemical composition. *International Dairy Journal* **3** 389–422
- Visser S & Slangen KJ 1977 On the specificity of chymosin (rennin) in its action on bovine β-casein. *Netherlands Milk and Dairy Journal* 31 16–30
- Visser S, Slangen KJ, Hup G & Stadhouders J 1983 Bitter flavour in cheese. 3. Comparative gel-chromatographic analysis of hydrophobic peptide fractions from twelve Gouda-type cheeses and identification of bitter peptides isolated from a cheese made with *Streptococcus cremoris* strain HP. *Netherlands Milk and Dairy Journal* 37 181–192