

# Neuroticism, recall bias and attention bias for valenced probes: a twin study

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**Background.** Prior research on the nature of the vulnerability of neuroticism to psychopathology suggests biases in information processing towards emotional rather than neutral information. It is unclear to what extent this relationship can be explained by genetic or environmental factors.

**Method.** The genetic relationship between a neuroticism composite score and free recall of pleasant and unpleasant words and the reaction time on negative probes (dot-probe task) was investigated in 125 female twin pairs. Interaction effects were modelled to test whether the correlation between neuroticism and cognitive measures depended on the level of the neuroticism score.

**Results.** The only significant correlation was between neuroticism and the proportion of recalled unpleasant words (heritability is 30%), and was only detectable at the higher end of the neuroticism distribution. This interaction effect seems to be due to environmental effects that make people in the same family more similar (e.g. parental discipline style), rather than genetic factors. An interesting sub-finding was that faster reaction times for left *versus* right visual field probes in the dot-probe task suggest that cognitive processing in the right hemisphere is more sensitive to subliminal (biologically relevant) cues and that this characteristic is under substantial genetic control (49%). Individual differences in reaction times on right visual field probes were due to environmental effects only.

**Conclusions.** There is no evidence that the predisposition of individuals to focus on negative (emotional) stimuli is a possible underlying genetic mechanism of neuroticism.

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**Key words:** Dot-probe task, heritability, moderator effects, neuroticism, recall bias.

## Introduction

Neuroticism is a latent factor that consistently appears in factor analyses of different sets of adjectives that people use to describe daily behaviours and features in all the major personality models (e.g. Eysenck & Eysenck, 1985; Cloninger, 1986; McCrae & Costa, 1997). As a moderately heritable trait, neuroticism is regarded as an important marker of (genetic) 'vulnerability' for internalizing disorders, as shown by its predictive value with regard to onset, duration and outcome of mild and severe depression (Goodwin *et al.* 2003; Ormel *et al.* 2004). Neuroticism is also associated with the genetic risk for depression (e.g. Jardine *et al.* 1984; Kendler *et al.* 1993; Khan *et al.* 2005; Hettema

*et al.* 2006), generalized anxiety disorder (Hettema *et al.* 2006; Kendler *et al.* 2006; Mackintosh *et al.* 2006) and panic disorder and phobias (Hettema *et al.* 2006). In addition, neuroticism is related to exposure to stressful situations (Ormel & Wohlfarth, 1991; Kendler *et al.* 2003), and modifies the effect of stressors to increase the risk for depression (Ormel *et al.* 2001).

In spite of this, the nature of the vulnerability of neuroticism to psychopathology is unclear and therefore limits its use as an explanatory concept in aetiological theory and research of psychopathology (Ormel *et al.* 2004). In this context, a meaningful approach is to expand our knowledge of the physiological, cognitive and behavioural underpinnings of neuroticism. The importance of cognitive processes is reflected in definitions that characterize neuroticism as a broad dimension of individual differences in the tendency to experience negative, distressing emotions

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and to possess associated behavioural and cognitive traits (Costa & McCrae, 1987). This conceptualization of neuroticism taps into cognitive theories of depression, in which the role of negative biases in information processing is emphasized. According to Beck's model (Beck *et al.* 1985), vulnerability to depression consists of tendencies to negatively interpret the self, others and the future. Via an attention bias the encoding of negative (emotional) stimuli is favoured, affecting various aspects of processing (i.e. reasoning, memory) and this negative processing may play a role in the onset and recurrence of depression (Beck *et al.* 1985).

The cognitive basis of neuroticism is an area of research which is well represented and has been reviewed by several authors (e.g. Martin, 1985; Mathews & MacLeod, 1994; Rusting, 1998). In most of these studies neuroticism is related to cognitive processing of emotional rather than neutral information. The reviews show that the most promising cognitive processes studied are: biases in attention (high-neuroticism individuals show increased attention to negative or threatening information, and are faster to respond to similar stimuli); biases in interpretation (high-neuroticism persons tend to interpret ambiguous words in a negative way and make inferences that serve to maintain awareness of threat); biases in memory (high-neuroticism individuals show an enhanced recall of negative or threatening information).

