# JOURNAL OF MENTAL SCIENCE

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# SUPPLEMENT

# APRIL, 1954

### THE ROYAL MEDICO-PSYCHOLOGICAL ASSOCIATION

### WINTER QUARTERLY MEETING

THE WINTER QUARTERLY MEETING of the Association was held on 18 February, 1954, at 11 Chandos Street, Cavendish Square, London, W.1, under the Presidency of Dr. G. W. T. H. Fleming.

### MINUTES

The Minutes of the Autumn Quarterly Meeting held on 5 November, 1953, to be published in a forthcoming Supplement, were taken as read, and confirmed and signed by the President.

### OBITUARY

The President announced with regret the death of:

Dr. HUTCHISON BURT, M.B., Ch.B.(Glasg.), D.P.M., Medical Superintendent, Stanley Royd Hospital, an Ordinary Member since 1935.

 Dr. S. D. MITCHELL, M.A., M.B., B.Ch.(Camb.), M.R.C.S., L.R.C.P., D.P.M., Consultant Psychiatrist, Cane Hill Hospital, an Ordinary Member since 1944.
Dr. K. M. WEBSTER, M.R.C.S., L.R.C.P., D.P.M., 75 Sandon Road, Birming-

ham, 17, an Ordinary Member since 1944.

#### ELECTION OF ORDINARY MEMBERS

After the nominations had been duly put to the Meeting, the President declared that the following were unanimously elected to Ordinary Membership:

BAGG, CHARLES ERNEST, M.A., M.R.C.S., L.R.C.P., D.P.M., Assistant Psychiatrist, Three Counties Hospital, Arlesey, Beds.

Proposed by Drs. N. McDiarmid, L. G. M. Page and R. J. Russell.

BICKMORE, DENNIS MICHAEL HERBERT, L.M.S.S.A., Medical Officer, H.M. Prison, Gloucester.

Proposed by Drs. F. C. Logan, G. W. T. H. Fleming and John Gibson.

CAMERON, IAN ARCHER, M.B., Ch.B.(Edin.), Crichton Fellowship, S.H.O. Appointment, Crichton Royal, Dumfries.

Proposed by Drs. P. K. McCowan, W. Mayer Gross and W. McAdam.

CARR, ERIC FRANCIS, M.A., M.B., B.Chir., M.R.C.P., D.P.M., Assistant Psychiatrist, Claybury Hospital, Woodford Bridge, Essex.

Proposed by Drs. J. S. Harris, A. Folkson and J. P. Dewsbery.

CHURCHILL, STELLA, M.R.C.S., L.R.C.P., D.P.H., 14 Park Village East, N.W.1. Proposed by Drs. Alan Maberly, Mary Ferguson and Jonathan Gould.

# COLLINS, MAUREEN J., L.R.C.P.I., L.R.C.S.I., House Officer, Crichton Royal, Dumfries.

Proposed by Drs. P. K. McCowan, W. Mayer Gross and James Harper.

CROSS, ERNEST GORDON WHINWRAY, M.R.C.S., L.R.C.P., D.P.M., Assistant Psychiatrist, Bristol Mental Hospitals Group.

Proposed by Drs. Stanley Smith, A. Leitch and E. C. Turton.

DAVIS, DAVID, M.B., Ch.B., Registrar in Psychiatry, South Ockendon Hospital, Essex.

Proposed by Drs. George Somerville, T. P. Riordan and B. Matheson.

FLANAGAN, WILLIAM LAURENCE, M.B., Ch.B.(Glasgow), Crichton Fellowship, S.H.O. Appointment, Crichton Royal, Dumfries.

Proposed by Drs. P. K. McCowan, W. Mayer Gross and W. McAdam.

FRAZER, EMILY, M.B., B.S., D.C.H., Registrar in Psychiatry, Graylingwell Hospital, Chichester.

Proposed by Drs. Joshua Carse, John Towers and Nydia E. Panton.

