Gamete quality in fish: evaluation parameters and determining factors

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Summary

The quality of fish gametes, both male and female, are determined by several factors (age, management, feeding, chemical and physical factors, water quality, etc.) that have an impact on the survivability of embryos, larvae and/or fry in the short or long term. One of the most important factors is gamete ageing, especially for those species that are unable to spawn naturally in hatcheries. The chemical and physical factors in hatcheries and the nutrition that they provide can significantly alter harvest quality, especially from females; as a rule, males are more tolerant of stress conditions produced by inadequate feeding, management and/or poor water conditions. The stress produced on broodstock by inadequate conditions in hatcheries can produce adverse effects on gamete quality, survival rates, and the embryonic eggs after hatching.

Keywords: Ageing of gametes, Gamete quality, Reproduction, Salmonids

Introduction

High quality gametes are those that present high survivability during incubation (eggs and/or embryo) and larval growth until first feeding. In other words, they have the ability to generate viable offspring, which reach the adult stage in a better condition for commercialization (Kjorsvik *et al.*, 1990; Pavlov & Emel'yanova, 2000; Barnes *et al.*, 2003; Barnes & Durben, 2004; Bonnet *et al.*, 2007; Bobe & Labbé, 2010).

Bromage & Cumaranatunga (1988), Kjorsvik *et al.* (1990), Bromage (1995), Nordeide (2007), and Bobe & Labbé (2010) point out that management and selection of broodstock is the key to obtaining viable or good quality gametes, as both quality and fertilization potential vary at an individual level and as a function of several factors related to the broodstock. These factors include nutrition, feeding, physical and chemical parameters of the water, genetics, age of the broodstock and characteristics of

the gametes, especially those related to ageing (overripeness) associated with the period of residence in the reproductive tract or the period between spawning (or egg extraction) and fertilization. The environmental conditions in which fertilization and incubation are carried out are also important. Other factors involved in determining egg quality are those related to the chemical composition (Giménez *et al.*, 2006), the dimensions of the perivitelline space (Finn, 2007) and semen quality (Kjorsvik *et al.*, 1990).

Kjorsvik *et al.* (1990) and Brooks *et al.* (1997) point out that gonadal growth, fecundity, and egg and spermatozoa viability are very susceptible to environmental conditions, being affected by factors such as temperature, stress and particularly nutrition (Mansour *et al.*, 2006). Feeding restrictions generally reduce total fecundity, and they can delay maturation and decrease the proportion of mature fish. Additionally, changes in the composition, weight and size of the eggs seem to be affected significantly by different feeding levels; the effects of feeding on the composition of the vitelline sac is of particular importance for larval quality (Bobe & Labbé, 2010).

Some quality criteria are used by researchers to determine egg quality in fish: size, shape, transparency, chorion and coelomic fluid aspects, distribution and volume of lipid droplets, floatability rate, fertilization percentage, morphology of the first blastomeres,

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Figure 1 Factors that determine gamete quality in fish. Balanced (A); and unbalanced (B).

hatching survivability, larval survivability at the time of vitelline absorption and the biochemical composition of eggs and larvae (Piper *et al.*, 1982; Kjorsvik *et al.*, 1990; Bromage *et al.*, 1994; Kjorsvik, 1994; Brooks *et al.*, 1997; Shields *et al.*, 1997; Mansour *et al.*, 2000; Pavlov & Emel'yanova 2008; Sink & Lochmann, 2000; Vassallo-Agius *et al.*, 2001; Thorsen *et al.*, 2003; Mylonas *et al.*, 2004; Avery & Brown 2005; Penney *et al.*, 2006; Moran *et al.*, 2007; Avery *et al.*, 2009; Bobe & Labbé, 2010; Effer *et al.*, 2012; Valdebenito *et al.*, 2012; Effer *et al.*, 2013a).

Below we review some of the main factors that affect gamete quality in farmed fish. We show that these are principally associated with management decisions within the control of the producer, and also some of the indicators most often used for determining quality.

Factors determining gamete quality in fish

The quality of the gametes produced by a broodstock is the result of multiple factors, both genetic and nutritional, including final and proximate factors (Fig. 1). When the balance between any of these factors is upset, gamete quality may be reduced (Fig. 1*B*).

Females

Some of the main factors affecting female gamete quality in farmed fish are discussed here.

Over-ripeness (ageing)

The negative consequences on offspring of ageing in both male and female gametes have been demonstrated in numerous vertebrate species (Billard, 1980; Tarín et al., 2000). In fish, the term 'over-ripeness' or 'ageing' is used to refer to this problem and it is a frequent phenomenon in species that do not spawn naturally in farming systems, such as salmonids. Under artificial farming conditions the oocytes of salmonids are ovulated, but are not spawned into the environment. This situation becomes a problem for fish farmers as they must manually extract the male and female gametes and then carry out artificial fertilization. When they become over-ripe, the eggs suffer a series of morphological (Fig. 2) and biochemical changes that translate into a progressive loss of quality or viability (Springate et al., 1984; Barnes et al., 2000b, 2003; Mansour et al., 2000; Barnes & Durben, 2004; Bobe & Labbé, 2010). Teratogenic effects may be observed in fish and amphibians, such as dorsal and lateral asyntaxia, duplication or absence of organs, e.g. micro- or acephalia (Tarín et al., 2000), or increased spontaneous triploidization with an increase of temperature after ovulation (Aegerter & Jalabert, 2004). As over-ripening of the eggs occurs inside the reproducer, the time between ovulation and the moment of extraction and fertilization is of great importance.

The over-ripeness rate is dependent on temperature (Gillet, 1991; Mansour *et al.*, 2008). The optimum period for spawning varies in different fish species; for example, in rainbow trout and silver salmon it is 4–10 days after ovulation at 10°C (Gordon *et al.*, 1987; Bromage *et al.*, 1994). The latter author determined that eggs fertilized within 3 days after ovulation present a higher survivability than eggs fertilized 4–6 days after ovulation. He also points out that rainbow trout eggs that have been retained within the body for more that 12 days can be fertilized, but their embryo survivability is low. Similar results are reported for the same species by Bonnet *et al.* (2007), in which



Figure 2 Oocytes of apparently good quality (*A*) and over-ripe (*B*, arrows) of rainbow trout (*O. mykiss*) before fertilization. Over-ripe Atlantic salmon (*S. salar*) eggs in the abdominal cavity of a female (*C*, arrows); and after hydration (*D*, arrows).

eggs retained in the abdominal cavity for 16 days after ovulation presented an embryo survivability of 37%, compared with 93% in a control group. Similarly, Barnes *et al.* (2000b) determined in Chinook salmon (*Oncorhynchus tshawytscha*) that eggs with noticeable over-ripeness present a survivability of 30% to the 'eyed egg' stage, whereas in eggs that were not over-ripe this percentage was 50%.