The present study investigates the cognitive basis of neuroticism by investigating the relationship between a composite score of neuroticism (Ncomp) and (i) the proportion of recalled pleasant and unpleasant words and (ii) the reaction time (RT) on target stimuli while inducing pre-conscious bias by subliminally presented emotional or neutral stimuli (Ekman & Friesen, 1976; faces). A genetically sensitive design was used including identical and non-identical twin pairs from a volunteer twin sample from the general population. The additional information provided by the twin design is not only estimates of heritabilities of the cognitive tasks, but also the extent to which their correlation with neuroticism is due to genetic and/or environmental factors.

The specific hypotheses are: (i) that high neuroticism is associated with recall of more unpleasant (negative) than pleasant words; (ii) that neuroticism is associated with faster responses to target stimuli when presented at the location of an emotionally negative cue; (iii) that previous effect might be most apparent in the left visual field (right hemisphere involvement) as proposed by Mogg & Bradley (1999); (iv) that these associations will be due to genetic rather than environmental factors. A genetic relationship could

indicate that the liability to, for example, depression and anxiety disorders is mediated by genetic influences that predispose individuals to experience negative, distressing emotions and the tendency to focus on negative (emotional) stimuli. In addition, we explored the possibility of nonlinear associations between neuroticism and the cognitive measures (i.e. the correlations are a function of the level of neuroticism so that neuroticism is both a variable of interest and a moderator).

## Method

### Subjects

This study is part of a larger project named the Twin Interdisciplinary Neuroticism Study (TWINS) in which the genetic and environmental origins of neuroticism are explored. The sample for the TWINS was randomly selected from the Groningen Twin Register (GTR) established in 2001. In 2002 (T1), the 1047 participants of the GTR returned a survey, including a zygosity questionnaire (Nichols & Bilbro, 1966) to determine whether a twin pair is monozygotic (MZ) or dizygotic (DZ). For the current study a group of 125 female twin pairs (74 MZ and 51 DZ) between ages 18 and 30 years were randomly selected from the GTR and invited to our psychophysiological laboratory in 2002 and 2004 (T2). Zygosity of this group was determined using 10 microsatellite markers. Due to technical failures, zygosity of three twin pairs could not be determined by DNA and the zygosity questionnaire information was used. All subjects reported normal or corrected to normal vision. The Ethics Committee of the University Medical Centre Groningen approved the study, and all subjects gave written consent prior to participation. General characteristics of the study sample are reported elsewhere (Riese *et al.* 2007).

### Characterization of neuroticism

Four neuroticism measures were available for each subject. At T1 neuroticism was evaluated with the NEO Five Factor Inventory (NEO-FFI) (Costa & McCrae, 1992; Hoekstra *et al.* 1996). At T2 neuroticism was evaluated with the NEO-FFI and the Eysenck Personality Questionnaire (Eysenck & Eysenck, 1975; Sanderman *et al.* 1991). To control for self-report bias, subjects also filled out the NEO-FFI for their co-twin sister at T2. To simplify analyses but maximize all available information, for each individual a composite score (Ncomp) was generated by the latent variable score estimator (LaVaSE) program (Campbell *et al.* 2007) using the correlational structure of the four neuroticism scores, accounting for both rater bias and

zygosity misclassification of twin pairs (Riese *et al.* 2007). Similar models have shown a substantial decrease in variance attributed to individual-specific environment and a proportional increase in heritability of liability for, for example, major depression and generalized anxiety disorder (Kendler *et al.* 2002). This could increase the power to detect familial correlations between neuroticism and the cognitive measures. The Ncomp was available for a larger sample: 115 MZ and 91 DZ pairs.

### *Free recall task*

#### *Stimuli and procedure*

The task consisted of eight word lists, each containing 11 words from one of eight categories: pleasant or unpleasant, social or non-social, verbs or nouns (Tops *et al.* 2003). For each subject, the order of the word lists was randomized, with the restriction that no more than two pleasant or two unpleasant lists were presented consecutively. The order of the words within each list was also randomized. Words were presented in the middle of a computer screen for 1 s, followed by a white central fixation-cross (2 s). After presentation of each list, subjects had 2 min to write down as many words as they could remember. Subjects were instructed to pay close attention and to try to remember as many words as possible.