- FREEMAN, THOMAS, M.D.(Belfast), D.P.M.(London), Lecturer in Psychotherapy, Department of Psychological Medicine, University of Glasgow. *Proposed by* Drs. Angus McNiven, J. F. McHarg and R. A. Y. Stewart.
- GLEDHILL, RAYMOND CLIVE, M.D., M.R.C.P., D.P.M., Registrar, Bethlem Royal and Maudsley Hospitals.
  - Proposed by Drs. S. H. Foulkes, E. Stengel and Felix Post.
- GOLDIN, SAMSON, L.R.C.P., L.R.C.S.(Ed.), L.R.F.P.S.G., Registrar, Runwell Hospital, near Wickford, Essex.
  - Proposed by Drs. R. Strom-Olsen, H. Weil-Malherbe and D. W. Liddell.
- GRANT, THOMAS EDWARD, L.R.C.P., L.R.C.S.(Ed.), L.R.F.P.S.G., Psychiatric Registrar, Springfield Hospital, S.W.17. *Proposed by* Drs. H. C. Beccle, Gerald Garmany and L. T. Hilliard.
- JONES, DOREEN MARY SHERWOOD, M.B., Ch.B.(St. And.), D.T.M. & H., Registrar, Maudsley and Bethlem Royal Hospitals. Proposed by Drs. J. G. Hamilton, I. J. MacDonald and W. P. Gurassa.
- JOYCE, MELVILLE HENRY BUSHELL, B.A., M.B., Ch.B., Clerk in Holy Orders (Church of England), Senior House Officer, Barrow Hospital (Bristol Mental Hospital), Bristol.

Proposed by Drs. A. Leitch, E. H. Hare and R. Maggs.

- KLIMCZYNSKI, JERZY JOSEF JAN TADEUSZ, M.D., Clinical Director, Female Unit, Senior Staff Physician, Selkirk Mental Hospital, Manitoba, Canada. *Proposed by* Sir Geoffrey Nightingale, Drs. Neville Copeland and D. Anton-Stephens.
- MALLESON, JOAN GRAEME, M.B., B.S., M.R.C.S., L.R.C.P., Medical Officer, Obstetrical Unit (Contraception Clinic), University College Hospital; Medical Officer, Clinic for Sexual Difficulties, North Kensington Women's Welfare Centre.
  - Proposed by Drs. Sylvia M. Payne, W. Clifford M. Scott and D. W. Winnicott.
- MASON, HERBERT ALAN CAREY, M.B., B.S., M.R.C.S., L.R.C.P., D.P.M., Psychotherapist, King's College Hospital; Assistant Psychiatrist, St. Thomas's Hospital.

Proposed by Drs. Denis Hill, William Sargant and Anthony Storr.

NORRIS, WILLIAM ANDERSON, M.D., D.P.M., Senior Registrar, Purdysburn Hospital, Saintfield Road, Belfast.

Proposed by Drs. C. B. Robinson, R. W. Armstrong and A. Walk.

O'CONNELL, BRIAN AUGUSTINE, M.B., B.Ch., B.A.O.(N.U.I.), D.P.M. (R.C.P.S.I.), Registrar in Psychiatry, Crichton Royal, Dumfries.

Proposed by Drs. W. Mayer Gross, Allan C. Tait and W. McAdam,

Proposed by Drs. Donald F. Early, E. L. Hutton and K. W. Aron.

PAYNE, RUDOLPH, M.A., B.M., B.Ch.(Oxon), Registrar in Psychiatry, Darenth Park, Dartford, Kent.

Proposed by Drs. J. Laing, G. J. Bell and R. W. Armstrong.

RICKARDS, WINSTON SELBY, M.D.(Melb.), B.Sc., M.R.A.C.P., D.P.M., Fellow of Rockefeller Foundation.

Proposed by Drs. M. A. Jackson, W. L. Tonge and C. R. Harris.

ROWE, LAWRENCE FREDERICK WILLIAM, M.B., Ch.B., Registrar, Hellingly Hospital, Hailsham, Sussex.

Proposed by Drs. B. Reid, R. M. Ellison and R. B. Morton.

STIRLING, GEORGE SCOTT, M.B., Ch.B., Crichton Fellowship, S.H.O. Appointment, Crichton Royal, Dumfries.

Proposed by Drs. P. K. McCowan, W. Mayer Gross and James Harper.

SUTHERLAND, ERIC LYNTON, M.B., Ch.B., Captain, R.A.M.C., Royal Victoria Hospital, Netley, Hants.

Proposed by Drs. John McGhie, R. W. Armstrong and R. L. Jillett.

- TROUP, MARGARET HEGGIE, B.M., B.S.(Melb.), Senior Medical Officer, Dept. of Mental Hygiene, Victoria, Australia.
- Proposed by Drs. Denis V. Martin, Isabel G. H. Wilson and J. S. Harris.
- WATT, ALEXANDER, M.B., Ch.B., D.P.M., Assistant Psychiatrist, Broadgate Hospital, Beverley.

Proposed by Drs. T. M. Davie, Edward Smith and G. M. Woddis.

### **REPORT OF THE COUNCIL**

The Report of the Council, as follows, was read by the GENERAL SECRETARY and approved:

The General Secretary reported that the appropriate Whitley Committee is at present considering the position of Pharmacists in Mental Hospitals.

The Association's Memorandum on the rehabilitation of disabled persons has been completed and forwarded to the committee which is enquiring into this subject.