A review by Kjorsvik *et al.* (1990) reported that overripe turbot (*Scophthalmus maximus*) eggs contained more lipids of all groups, especially phospholipids, than viable eggs.

It is therefore very important to check ripeness in the reproducer regularly in order to detect ovulation as early as possible, as over-ripeness can be a significant cause of viability loss of the eggs, particularly for salmonids (Bromage & Cumaranatunga, 1988).

Nutrition and feeding

Size of the ration

Kjorsvik *et al.* (1990) and Bromage (1995) point out that nutrition can affect the size, weight and composition of the egg. Kjorsvik *et al.* (1990) stated that feeding restrictions generally reduced total fecundity, inhibiting gonadal maturation and decreasing the proportion of mature fish in species such as brown trout (*Salmo trutta*), rainbow trout (*O. mykiss*) and cod (*Gadus morhua*). Springate (1990) and Carrillo & Zanuy (1995), in studies of rainbow trout (*O. mykiss*) and sea bass (*Dicentrarchus labrax*) broodstock, determined that groups fed with a complete ration compared with females fed with a half ration presented changes in their fecundity; the most significant effects in the half ration feeding group were a decrease in the size of the egg and an increase in relative fecundity. Another important effect in the variation of ration size and components was an increase in the levels of follicular atresia in pre-spawned fish that could partially explain the alterations in fecundity and egg size. Kjorsvik *et al.* (1990) concluded that the fecundity and the condition factor of farmed fish were respectively 2.5 and 1.5 times higher than those of wild cod (G. *morhua*) of the same size.

Fatty acids requirements

Carrillo & Zanuy (1995) and Brooks *et al.* (1997) pointed out that egg quality and embryo survival rate in teleost fish were affected by the content of polyunsaturated fatty acids (PUFA), particularly n-3 including docosahexanoic acid (DHA) and eicosapentanoic acid (EPA).

It has been found that when the level of n-3 PUFA (particularly DHA) is increased in the diets of *S. aurata* broodstock, the percentage of morphologically normal eggs increased. The incorporation of fatty acids into the eggs significantly improved the larval survivability

after vitelline absorption (Fernández-Palacios *et al.*, 1995; Izquierdo *et al.*, 2001), however excessive levels of n-3 highly unsaturated fatty acids (HUFA) produced hypertrophy of the vitelline sac in larvae and a decrease in larval survival (Fernández-Palacios *et al.*, 1995). It has been determined that a diet with low levels of essential fatty acids (EFA) increased the number of lipid droplets in sea bream (Fernández-Palacios *et al.*, 1997) and Japanese sea bream eggs (Watanabe *et al.*, 1984a), thus indicating the importance of EFA for the normal development of eggs and embryos of these species.

Sea bream eggs of the highest quality have a higher content of total n-3 fatty acids, where DHA and EPA are included (Izquierdo et al., 2001). Likewise, Watanabe et al. (1984b, in Kjorsvik et al., 1990) evaluated two diets in Japanese sea bream broodstock, one of which contained high quantities of corn oil (EPA deficient); they found that the percentage of floating eggs, the incubation rate and the final production of eggs were significantly reduced when compared with the control diet. On the other hand, in sea bass (D. labrax) a clear relationship was observed between the composition of lipids in the diets and the results of spawning; it was found that if the broodstock ingested low levels of PUFA of the n-3 series there was a marked reduction in fecundity and egg viability compared with specimens treated with a more balanced diet. In some marine species like turbot, flounder or sea bass, low egg quality correlated with a high content of total lipids, just as in the freshwater species *Coregonus albula* (Kjorsvik et al., 1990).

Vitamins

Ascorbic acid has been shown to play an important role in salmonid reproduction (Eskelinen, 1989), especially for vitellogenesis (Sandnes, 1991). Sandnes et al. (1984), Dabrowski & Bloom (1994), and Izquierdo et al. (2001) demonstrated that vitamin C is an essential nutrient and that deficiency of this vitamin in the diet resulted in eggs presenting considerably higher mortalities than eggs from females fed with vitamin C-enriched diets. Vitamin C deficiency also leads to a reduction in spermatozoa concentration and motility during and after the spawning period (Sandnes, 1991). This author demonstrated that rainbow trout broodstock fed with a diet that contained an ascorbic acid supplement produced an increase in the survivability at incubation, as compared with trout fed without the vitamin C supplement. The works of Sandnes et al. (1984) and Eskelinen (1989) demonstrated the positive effects of ascorbic acid on egg hatching.

Another nutrient that plays an important role in fish reproduction is vitamin E, so much so that the vitamin E requirements in rainbow trout broodstock are more than eight times higher than in young specimens (Bloom & Dabrowski, 1995). Watanabe *et al.* (1991) studied the effects of increasing vitamin E in the diet (above 200 mg/kg) in *P. major*, and found that it improved the percentage of floating eggs, the incubation rate and the percentage of normal larvae. Vitamin E deficiencies in ayu (*Plecoglossus altivelis*), carp and Red Sea bream diets produce a decrease in the viable egg and hatching rates.

Other vitamins, such as A and D, are also readily incorporated by fish into the egg, but their roles in reproductive processes are still unclear.

Protein requirements

In Nile tilapia (*Oreochromis niloticus*) Al-Hafedh *et al.* (1999) compared fish fed with different percentages of protein in the diet (25, 35, 40 and 45%) to determine whether the influences on maturation were significant. They found that when fed with 45% protein, the males matured at 14 weeks, while males fed with 20–40% protein matured at 16 weeks. In females, the number of eggs increased with the concentration of protein in the diet. Relative fecundity was significantly higher for fish that had been fed with 25–35% protein, than in fish fed with 40–45% protein in the diet.

In rainbow trout, Watanabe *et al.* (1984b) demonstrated that diets with 10% lipids and a low level of proteins (30%) produced gametes of better quality than fish fed with high levels of protein (57%); and they also demonstrated that when the protein is reduced from 57 to 30%, quality is significantly improved.

The origin of the proteins is a factor in determining gamete quality. For rainbow trout, proteins of vegetable origin (soy and corn) reduced fecundity, while groups of Red Sea bream fed with pellets based on cuttlefish meal produced gametes with higher viability and hatching percentage than fish fed with pellets based on fish meal.