In order to assess primacy and recency effects, for each of the eight categories the proportion of recalled words was generated for the first four and last four words (omitting the middle three), yielding scores of 0, 0.25, 0.50, 0.75 or 1. However, for current analyses, the total proportion recalled of pleasant and unpleasant words was summed across the primacy/recency, social/non-social and verb/noun dimensions, yielding scores for pleasant and unpleasant words, both with theoretical values between 0 and 8. The scores were approximately normally distributed (range 2–7) with a skewness of  $-0.21$  and  $-0.22$ , respectively.

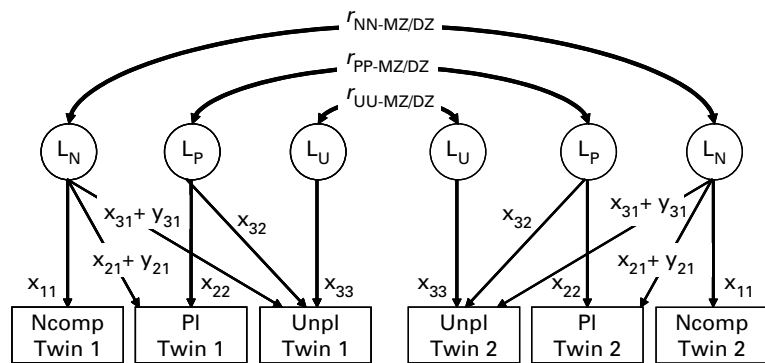
### *Dot-probe task*

#### *Stimuli and procedure*

Mogg & Bradley's 'emotion face dot-probe task' (Mogg & Bradley, 1999) was used as a template for the task developed in the current study to test pre-attentive biases for threat faces. The face stimuli used consisted of Ekman & Friesen (1976) pictures of different individuals. The presented face pairs (equal number of male and female faces) consisted of two pictures of the same person: one threat and one neutral, each  $50 \times 70$  mm. Using E-Prime<sup>®</sup> software (version 1.1.4.1. for Windows ME; Psychology

Software Tools Inc., Pittsburgh, PA, USA), face pairs were presented side by side in the centre of the monitor of a standard personal computer with a distance of 70 mm between the inside of the pictures. Pictures were black and white and all other stimuli were black drawings presented against a white background. Subjects were seated about 100 cm from the monitor.

Preceded by a central fixation-cross (500 ms), a face pair was displayed for 19 ms, followed by a 50 ms display of a mask pair (randomly reassembled bits of a pair of neutral faces) and a blank period of 19 ms. A dot-group-pair was then presented at the same location of the mask pair, consisting of a group of 11 dots, and a group of either three or four dots (the probe). Subjects were asked to indicate whether they had seen three (pressing a left button) or four dots (pressing a right button). They were instructed to respond as quickly as possible, while avoiding errors. RTs in ms were recorded using a stop clock that started at the onset of the dots display, and stopped at the response. The position (left/right visual field) of the threat faces and the number of three or four dots were balanced across trials so that each appeared in either location with equal frequency. The order of presentation of the face pairs was randomized. The task comprised of 26 practice trials, followed by 96 experimental trials and was administered twice. In the visual feedback session after each trial the correct number of dots were presented (for 1000 ms) in the centre of the screen (in Courier New 18-point font). In the auditory feedback session after each wrong response the subjects were submitted to 100 dB white noise (for 500 ms). Subjects were familiarized with the auditory feedback before starting the second session. For current analyses, we use two different definitions of attention bias: first, raw RTs on dot-probes presented at either the position of the neutral or the threat face (i.e. RTs on incongruent and congruent trials). The idea is that subjects preferentially allocate attention to spatial locations with threat faces rather than neutral faces and, therefore, are expected to respond faster on a probe that is presented in an attended rather than unattended region of the visual space (Mogg & Bradley, 1999). For this purpose, the RTs were averaged across feedback type and number of dots, yielding approximately normally distributed scores for the right-neutral, right-threat, left-neutral and left-threat conditions, with skewness of 0.36, 0.36, 0.41 and 0.39, respectively. Second, we considered a frequently used within-subject bias measure: left- and right-bias scores, calculated by subtracting the mean RT of congruent from incongruent dot-probes presented in the left and right visual field, respectively.