Nominations have been made to Regional Hospital Boards as follows:

Leeds Area—Dr. T. M. Davie.

Sheffield-Dr. Duncan Macmillan.

South East Metropolitan Area-Dr. W. G. M. Masefield.

Welsh Regional Hospital Board—Dr. T. J. Hennelly.

Birmingham Regional Hospital Board—Dr. Andrew Shepherd.

Dr. L. C. Cook has been nominated to the Central Health Services Council in the place of Dr. Masefield who has retired.

The Treasurer reported that there is likely to be a small credit balance on the working of the Association for this year, but the accounts have not yet been audited.

Seventeen members were reported as not having paid their subscriptions for 1953 and there are 15 members who are in arrears with their subscription over a period of three years.

An annual donation of 20 guineas to the Mental After Care Association was approved as in previous years.

The Finance Committee had carefully considered the representations made by the Irish Division for a reduction in their annual subscription and regret that they are quite unable to recommend any modification of the existing rates.

The Registrar reported that the next Maudsley Bequest Two-Day Lecture Course would be held on Monday and Tuesday, 5 and 6 April at the Barnes Hall, Royal Society of Medicine, and that already a good number of requests have been received for tickets. At the D.P.M. examination held from 16-20 November last, 3 out of 7 candidates passed Part I, and 7 out of 12 candidates passed Part II.

The next examination will be held during the week starting 17 May. So far there are 2 candidates for Part I and 2 for Part II. All candidates, including those who have already taken Part I, have been warned of the possibility that the Association's D.P.M. may be discontinued after November, 1954.

He added that there were as yet no entries for the Gaskell Prize.

Council agreed that the Registrar, Dr. Sargant, should represent the R.M.P.A., at the forthcoming meeting of the American Psychiatric Association, to be held in St. Louis in May.

The Editor in Chief reported that our printers had been changed and that Messrs. Headley Brothers Ltd., are to print the April number of the *Journal of Mental Science*.

The Librarian reported that the Library Committee had decided to take up subscriptions to several additional publications including the "Zentralblatt".

In view of the recent increased interest in the history of psychiatry it was agreed that, under the auspices of the Library Committee, meetings should be held for discussion or to hear papers on historical aspects of psychiatry.

The Secretary of the Education Committee reported that the committee had considered the Registrar's report and noted the small number of entrants for the Gaskell Medal. It was suggested, and Council agreed, that additional publicity could be achieved by circulating a notice of the date of the examination.

On the recommendations of the Education Committee approval was given to one hospital to provide six months of the stipulated period of two years hospital experience for the D.P.M., and to one adult out-patient clinic. (See Appendix to the Minutes.)

It was reported that the National Association of Authorized Officers and the Mental Health Workers Association were about to be merged into one and that the new body sought help of the R.M.P.A. in obtaining a national training scheme and examination for their members. It was agreed that the sub-committee which had previously dealt with this matter should resume work. Dr. A. B. Monro would take the place of Dr. E. C. Dax, and the committee would then consist of Drs. T. P. Rees, N. H. M. Burke, O. W. S. FitzGerald and A. B. Monro. The committee was to report as soon as possible to Council.

Council learned with especial regret that Dr. Helen Boyle was resigning from the Education Committee after many years valuable service.

On the recommendation of the Disciplinary Sub-Committee Council directed that a nurse, who had been convicted of three charges of larceny, should have her name removed from the R.M.P.A. Register.

Council considered the subject of evidence which should be put forward from the Association to the Royal Commission which has been set up to enquire into the law concerning Mental Disorder and Mental Deficiency. An Ad Hoc Sub-Committee consisting of Drs. Ian Skottowe, Noel Harris, M. J. Brookes, Noel Burke, A. Walk and G. M. Woddis, was appointed to consider the documents already prepared for the Association on Mental and Mental Deficiency Legislation with a view to preparing an agreed body of evidence before the Annual Meeting. This Sub-Committee would invite views from all members of the Association and others interested. Arrangements were made for a liaison with the B.M.A. who are also preparing evidence for the same Royal Commission.

The Secretary of the Papers and Discussion Committee reported that the final arrangements for Papers at the May Meeting were as follows:

The title for the morning session would be

### "The Evolution of the Mental Health Services in a non-teaching hospital clinical area since the appointed day."

The opening papers would be by Dr. Francis Pilkington and Dr. T. M. Cuthbert.

The afternoon session would be on

"Advances in management and treatment of disturbed and chronic patients in mental hospitals"

with papers by Dr. O. FitzGerald, Dr. M. Radzan and Dr. L. C. Cook, and, it was hoped, a speaker from the Northern and Midland area.