Carbohydrate requirements

Washburn *et al.* (1990; in Brooks *et al.*, 1997) determined that rainbow trout broodstock fed with a low carbohydrate diet experienced a decrease in relative fecundity, and their eggs present a lower survival rate to the 'eyed egg' stage and during incubation.

Nature of the diet

Harel *et al.* (1994; in Brooks *et al.*, 1997) found that broodstock fed with natural diets produced eggs of higher quality compared with fish fed with commercially formulated diets. In sea bream, for example, fish fed with fresh squid produced eggs that were three times more viable than fish fed with commercial diets based on wheat gluten. Sea bass fed with artificial diets that contained high protein levels always produced gametes of low viability and hatching rates compared with broodstock fed



Figure 3 Rainbow trout oocyte (O. mykiss) with different concentrations of carotenoid pigments, but all of similar quality.

with a natural, fish-based diet (Cerdá *et al.*, 1994). Various authors report that fresh diets, even though they have good reproductive effects, are not used for industrial production (e.g. of salmon) because they generate problems related with availability and sanitary conditions. The latter in particular increase the risk of spreading disease.

Pigments

In salmonids, the mobilization of carotenoids and their transportation from the muscle tissue to the skin and gonads during gonadal maturation supports the hypothesis that these pigments have an important reproductive function, as in other animals. High concentrations of astaxanthin in the eggs of Atlantic salmon and other salmonids suggested a role as a provitamin A, and in protecting the skin during the initiation of first feeding. Carotenoids are also a source of pigments for chromatophores, facilitating respiration and providing resistance to high temperatures and ammonium. Although producers regularly demand well pigmented salmonid eggs, there are a few studies that relate high contents of carotenoid pigments with gamete viability (Torrissen, 1989), and this finding is corroborated by the authors' years of experience with salmon producers (Fig. 3). It has been found that once a critical concentration of pigments is reached within the egg, there is no linear correlation between this value and gamete quality. However, in Japanese bream, carotenoids produce a positive effect on egg fertility and decreased malformations in embryos and larvae (Watanabe et al., 1984a). In Seriola quinqueradiata, astaxanthin facilitated spawning and improved egg quality, and in *Pseudocaranx dentex* it improved the condition of the broodstock and total fecundity, but not gamete quality (Vassallo-Agius *et al.*, 2001). Work done in rainbow trout by Toledo (1994) showed that, in normal farming conditions, good survivability is achieved with a minimal concentration of pigments (10 mg/kg). Significant differences have not been found in the quality of gametes obtained from broodstock fed with diets that contained natural or artificial pigments.

Broodstock management

As good management and broodstock selection are fundamental for obtaining highly viable gametes, the main factor responsible for variation in gamete quality is the fish farmer. The principal environmental factors that determined egg and larva quality are temperature, salinity and photoperiod. It has been found that during the spawning period of the Atlantic cod (*G. morhua*) and haddock (*Melanogrammus aeglefinus*), the diameter of the egg was larger during the half of the spawning season when the water temperature decreased, pointing to the existence of a reverse relationship between egg diameter and temperature in these two species.

In rainbow trout (*O. mykiss*) temperatures close to those required for growth (approximately 15°C) are suitable for gametogenesis. For spawning, however, an environment with temperatures lower than 10°C is essential, otherwise the oocytes produced will be overripe, and follicular atresia will be massive (Estay, 1988).

Smith *et al.* (1983) demonstrated that specimens of cutthroat trout (*Salmo clarki*), held in creek water

with a daily thermal variation of approximately 8°C produced gametes of better quality, less atresia and easier spawning than individuals held in spring water with low daily thermal variations ($\pm 2^{\circ}$ C).

Stress

Bromage et al. (1992) and Brooks et al. (1997) reported that prolonged exposure of the broodstock to stress (e.g. confinement and the densities used in captivity) is a key factor that can commonly have negative effects on reproductive processes, such as the generation of oocyte atresia (Valdebenito et al., 2011), the final consequence of which is the production of low viability offspring. Schreck et al. (2001) found that in fish subjected to reasonable stress during the complete vitellogenic phase, there is no effect on the average size of eggs, even though they may be more heterogeneous. Campbell et al. (1994) demonstrated that, in rainbow trout, the chronic stress of confinement first affected hormonal secretions, raising cortisol levels and lowering some sexual steroids. A similar result is reported for S. trutta and S. gairdneri, which presented delayed gonad development in males and females (Sumpter, 1997). Vitellogenin, an essential component for oocyte growth, also presents very low values in specimens submitted to mechanical stress. A secondary consequence of this treatment was the presence of smaller eggs and lower survival rates among the offspring as compared with control groups. (Campbell et al., 1994). According to these authors, environmental stress, and especially nutritional stress, may affect fecundity and gamete quality, as eggs have different tolerance thresholds to stress factors at different stages of development (Westernhagen, 1988 in Kjorsvik & Holmefjord, 1995).

Age of the fish

In farmed fish that do not spawn spontaneously, the age at which they reproduce is a decision that must be taken by the fish farmer and is therefore considered to be a management issue. As in many vertebrates, the quality of the gametes produced by fish generally reduces with age. Nevertheless, the gamete quality of second spawning has been found to be better than that of first spawning in rainbow trout (Bromage & Cumaranatunga, 1988), inanga (personal observations) and sea bass. Brooks et al. (1997) indicated that, in rainbow trout, the female produced a greater number of eggs, and of better quality, during the second spawning season than the first. Similarly, Bromage & Cumaranatunga (1988) point out that survival to 'eved egg' among eggs ovulated from a second season was significantly higher than among eggs of females in their first spawning (75 versus 58%).

In the Chilean salmon industry, sanitary regulations require each reproducer to be diagnosed for the presence of pathogens that produce diseases like bacterial kidney disease (BKD), salmonid rickettsial syndrome (SRS), infectious pancreatic necrosis (IPN) and infectious salmon anaemia virus (ISAv). This forces the producers of Atlantic salmon to kill their fish after the first spawning, and in some companies this is also done with trout. The farmers must therefore work with specimens of iteroparous species that do not produce the best quality when they mature early, as in trout (at 2 years of age). It is therefore desirable to delay maturity of the females until the third year, or to try to achieve bigger sized females by their first spawning.

Male gamete quality indicators in fish

The quality of semen in farmed fish can also affect embryo viability, as it may directly influence the fertility of the eggs (Estay *et al.*, 1994a) or present genetic incompatibility with the female (Nordeide, 2007). Some of the macroscopic characteristics of semen can be used as quality indicators. In rainbow trout, for example, good quality semen is whitish or slightly pink in colour and has a milky consistency; if the consistency is watery or lumpy, its use is not recommended. Sanchez-Rodríguez & Billard (1977), Billard (1988), Aas *et al.* (1991) and Estay *et al.* (1994b) described other macroscopic characteristics that can also be used as indicators of semen quality, such as sperm density, motility and seminal plasma composition.