**Fig. 1.** The phenotypic correlation model. Ncomp, Neuroticism composite score; PI, proportion of recalled pleasant words; Unpl, proportion of recalled unpleasant words. Cross-twin correlations ( $r$ ) between the latent factors ( $L_N$ ,  $L_P$ ,  $L_U$ ) are estimated separately for the monozygotic (MZ) and dizygotic (DZ) twins. The within-person correlations are specified as a Cholesky decomposition, with  $x_{11}$ ,  $x_{22}$  and  $x_{33}$  representing the variable-specific standard deviations of variables 1, 2 and 3, respectively. The covariance between, for example, Ncomp and PI consists of a moderator-independent part ( $x_{11} \times x_{21}$ ) and moderator-dependent part ( $x_{11} \times y_{21}$ ), which is multiplied by Ncomp to see how the total covariance changes as a function of Ncomp level. This is illustrated in Fig. 2.

*Awareness check*

The time required to become aware of a visually presented stimulus is highly variable between individuals: 14–40 ms. Since we wanted to explore the effects of subliminally presented stimuli, an awareness check was performed, by using a forced-choice gender discrimination task using the same face stimuli and stimulus durations used in the dot-probe task (response was pressing one of two buttons). There were eight practice trials and 48 main trials, comprising an equal number of male and female faces. Subjects not performing on chance level were excluded from the analyses of the dot-probe task as they might have had some level of conscious information processing.

**Statistics**

*Phenotypic analyses*

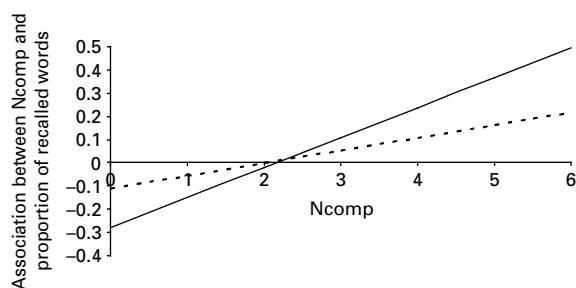
To account for the pair-wise (non-independent) structure of the data, correlations between variables were estimated using the structural equation-modelling program Mx (Neale, 1999). Fig. 1 depicts the model used for the analyses of the Ncomp and recalled pleasant/unpleasant words (note that a similar model was used for Ncomp and RT in threat and neutral valence conditions). The within-person correlations (Fig. 1) are specified as a Cholesky decomposition, where the path  $x_{11}$  represents the standard deviation of variable 1, and the paths  $x_{22}$  and  $x_{21}$  represent the standard deviations of variable 2 independent and dependent of variable 1, respectively (note that the squared path coefficients will represent the variances). All paths are constrained to be the same across twins

and zygosity groups in order to produce one set of within-person correlations. The correlations between the latent factors ( $L_N$ ,  $L_P$ ,  $L_U$  of twin 1 and 2) are estimated in MZ and DZ twin groups separately.

*Moderator effects.* To examine whether the correlation between Ncomp and each of the cognitive variables changes as a function of the level of Ncomp, one could estimate the correlations for different subgroups based on the level of the Ncomp. However, a more powerful approach is using the full continuous distribution of the moderator (Ncomp in this case) by means of fitting a model that differs for each subject in the sample (Neale et al. 2002; Purcell, 2002). This moderating effect is modelled in the parameters  $y_{21}$  and  $y_{31}$  (Fig. 1). The covariance between, for example, Ncomp and the proportion of recalled pleasant words (PI) will now consist of a moderator-independent part ( $x_{11} \times x_{21}$ ) and -dependent part ( $x_{11} \times y_{21}$ ), which is then multiplied by Ncomp to see how the total covariance changes as a function of Ncomp level (see Fig. 2).

*Genetic model fitting*

In the classical twin design, the differences between identical (MZ) and non-identical (DZ) intra-pair covariances provide the power to decompose the variation of a trait (individual differences) into additive genetic influences (A, the sum of the average effects of the individual alleles at all loci affecting the phenotype), shared (familial) environmental influences (C) and individual-specific factors (E, influences that are not shared between family members) (Neale & Cardon, 1992). Maximum-likelihood estimates of the



**Fig. 2.** Moderator effect of neuroticism composite score (Ncomp) on the association between Ncomp and proportion of recalled pleasant words (Pl; ---) and unpleasant words (Unpl; —). The expected positive correlation between neuroticism and Unpl is observed only at the higher end of the distribution (i.e. Ncomp > 5). The moderator effect of Ncomp on the association Ncomp–Pl was non-significant.

components were estimated by the Mx program (Neale, 1999), which minimizes a goodness-of-fit statistic between observed and model-predicted variance-covariances. Confidence intervals (CIs) of parameter estimates were obtained by maximum likelihood (Neale & Miller, 1997).