Arrangements for the Annual Meeting 1954 were as follows:

Thursday, 15 July, a.m.:

"The Place of Psychiatry in Undergraduate Medical Training."

Thursday, 15 July, p.m.:

"The Relationship of the Psychiatrist to the General Practitioner."

Friday morning session would be on Homosexuality.

Proposals for other meetings were as follows:

November, 1954:

"Prophylaxis in Psychiatry."

February, 1955:

"Prophylaxis (continued), and Psychotherapy."

May, 1955:

"The General Trend in Research."

Council considered a resolution from the South Western Division and several letters asking for a revival of the Association's nursing examinations. After a very full discussion it was decided to appoint Drs. Noel Burke and Noel Harris assisted by Dr. Isabel Wilson, to consider the whole question of the shortage of mental nurses and any possible steps to remedy the situation, with full power to co-opt and consult as necessary, and to make a report to the May Meeting.

A brief memorandum prepared by the Research and Clinical Section was sent to the Secretary of the Medical Research Council pointing out that in the H.M.S.O. document "Clinical Research in Relation to the National Health Service", insufficient consideration had been given to the special needs of psychiatry. A most sympathetic reply had been received from the Secretary of the Medical Research Council, and it was hoped to arrange an informal meeting between him and representatives of this Association.

Dr. T. P. Rees was reappointed as the Association's representative to the National Association for Mental Health.

Council took notes of the following conferences:

The European League for Mental Hygiene is meeting in Rome 8-11 April, 1954, when the subject for discussion will be "Public Health and Mental Health".

The Congrès des Medecins Aliénistes et Neurologistes de France is meeting at Liége, 19-26 July, 1954.

Council will be glad to hear from any member who may find it possible to attend either of these conferences and would like to act as the Association's delegate.

The Council's representative on the International Committee responsible for the preliminary planning of the Second World Congress in Psychiatry reported that he had attended a meeting of the committee in Zurich in January, and that it had been decided that the Second Congress should be held in Zurich in 1957, and that the main theme should be "Schizophrenia in all its aspects". The committee had also considered a proposal to form a federation of national psychiatric societies and if agreement could be reached on this proposal it too would be discussed at the next Congress.

The 5th International Congress on Mental Health will be held from 14-21 August, 1954, at Toronto.

Council were informed that the Scottish Division had received an invitation to give evidence before the Guillebaud Committee, when it was sitting in Scotland, and a draft memorandum prepared by this Division was considered and approved.

Notice was taken that the provisional committee on the Mackintosh report had been adjourned *sine die*.

### PAPERS

# "The Biological Background of Human Behaviour." Speakers: Dr. John Bowlby, Dr. Robert Hinde, Dr. Michael Chance.

### APPENDIX

Diploma in Psychological Medicine

20th List of Training Schools—approved in categories shown on 18 February, 1954.

Psychiatric Institutions other than Mental Hospitals and Mental Deficiency Hospitals	•••	Burnley General Hospital Psychiatric Depart- ment (for six months of two-year period in approved psychiatric institutions).
Adult Out-Patients' Clinic	••	The Victoria Hospital, Burnley (affiliated to Burnley General Hospital).

### NOTICES BY THE HON. LIBRARIAN

The Library is open to members between the hours of 9 a.m. and 5 p.m., Saturdays, 9 a.m. and 12 noon. Books are issued to borrowers during these hours.

The Hon. Librarian will endeavour to obtain, as far as possible, any books on psychiatry and allied subjects required by members.

### Library Lending Department Regulations

1. Books shall be lent only to members within the United Kingdom and Eire who are not in arrears with their subscriptions.

2. No member may borrow from the Library more than three volumes at one time.

3. Books and journals are sent carriage paid from the Library, but members are responsible for the books from the time they leave the Library until they are received back.

4. Books damaged or lost while in possession of a member will be repaired at his expense or must be replaced by him.

5. A member borrowing a book or periodical from the Library shall be required to sign and return to the Librarian a form of receipt for the same, which will be regarded as an acceptance of these Regulations.

6. A member shall be entitled to retain a book or periodical borrowed from the Library for a period of twenty-eight days, unless the book is required by another member, in which case it can be recalled by the Librarian at the expiration of fourteen days.

7. In the event of a member failing to return any book or periodical within seven days after receiving notice from the Librarian (on the expiration of the period referred to in Rule 6), the Library Committee shall be at liberty to purchase another copy, the cost to be charged to such member, who shall not be allowed to borrow another book until the sum thus expended shall have been paid.

8. All communications should be addressed to "The Librarian, Royal Medico-Psychological Association, 11 Chandos Street, Cavendish Square, W.1."

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