As in female fish, in males the quality of the gametes produced is directly related with feeding, physiology, management (stress), genetics, environmental conditions, etc., although males tend to be more resistant than females to adverse farming or feeding conditions. Estay (1988) demonstrated in rainbow trout that constant temperatures close to 16°C impede the formation of viable gametes in females. However, males can generate spermatozoa with normal motility and fertility.

Some of main indicators used to determine semen quality in fish are described below.

Motility

Sperm motility potential in fish is normally acquired during the passage of the spermatozoa through the sperm duct (Morisawa & Morisawa, 1986), and flagellar activity will only initiate when the sperm come into contact with an aqueous medium where fertilization will occur (Cosson, 2000, 2010; Alavi & Cosson, 2005, 2006; Valdebenito *et al.*, 2009). Motility is assessed using different scales that relate the number of moving spermatozoa with the intensity and duration of movement (Sanchez-Rodríguez & Billard, 1977; Aas et al., 1991). Although sperm motility is widely used for evaluating semen quality, these two variables do not always correlate positively, and various software are now generally available (CASA: Computer Assisted Sperm Analysis) to provide a more objective assessment of motility (Cosson, 2000; Cosson et al., 2008). In commercial fish production, motility measured by traditional means remains the most frequently used indicator of semen quality (Billard, 1990; Perchec et al., 1996; Alavi et al., 2000; Cosson, 2000, 2010; Effer *et al.*, 2013b), however, as mentioned above, this parameter does not always correlate well with fertility (Valdebenito et al., 2009). Tuset et al. (2008) found a negative correlation in salmon semen between fertility and the linear velocity (LVT) of the spermatozoon, however, a positive correlation was found between fertility and the curvilinear velocity (CVT) (r = 0.53).

Spermatocrit

Spermatocrit is the percentage of semen occupied by spermatozoa. The higher the value, the higher the sperm density (Bouck & Jacobson, 1976), increasing the possibility of fertilization (Valdebenito, unpublished data). In salmonids, the spermatocrit of a good quality male is between 10–20%. Lower values indicate a lower number of spermatozoa and lower fertility of the semen.

Aas *et al.* (1991) demonstrated in Atlantic salmon that repeated extraction of semen every 2 weeks reduced the spermatocrit, sperm density and fertility. The semen of males that are re-used during the same spawning season should therefore be properly evaluated, as is done in rainbow trout farms.

Composition of seminal plasma

The seminal plasma of fish regularly contains fewer proteins than that of higher vertebrates. It has a varied ionic composition (mainly K⁺, Na⁺, Cl⁻, Ca²⁺, Mg²⁺) and a low composition of other components, such as hormones and pheromones, cholesterol, glycerol, vitamins, free amino acids, sugars, citric acid, lipids (Ciereszko, 2008) and antioxidant enzymes (catalase, superoxide dismutase, glutathione reductase) (Lanhsteiner & Mansour, 2010; Lahnsteiner et al., 2010). Certain components of seminal plasma have shown a moderate correlation with quality, namely osmolarity, sodium concentration, potassium, glucose, pH, lipids and aspartate aminotransferase activity, lactate dehydrogenase and β -D-glucuronidase (Ciereszko et al., 2000). Lahnsteiner et al. (1998) found that pH, β -D-glucuronidase activity and total lipids of rainbow trout seminal plasma, were good biomarkers of sperm quality when they were included in a multiple regression.

Oxidative stress, reactive oxygen species (ROS) and antioxidants

Oxidative stress generated by ROS is one of the main factors that damaged sperm quality in fish. It is found in individuals that have been exposed to unfavourable environmental contaminants or management conditions at the fish farm, e.g. hypoxia or hyperoxia due to the use of ozonification during production (Livingstone, 2003). Another potential oxidizing agent is hydrogen peroxide, which is frequently used for sterilising tools at the fish farm or as an oxygen supplement for the transportation of live fish (Taylor & Ross, 1988).

Some low-molecular-weight substances present in the seminal plasma of fish have an important role as antioxidants. In rainbow trout, low levels of vitamin C are associated with high percentages of abnormal embryos in the offspring (Ciereszko *et al.*, 1999a). Likewise, the presence of vitamin E in seminal plasma is associated with improved quality. The inclusion of vitamins C and E (trolox C), at a dosage of 0.018 g/ 100 ml and 0.1 g/ml respectively, in an artificial sperm diluent for rainbow trout, will prolong seminal quality (motility and fertility) for 17 days when stored at 4°C (Ubilla & Valdebenito, 2011).

Uric acid is an important antioxidant. High concentrations of this acid have been found in the seminal plasma of teleost fish, indicating a potential role in protecting the spermatozoa against the action of ROS (Ciereszko *et al.*, 1999b, Lahnsteiner & Mansour, 2010; Lahnsteiner *et al.*, 2010).

Plasma proteins

Mochida *et al.* (1999) reported the presence of a sperm immobilizing factor in the seminal plasma of tilapia (*Oreochromis niloticus*). However, it is unknown whether proteins with similar functions exist in other fish.

Proteolytic activity has been determined in the seminal plasma of numerous species of fish (Kowalski *et al.*, 2003). The possible functions of these proteases are related to the regulation of spermatogenesis by the activation of pro-enzymes and pro-hormones, stimulation of sperm motility and metabolism, and the removal of immature or damaged spermatozoa. This factor is especially important at the end of the reproductive season when residual spermatozoa must be eliminated (Lahnsteiner, 2003). Proteolytic activity also increased during pathological processes.

Anti-trypsin activity has been identified in the seminal plasma of teleost fish such as cod, rainbow trout and carp (Dabrowski & Ciereszko, 1994). Although its specific function is unknown, the authors speculate that it would defend the spermatozoa from proteolytic attacks, thus facilitating prolonged storage in the sperm duct, and also in *in vitro* storage.

Egg quality indicators in fish

Some of the most commonly used indicators to determine female gamete quality in farmed fish are described below.