When more than one trait is measured in each twin, this model can be extended to the multivariate case, in which the cross-trait, cross-twin correlations of the MZ and DZ pairs provide the additional information to partition the phenotypic correlation between variables within individuals into genetic, shared-environmental and non-shared environmental components (Neale & Cardon, 1992).

**Moderator effects.** To test whether the A, C or E components of the correlation between Ncomp and the cognitive variables change as a function of the level of Ncomp, one can use the same approach as described above using continuous moderator values (Purcell, 2002).

## Results

### Neuroticism and word recall

#### Phenotypic analysis

The twin correlations for Ncomp were  $r_{MZ}=0.87$  (95% CI 0.82–0.91) and  $r_{DZ}=0.61$  (95% CI 0.46–0.72); for the proportion of recalled pleasant words (Pl),  $r_{MZ}=0.33$  (95% CI 0.12–0.51) and  $r_{DZ}=0.30$  (95% CI 0.03–0.52); for the proportion of recalled unpleasant words (Unpl),  $r_{MZ}=0.42$  (95% CI 0.22–0.58) and  $r_{DZ}=0.26$  (95% CI –0.01 to 0.49). The correlation between Pl and Unpl was significant: 0.58 (95% CI 0.49–0.66). The model depicted in Fig. 1 (incorporating moderator

effects) showed a good fit to the data [ $\chi^2(35)=40.2$ ,  $p=0.25$ ], meaning a non-significant difference between observed and predicted variances and covariances. Estimated correlations between Ncomp and Pl and Unpl were non-significant: –0.05 (95% CI –0.18 to 0.08) and –0.10 (95% CI –0.23 to 0.03), respectively. Based on the moderator-dependent and -independent path coefficients, the correlations between Ncomp and either Pl or Unpl can be plotted as a function of Ncomp level (Fig. 2). The graph shows that for the higher scorers on Ncomp, the correlation between Ncomp and Pl increases from –0.11 to 0.21 and the Ncomp–Unpl correlation from –0.28 to 0.50, but only the latter increase was significant [ $\Delta\chi^2(1)=7.2$ ,  $p=0.007$ ]. In other words, a significant linear relationship between Ncomp and Unpl is present at the higher end of the Ncomp distribution. This means that, as predicted, high neuroticism subjects show an increased proportion of recalled unpleasant but not pleasant words.

#### Genetic analysis

In order to test whether the increased association between neuroticism and recall of unpleasant words for increased levels of Ncomp is due to genetic or environmental effects (whether there is a genetic basis for this association) a standard genetic (ACE) model incorporating moderator effects was fitted to the data. This model showed a good fit to the data [ $\chi^2(25)=29.3$ ,  $p=0.25$ ]. Standardized estimates of A, C and E influences on the variables are shown in Table 1 (upper panel). Ncomp shows both significant heritable (58%) and shared-environmental (30%) effects. Although both word recall measures show significant familial effects ( $A=37\%+C=36\%$ ), there was no power to detect the genetic and shared-environmental components individually. Fig. 3 shows how the phenotypic correlation between neuroticism and recall of unpleasant words as a function of moderator level is composed of genetic, C and E effects. None of these effects were individually significant. Dropping all three simultaneously resulted in a similar  $\chi^2$  difference as in the phenotypic moderator model, but achieved only marginal significance at 3 degrees of freedom [ $\Delta\chi^2(3)=6.5$ ,  $p=0.09$ ]. However, Fig. 3 shows that the trajectory of the phenotypic correlation as a function of the moderator is closely followed by its shared-environmental component, not the genetic one.