Morphology

In fish, the spawned mature oocyte (telolecithal) is made up of a big mass of yolk that occupied most of the volume of the egg, and of a thin peripheral layer called the cortical lamina, which is found between the nucleus and other cellular organelles (Pavlov & Emel'yanova, 2008). The plasma membrane is protected externally by the chorion. Before activation, the chorion is considered to be a flaccid, collapsed structure on the membrane of the oocyte. The chorion can present one (as in salmonids) or more (in Acipenseridae or sturgeons) orifices (micropyles) that look like craters, where the spermatozoa penetrate during fertilization. After fertilization, the cortical alveoli break and release their contents, creating the perivitelline space (Balinsky, 1975; Pavlov & Emel'yanova, 2008), and at the same time the chorion suffers a series of structural changes, hardening to protect the embryo from possible aggression or damage that it may suffer during incubation; the diameter of the egg varied slightly. One or more lipid droplets can be observed that play an important role in larval survival (Sink & Lochmann, 2008). These lipid droplets are responsible for maintaining egg floatability (in marine fish) during incubation, and act as an energy reserve and final nutrition for the larva, once the egg yolk has been consumed (Estévez, 1992; Estay et al., 1994a; Vassallo-Agius et al., 2001; Bobe & Labbé, 2010).

During fertilization and egg activation, the cortical reaction takes place in all teleost eggs, whether fertilized or not (Kjorsvik et al., 1990; Pavlov & Emel'yanova, 2008). If amphimixis occurs, it would be followed by cleavage, a series of rapid mitotic divisions of the blastodisc into numerous cells called blastomeres (Balinsky, 1975; Arrau et al., 1981; Kunz, 2004; Avery et al., 2009, Akiyama et al., 2010) that decrease in size with each successive division. In fish, the large volume of the egg yolk restricted cleavage to a small area of the cytoplasm on the animal pole (partial segmentation). In un-pigmented eggs such as those of inanga (G. maculatus), the first big blastomeres are easily visible (Benzie, 1968). Various authors (Kjorsvik et al., 1990, 2003; Bromage et al., 1994; Brooks et al., 1997; Shields et al., 1997; Avery & Brown,

2005; Penney *et al.*, 2006; Moran *et al.*, 2007; Pavlov & Emel'yanova, 2008; Avery *et al.*, 2009, Hamoutene *et al.*, 2009, Bobe & Labbé, 2010; etc.) point out that other good morphological indicators of egg quality during the first stages of development are symmetry of the initial blastomeres, transparency and distribution of the lipid droplets, size of the perivitelline space, and changes of egg diameter after fertilization (Fig. 4).

The cortical reaction plays an important role in gamete quality. Kjorsvik *et al.* (1990) and Estévez (1992) described that in good quality eggs, in species like cod (*G. morhua*), sea bass (*D. labrax*) and turbot (*S. maximus*), the cortical reaction is complete, the perivitelline space is more developed, and after cleavage the eggs are more transparent, perfectly spherical and with symmetrical blastomeres. On the other hand, in poor quality eggs, the cortical reaction is incomplete, the perivitelline space is absent or underdeveloped (Fig. 4) and cleavage is incomplete (Pavlov & Emel'yanova, 2008), which may cause a low increase in egg diameter after fertilization.

For many species the 'normal' early blastomere is of regular size and shape (Fig. 5), although this is not the case for the wolf fish (Anarhichas lupus L.), which has unequal blastomeres during the first divisions (Pavlov & Moksness 1994). Furthermore, Avery et al. (2009) related abnormal morphology of the blastomeres in the first cleavages of Gadus morhua with larval quality, finding that embryos with abnormal cleavages presented higher embryo mortality in comparison with normal eggs; Shields et al. (1997) used blastomere morphology as a quality evaluation tool for Hippoglossus hippoglossus eggs. Another possible morphological indicator is the percentage of deformed embryos and larvae (Brooks et al., 1997; Bonnet et al., 2007; Bobe & Labbé, 2010), although this characteristic may be more closely related with contamination studies than with egg quality studies. The possible morphological alterations of the first undifferentiated cells of the embryo invariably affect subsequent viability and development. The type of morphology of these cells has been used in contamination studies, and it has become a more sensitive parameter for the evaluation of survivability (Kjorsvik et al., 1990). This author has demonstrated in various toxicological studies that highly abnormal eggs do not complete embryogenesis, which suggested that these abnormal blastomeres generally corresponded to eggs of low viability; this parameter will therefore allow egg viability or quality to be evaluated (Kjorsvik et al., 1990; Shields et al., 1997; Bobe & Labbé, 2010). Likewise, Vallin & Nissling (1998) incubated cod eggs of regular and irregular aspect, finding that, on average, the survival rate during incubation was less for irregular eggs (35%) than regular eggs (80%); this situation would suggest that oocyte morphology can be a direct



Figure 4 Fertilized inanga (*G. maculatus*) oocytes, with developed perivitelline space with blastodiscs (black arrows); and unfertilized, with the absence of perivitelline space and blastodisc (white arrow).



Figure 5 Coho salmon (O. kisutch) blastodiscs with normal (A) and abnormal (B) cleavages. Magnification ×56.

indicator of egg viability. In salmonids, asymmetries are frequently observed in the first blastomeres (Effer *et al.*, 2012, 2013a; Valdebenito *et al.*, 2012), and preliminary observation suggested that they are associated with low embryo survival.

Egg size

Although it is known that big eggs produce larger larvae, the use of egg size as a criterion for evaluating egg quality in farmed fish is controversial. Bromage *et al.* (1992) indicated that, in rainbow trout, this factor seems to have no relevance for egg quality. However, Kamler (2005) and Kjorsvik *et al.* (1990), pointed out that variation in diameter seems to be one of the most important criteria in the determination of egg quality for fish.

Intraspecific variability of egg size is associated with age, size, physiological condition of the female, spawning times and variations in environmental conditions (Baynes & Howell, 1996). A factor that influences both fecundity and egg size is diet (Bromage, 1995). In rainbow trout broodstock fed with half the normal ration (0.35% of body weight per day), the number and size of the eggs is reduced, compared with fish fed with 0.7% of body weight per day. Another important factor that influenced the number and size of eggs is the size of the female. In salmonids, as the size of the fish increases, the total fecundity and diameter of the eggs produced also increased and, as a consequence, the females displayed a lower relative fecundity (Bromage & Camaranatunga, 1988; Estay et al., 1994b, 1997, 1999, 2004). This finding has been demonstrated in African sharptooth catfish (Clarias

gariepinus) and in the studies of Pavlov & Moksness (1994) in wolf fish, and Schreck *et al.* (2001) in rainbow trout (*O. mykiss*). Schreck *et al.* (2001) pointed out that, apart from these results, fecundity can also be associated with the age of the fish, even though in some species this effect may be quite small or non-existent, while in other species it seems to be highly significant. Thus, the effects of age on the number of eggs produced is considered to be inconsistent among all the species studied (Wootton, 1979 in Cerdá, 1993).

The effects of egg size on survivability during the incubation period are controversial. Authors such as Barnes et al. (2000a), suggested that small eggs have poor survivability, while others (Estay et al., 1994a; Kjorsvik et al., 1998) maintained that size did not affect egg quality, as small eggs presented similar fertilization rates to large eggs. Large eggs may produce bigger rainbow trout fry at first feeding, but if they are in poor quality water, stressed or with inappropriate feeding, they may suffer higher mortalities than smaller fry. Sac fry produced from large eggs have better survivability in periods of starvation, but if the same management conditions are provided in the hatchery, both small and big eggs will present the same survival rates (Gisbert et al., 2000). We conclude that small eggs are not of lower quality than big eggs, as survivability is not affected by egg size, but by the different state of maturity, in other words, survivability is an effect of over-ripeness rather than of egg size.

It is known that egg size and larva size are correlated (Baynes & Howell, 1996; Gisbert *et al.*, 2000). Beacham *et al.* (1985) and Baynes & Howell (1996) determined in chum salmon (*O. keta*), coho salmon (*O. kisutch*) and common sole (*Solea solea*) that larvae with bigger yolk volume come from bigger eggs and reach a larger size than larvae produced from smaller eggs; however this size advantage is generally reduced after first feeding, as occurs in Siberian sturgeon (*Acipenser baeri*) (Gisbert *et al.*, 2000) and in Atlantic salmon (*Salmo salar*), where it is observed that smaller specimens are capable of growth at the same rate as initially larger fry.

Number of lipid droplets

The information available on the lipid droplets present in eggs is limited. However, the number and distribution of the lipid droplets can be used to evaluate egg quality in fish, especially marine species. For example, in Japanese sea bream (*P. major*), normal farmed eggs have a diameter of 0.66 to 1.03 mm and contain a lipid droplet of 0.25 mm; eggs that possessed more than one droplet presented abnormal development (Watanabe & Kiron, 1995). In

whitebait or inanga (*G. maculatus*) no relationship was found between the number of visible lipid droplets in an egg and its fertility (unpublished data by the authors).

Floatability

In species with pelagic eggs, gamete quality is associated with the floatability produced by the lipid droplet contained in its cytoplasm. Non-viable eggs precipitate after contact with water, so they can be eliminated easily and do not enter incubation systems. This quality parameter has been used in various species such as the Japanese Red Sea Bream (Watanabe *et al.*, 1984a), sea bass and sea bream (Fernández-Palacios *et al.*, 1995), and turbot (Liewes, 1984).

Factors that affect semen quality in fish

Some of the factors that affected the composition and quality of seminal plasma in fish are seasonality, temperature, nutrition, stress, toxic agents, hormonal stimulation, contamination, and cold storage or cryopreservation (Ciereszco, 2008). Below we review some of these factors that can alter semen quality in productive processes.

Seasonality

Seasonality can significantly affect the composition of seminal plasma in fish, particularly at the end of the breeding season. During this period, there is a reduction in the concentration of proteins and the antiproteinase activity of rainbow trout semen (Ciereszko *et al.*, 1996, 2004). Similarly, the levels of vitamin C and sodium, potassium and chlorine ions are lower. This inability to maintain the composition of seminal plasma is related to low fertilizing capability of the spermatozoa at the end of the season, associated with gamete ageing.

The photo-thermal manipulations that are applied daily in fish farming activities produced significant changes in the semen quality of rainbow trout, from both normal and reversed-sex males (neomales), including reductions in sperm density, pH, osmolarity and motility patterns (Dabrowski *et al.*, 1996; Ciereszko *et al.*, 1998). This problem is frequently observed in salmonid males farmed under artificial light and salinity conditions (only in freshwater), generating maturity and semen quality problems in males.

Temperature

The composition of seminal plasma may change as a function of farming temperatures. In carp



Figure 6 Characteristics of Atlantic salmon broodstock raised solely in fresh water in southern Chile. (*A*) Broodstock tank. (*B*) Ovary with attretic follicles. (*C*) Four-year-old male showing evident signs of maturity. (*D*) Preparation of testicular macerate.

farmed in cold water, there was an increase in the sodium concentration and pH, while potassium levels decreased. The sperm concentration of cold water specimens was half that of those farmed in warmer waters (Emri et al., 1998). The glucose levels in seminal plasma of Arctic charr (Salvelinus alpinus) farmed in cold waters were almost double those of groups farmed in warm waters (Atse et al., 2002). In work done on sturgeon by Williot et al. (2000), higher parameters of sperm motility were determined in specimens farmed at 10°C than in those maintained at 17.5°C; the low motility parameters were associated with high osmolarity and low seminal plasma pH. Robles et al. (2003) found semen of better quality in rainbow trout of winter maturity than in groups that matured during spring. In this same species, Estay (1988) found that males farmed in water at a constant temperature of 16°C during the whole year produced semen with a viability similar to that of males farmed in temperatures lower than 10°C during the spawning season, concluding that rainbow trout males are more eurythermal than females in achieving full sexual maturity.

Salinity

Although the function of salinity may be species specific, in amphibiotic species salt water can improve semen quality. In the case of salmonids, salinity is classified as 'gametic' by Harden-Jones (1968), based on the strict need of salmonids to carry out fertilization and embryo development in freshwater. Currently however, production from broodstock of Atlantic (*Salmo salar*) and coho salmon (*Oncorhynchus kisutch*) is carried out exclusively in freshwater in a number of countries to avoid contagion with diseases associated with sea water (in Chile this is a health authority requirement). The results are still variable (low percentages of maturity are frequently observed, the males produce little semen and the females present varying percentages of follicular atresia) (Fig. 6).

Atse *et al.* (2002) demonstrated that Arctic charr specimens kept in sea water improve their semen quality (sperm density, glucose concentration and seminal plasma osmolarity). In Atlantic salmon, Haffray *et al.* (1995) found significant differences in the osmolarity of seminal plasma from specimens raised in salt water (347 mOsm/l), compared with those cultivated in freshwater (265 mOsm/l). However, specimens kept in salt water have also shown low fertility, as demonstrated in this species by Maisse *et al.* (1998). In brown trout (Salmo trutta fario), no significant differences were found in semen parameters of specimens kept in salt or freshwater. At this time, the Chilean salmon industry is close to the implementation of a regulation that would impede the return of broodstock (or their gametes) that have been farmed in seawater, to freshwater. This situation generated the problem of the salinity cycles that salmonids require during their life cycles, as generating them artificially generated a very high cost for the producer, and potentially a serious environmental impact due to the high contents of salt that fish farm effluents would contain during a certain period of the year. These salinity cycles are important for the synchronization of hormonal cycles that regulate sexual maturity in salmonids (Ueda, 1990; Onuma et al., 2005), and are probably the cause of the frequent maturity problems observed in salmonid broodstock kept permanently in freshwater, such as the low percentage of mature specimens and - in females - follicular atresia in large numbers of ovaries.