#### Neuroticism and dot-probe task

##### Preliminary processing

On the awareness check all subjects scored within the allowed limits of chance performance. The mean

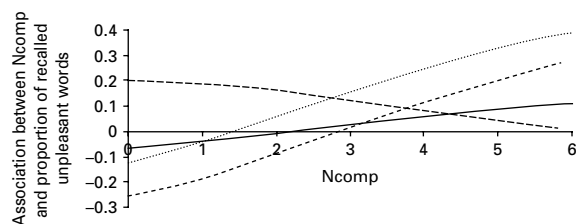
**Table 1.** Standardized estimates of the ACE<sup>a</sup> model (with 95% CI) for Ncomp, proportion of recalled pleasant and unpleasant words, RT on neutral and threat valenced conditions and bias measures in the dot-probe task

Variables	h <sup>2</sup>	c <sup>2</sup>	e <sup>2</sup>
Ncomp	0.58 (0.37–0.84)	0.29 (0.04–0.51)	0.13 (0.09–0.17)
Pleasant	0.23 (0–0.50)	0.14 (0–0.42)	0.63 (0.47–0.81)
Unpleasant	0.30 (0–0.56)	0.06 (0–0.37)	0.64 (0.43–0.85)
RT right-neutral	0.03 (0–0.50)	0.43 (0.02–0.58)	0.54 (0.39–0.70)
RT right-threat	0.02 (0–0.46)	0.41 (0.01–0.56)	0.57 (0.43–0.73)
RT left-neutral	0.49 (0.05–0.74)	0.16 (0–0.53)	0.35 (0.25–0.59)
RT left-threat	0.42 (0.03–0.70)	0.18 (0–0.52)	0.41 (0.29–0.57)
RT left bias <sup>b</sup>	0 (0–0.25)	0.05 (0–0.22)	0.95 (0.75–1)
RT right bias <sup>b</sup>	0 (0–0.23)	0 (0–0.11)	1 (0.77–1)

CI, confidence interval; Ncomp, neuroticism composite score; RT, reaction time; h<sup>2</sup>, c<sup>2</sup> and e<sup>2</sup>, standardized effects of A, C and E factors on the variance of the traits; RT neutral or threat, RTs on neutral or threat valenced stimuli; RT right or left, RTs on stimuli administered in the right or left visual field.

<sup>a</sup> For ACE, A represents additive genetic influences (the sum of the average effects of the individual alleles at all loci affecting the phenotype), C represents shared (familial) environmental influences, and E represents individual-specific factors (influences that are not shared between family members).

<sup>b</sup> Left and right RT biases refer to difference scores between RTs on threat and neutral trials.



**Fig. 3.** Moderator effect of neuroticism composite score (Ncomp) on the total phenotypic correlation between Ncomp and proportion of recalled unpleasant words (.....) and its A (---), C (....) and E (—) components. The trajectory of the total phenotypic correlation is mostly reflected by the effects of shared environment (component C).

proportion of correct scores on the gender discrimination task was 50.5%, and the maximum percentage of accurate answers was 66.7%, which is comparable with that reported by Mogg & Bradley in 1999 (67%). On the visual dot-probe task one subject with an accuracy rate of 50% was excluded because of failure to comply with the task instruction. In addition, trials with errors and RTs deviating more than 3 standard deviations from the mean were discarded (2.1% and 1.2%, respectively). On the auditory dot-probe task data, these exclusions were 1.2% and 1.1% of the data, respectively. RTs on non-correct responses were substituted by missing values before aggregation.

In Table 2 mean RTs are given for the four conditions. There were no RT differences across zygosity groups for the right-neutral, right-threat, left-neutral and left-threat condition [ $\Delta\chi^2(1) = 0.30, 0.12, 0.00,$  and  $0.27, p = 0.58, 0.73, 0.99$  and  $0.61,$  respectively]. Significantly shorter RTs were observed in the threat condition for the left [ $\Delta\chi^2(1) = 19, p < 0.001$ ] and right visual field [ $\Delta\chi^2(1) = 40, p < 0.001$ ]. This effect was not stronger for the left visual field as previously reported (Mogg & Bradley, 1999), but on average RTs where faster for both neutral and threat valence dot-probes in the left visual field [ $\Delta\chi^2(1) = 61.7$  and  $53.3, p < 0.001$ ]. For the bias scores (as measured by the differences in RT between threat and neutral trials), there were no mean differences across zygosity groups in each of the visual fields nor across visual fields.