Presence of sperm duct

In salmonids, spermatozoa acquire the ability to move during passage through the sperm duct (Morisawa & Morisawa, 1986), where the pH of the seminal plasma and the concentration of bicarbonate ions increase, allowing the potential for flagellar activity to be generated (Morisawa & Morisawa, 1988) by the increase in intracellular concentrations of cAMP (Morisawa et al., 1993). These basic principles during the acquisition of sperm motility potential in salmonids are applied to the use of maturation solutions (which possess a high pH and high concentrations of sodium bicarbonate) for spermatozoa from reversedsex specimens (neomales) that lacked sperm ducts. These individuals were characterized by presenting high sperm density and low levels of sperm motility (Geffen & Evans, 2000). This situation may result in seminal plasma contamination due to the liberation of somatic cell contents during testicle maceration. For this reason, in semen extraction from neomales, instead of macerating the testicle, a few superficial cuts should be made before the tissue is introduced into a sperm diluent to facilitate the liberation of spermatozoa only from those cells that have completed spermatogenesis.

Hormone stimulation

In many species of farmed fish, captivity impeded the formation of an adequate volume of semen, and a small volume with high density is frequently produced. Hormone stimulation (e.g. with GnRHa or pituitary extracts) is a common aquaculture practice that improved semen availability, increasing the volume of semen produced and the sperm concentration (Zohar & Mylonas, 2001). Hormone therapies increased the availability of the hormone $17\alpha_{,}20\beta_{-}$ dihidroxy-4-pregnen-3-one (17α , 20β -P), known as the 'maturity inducing hormone'. This hormone induced an increase of seminal plasma pH levels, and consequently the development of the potential for sperm motility. In salmon farming this is a common practice, especially for Atlantic salmon as even though the males are of large size, the volume of semen produced is small. Hormone therapies have noticeably improved sperm functionality in this species from the point of view of volume produced and semen quality obtained.

Contamination with exogenous hormones

Industrial and domestic discharges frequently contain numerous chemicals with a similar structure to estradiol. These contaminants act as xenoestrogens, causing feminization in male fish, or rather a decrease in their reproductive functionality, including changes in motility, morphology and fertility (Kime & Nash, 1999; Gill *et al.*, 2002; Jobling *et al.*, 2002). This finding indicated that broodstock of farmed fish in areas contaminated with these chemicals may produce semen of poor quality and fertility.

Semen contamination

Contamination of the semen with mucus, faeces, blood, water or urine noticeably affects the quality and composition of seminal plasma in fish. The most effective way to obtain semen without these contaminants is to use a catheter or cannula (when the anatomy of the fish allows), and to avoid the use of abdominal massage (stripping) (Glogowski *et al.*, 2000; Ciereszko *et al.*, 2004). For example, the level of superoxide ions in rainbow trout semen extracted through a cannula is significantly lower than in semen obtained through abdominal massage (Valdebenito, unpublished data).

The risk of semen contamination increased with storage time, and as the concentration of contaminants increases. Low concentrations of blood during storage for 5 days did not significantly affect motility of protein concentrations in rainbow trout semen (Ciereszko *et al.*, 2004).

Faecal matter is potentially dangerous due to the introduction of bacteria into the semen. These microorganisms are the main problem during semen storage in fish (Stoss & Refstie, 1983; Jenkins & Tiersch, 1997), reducing viability by altering the composition of seminal plasma and accelerating the production of ROS.

Urine is the principal contaminant of semen because the sperm duct and the urinary tract open onto the external environment very close together, making contamination inevitable when extracting semen through abdominal massage. According to Rana (1995), this contamination is the main variation factor in the individual fertility of males of different species of fish. The effects of urine on sperm physiology are different for marine fish than freshwater fish. In the latter, urine is hyposmotic (18 mOsm/kg for carp) in relation to seminal plasma and its effect is similar to water contamination, in other words it could activate sperm motility and reduce intracellular levels of ATP (Poupard et al., 1998). In marine fish, urine is almost isosmotic with seminal plasma and its effects are less noticeable from an osmotic point of view.

Nutrition

Sandnes *et al.* (1984), Sandnes (1991), Dabrowski & Bloom (1994), Dabrowski & Ciereszko (2001) and Izquierdo *et al.* (2001) have demonstrated that vitamin C is an essential nutrient, and that a deficiency of this vitamin in the diet reduced the concentration and motility of spermatozoa during the spawning period. Vitamin E, together with vitamin C, plays an important protective role for spermatozoa during spermatogenesis until fertilization, reducing the risk of peroxidation of the lipids, which is detrimental to sperm motility (Ciereszko & Dabrowski, 1995). Mansour *et al.* (2006) pointed out that adding α -tocopherol to the broodstock diet reduced the peroxidation of the lipids in semen and increased the antioxidant potential of seminal plasma.

In general, freshwater fish require diets rich in fatty acids of the 18:2(n-6) and 18:3(n-3) series. However, marine species require more elongated and unsaturated fatty acids of the n-3 (20:5 and 22:6) series in their diets (Takeuchi & Watanabe, 1982; Watanabe, 1982), and the composition of the diets affects the lipid composition of the semen when the essential requirements for these nutrients are met (Asturiano et al., 2001). However, rainbow trout produced a preferential retention of some of the PUFA in such a way that the more specific and essential components are maintained on the spermatozoa membranes (Labbé et al., 1995). This situation would explain why in sea bass the motility and fertility of the spermatozoa were not affected by the diets of the broodstock (Asturiano et al., 2001). Supplementation of sea bass diets with fatty acids prolonged the spermiation period, increased sperm density and the volume of semen produced (Asturiano et al., 2001). The incorporation of the amino acid tryptophan in the diets of Plecoglossus

altivelis produced an early start of the spermiation period (Akiyama *et al.,* 1996).

In the productive practice of fish farms, increasingly specific diets are used for broodstock. However, differentiated diets for males and females do not yet exist. In the Chilean salmon industry at least, the use of fattening diets for broodstock is becoming less and less frequent.

Antinutritional factors

Raw materials obtained from plants to substitute proteins and oils of animal origin in the diets of carnivorous fish contain a great variety of antinutritional substances. Studies of the effects of these on fish reproduction have concentrated on gossypol and phytoestrogens.

Gossypol is a contaminant present in the cotton plant that has been described as a potent non-steroidal contraceptive for males. It inhibits *in vitro* sperm motility in European perch (Ciereszko & Dabrowski, 2000) and reduced the fertilizing capability of sea lamprey spermatozoa (Rinchard *et al.*, 2000). Feeding fish with cotton seed flour leads to a gradual accumulation of gossypol in the tissue. Prolonged feeding of trout with low levels of this contaminant in the diets reduced the fertility of their spermatozoa (Rinchard *et al.*, 2003).

Phytoestrogens, such as genistein and daidzein, are endocrine disrupters that present oestrogen activity in vitro and in vivo, as they possess a similar chemistry to oestrogen. Soy flour, which is regularly used as a source of protein for fish diets, is rich in genistein. Feeding rainbow trout with diets enriched with this phytoestrogen showed an accelerated testicular growth and a decrease of sperm motility and density (Bennetau-Pelissero et al., 2001). Phytoestrogens caused feminization of the males in Japanese medaka (Oryzias latipes), and the production of vitellogenin in sea bream males (Kiparissis et al., 2003; Pollack et al., 2003). Some beneficial effects of phytoestrogens have been described in the reproductive function of human spermatozoa, due to their antioxidant effects (Sierens *et al.*, 2002). Not only can these contaminants be incorporated into the body tissue of fish through the diet, but they are also found dissolved in the water due to discharges from industrial cellulose processing plants.

Stress

Stress to the broodstock can generate alterations in fish semen quality. Campbell *et al.* (1992, 1994) demonstrated that repetitive stress on rainbow and brown trout reduced the volume of semen produced and the quality of the offspring. Furthermore, stress can lead to dilution of plasma in freshwater fish. Allyn



Figure 7 Cold storage (2–4°C) of Atlantic salmon semen in southern Chile. (*A*) Refrigerator with semen containers. (*B*) Contaminated semen (green) after 5 days in storage.

et al. (2001) found that this dilution also generated a reduction of seminal plasma osmolarity in white bass (*Morone chrysops*), and can activate sperm motility in up to 10–25% of the spermatozoa before they come into contact with an aqueous medium. This finding demonstrated that stress can provoke early activation of motility in fish spermatozoa that is equivalent to the effects of water or urine contamination.

Brood stock management

Management conditions, like farming density and the number of times that semen is extracted in the reproductive season, are factors that can modify broodstock quality. Aas *et al.* (1991) determined that repetitive semen extraction every 2 weeks in Atlantic salmon reduced sperm density and fertility.

Management of semen in vitro

The conditions under which semen is stored *in vitro* determine its quality. Numerous authors (Morisawa & Morisawa, 1986; Estay *et al.*, 1994b; Jenkins & Tiersch, 1997; Ingermann *et al.*, 2003; Labbé *et al.*, 2003; Valdebenito *et al.*, 2009, etc.) have identified the following determining factors of salmonid semen quality during storage: absence of light; low temperatures ($\approx 2^{\circ}$ C); pH close to 8.5; low bacterial, CO₂ and stress loads; adequate oxygen levels; and reduced traumatic activities for the spermatozoa (Fig. 7).

Cryopreservation of fish semen (Fig. 8) is being used more and more frequently in fish farming. Semen quality is regularly found to be reduced after thawing, although standardised protocols for the cryopreservation of salmonids exist in which the fertility is not significantly lower than that of fresh semen (Cabrita *et al.*, 2010; Tiersch, 2011; Figueroa *et al.*, 2013).

Ageing

Some plasma components are indicators of semen ageing. Lahnsteiner *et al.* (1997) determined an

increase in glycerol, fatty acids and triglycerides levels during *in vitro* storage of semen. Enzymes such as lactate dehydrogenase and aspartate aminotransferase were negatively correlated with semen quality in rainbow trout (Babiak *et al.*, 2001). Berríos *et al.* (2010) demonstrated that in rainbow trout semen, during *in vitro* storage at 4°C, the levels of superoxide ions increase, and the mitochondrial membrane potential and plasma membrane stability decrease.

High-molecular-weight components that are present in seminal plasma, such as some enzymes (catalase, superoxide dismutase, glutathione peroxidase, etc.) (Lahnsteiner & Mansour, 2010; Lahnsteiner et al., 2010), play an important role in reducing the oxidative stress that spermatozoa face during their residence in semen during *in vivo* or *in vitro* storage. Among the components of spermatozoa that are most sensitive to oxidative stress are DNA and the mitochondria. DNA fragmentation by the action of ROS resulted in permanent damage to the offspring, as has been demonstrated in human spermatozoa (Tarín et al., 2000). In fish, ROS increase significantly during cold storage due to the proliferation of opportunist bacteria, which are observed in the semen after a few days in storage (Fig. 7).

Lahnsteiner *et al.* (2004) found that semen plasma proteins prolonged the viability of rainbow trout spermatozoa by evaluating motility. This situation would help improve sperm physiology during storage.

As mentioned above, during *in vitro* storage of rainbow trout semen, protein concentration, antiproteinase activity, and the levels of vitamin C, sodium, potassium and chorine all decrease (Ciereszko *et al.*, 1996).

Age of the broodstock

In fish, as in many domestic animals, the quality of male reproducers is affected by age, although less noticeably than females. In salmonids, premature



Figure 8 Cryopreservation protocols for salmonid semen in southern Chile. (*A*) Extraction of semen from coho salmon. (*B*) Handling liquid nitrogen. (*C*) Storage of straws in liquid nitrogen. (*D*) Straws during freezing using 'in situ' system. (*E*) Programmable system for freezing semen.

maturation of males starting from 1 year of age is frequent (Fleming, 1998), however these young specimens presented high fertility and in the wild they could fertilize from 11–40% of the eggs (Jordan & Youngson, 1992); in productive processes they could be used to efficiently fertilize in the absence of late mature males (unpublished work from the authors). Vuthiphandchai & Zohar (1999) determined that *Morone saxatilis* males at advanced ages (12 years) produced semen of lower quality and less resistant to storage than semen produced by young males (1– 3 years of age). However, 3-year-old males produced the highest sperm density.

Conclusions

Gamete quality in farmed fish is the result of a group of factors, ranging from environmental to genetic, the interaction of which determined their ability to develop into an individual able to survive under farm conditions. One of the most important factors is overripeness or gamete ageing, especially in the females of species such as salmonids in which spawning does not occur spontaneously. Proper farming conditions will be prejudiced and the high genetic quality of the females will be reduced if eggs are extracted after they have lost their viability. As long as all these factors are adequately considered, viable offspring will be obtained that are capable of producing the new generations necessary to continue with further production cycles safely and profitably.

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