#### Phenotypic analysis

The twin correlations for RTs in the four conditions were as follows: right-neutral,  $r_{MZ} = 0.42$  (95% CI 0.22–0.58),  $r_{DZ} = 0.48$  (95% CI 0.25–0.66); right-threat,  $r_{MZ} = 0.37$  (95% CI 0.16–0.54),  $r_{DZ} = 0.48$  (95% CI 0.24–0.65); left-neutral,  $r_{MZ} = 0.64$  (95% CI 0.49–0.75),  $r_{DZ} = 0.41$  (95% CI 0.16–0.60); left-threat,  $r_{MZ} = 0.58$  (95% CI 0.41–0.70),  $r_{DZ} = 0.41$  (95% CI 0.16–0.60). Estimated correlations between Ncomp and right-neutral, right-threat, left-neutral and left-threat RTs were all non-significant: 0.08, 0.07, 0.06 and 0.03,

**Table 2.** Descriptive statistics for *Ncomp*<sup>a</sup>, recalled pleasant and unpleasant words, and RT (ms) for neutral and threat valenced dot-probes and bias measures in the left and right visual fields (dot-probe task)

Variables	MZ pairs		DZ pairs	
	Mean (s.d.)	<i>n</i> twin 1/ <i>n</i> twin 2	Mean (s.d.)	<i>n</i> twin 1/ <i>n</i> twin 2
<i>Ncomp</i>	2.99 (0.90)	115/115	2.99 (0.94)	91/91
Free recall task				
Pleasant	4.72 (0.87)	73/74	4.76 (0.91)	51/50
Unpleasant	4.52 (0.82)	73/74	4.45 (1.01)	51/50
Dot-probe task				
RT right-neutral	644.4 (53.8)	74/74	639.4 (61.5)	51/50
RT right-threat	635.0 (53.0)	74/74	632.1 (58.9)	51/50
RT left-neutral	619.9 (55.3)	74/74	618.9 (57.1)	51/50
RT left-threat	615.4 (54.8)	74/74	610.8 (59.7)	51/50
RT left bias <sup>b</sup>	3.50 (17.19)	74/74	8.12 (18.23)	51/50
RT right bias <sup>b</sup>	9.34 (19.44)	74/74	7.32 (22.14)	51/50

*Ncomp*, Neuroticism composite score; RT, reaction time; MZ, monozygotic; DZ, dizygotic; s.d., standard deviation; *n*, number of individuals; RT neutral or threat, RTs on neutral or threat valence stimuli; RT right or left, RTs on stimuli administered in the right or left visual field.

<sup>a</sup> *Ncomp* scores were available for a larger sample.

<sup>b</sup> Left and right RT biases refer to difference scores between RTs on threat and neutral dot-probes.

respectively. The model depicted in Fig. 1 (but in which Pl and UnPl are replaced by 'neutral' and 'threat') showed a good fit to the *Ncomp* and right visual field data [ $\chi^2(35)=37.1$ ,  $p=0.33$ ] and to the *Ncomp* and left visual field data [ $\chi^2(35)=33.8$ ,  $p=0.53$ ]. However, no significant interaction effect was observed, meaning that there was no increased negative association between RT-threat and neuroticism as a function of *Ncomp* level in either visual field. The same results were observed for attention bias as defined by bias scores.

#### Genetic analysis

RT measures in the right visual field showed significant shared-environmental influences: 43% for the neutral and 41% for the threat condition (Table 1, lower panel). In contrast, there were significant genetic influences on the RT measures in the left visual field: 49% for the neutral and 42% for the threat condition. The variance of the attention bias scores was totally explained by unique environment (including measurement error).

#### Discussion

As a potential cognitive mechanism of neuroticism, the present study investigates the relationship between an *Ncomp* and the proportion of recalled pleasant and unpleasant words and the RT on target

stimuli primed with or without negative emotional cues. These relationships were also estimated as a function of the neuroticism score level, in the sense that the correlation between neuroticism and cognitive measures might only be detectable at the higher end of the neuroticism distribution (moderator effects). We found that the (expected) positive correlation between neuroticism and the proportion of recalled unpleasant words was only detectable at the higher end of the neuroticism distribution and that this effect seems to be due to shared environmental rather than genetic effects. As expected, these effects were not observed for the proportion of recalled pleasant words. No significant effects were found for the relationship between neuroticism and the RTs in the threat and neutral condition of the dot-probe task. In addition, this is, to the best of our knowledge, the first study to examine the heritabilities of these cognitive tasks.

Both our positive and negative results are in accordance with previous findings. Attention and memory bias (in the context of facial expression recognition tasks, emotional categorization, word recall, and memory) is commonly reported in depressed patients (Bradley & Mogg, 1994; Bouhuys *et al.* 1999; Mogg *et al.* 2006), in healthy subjects following negative mood induction (Bouhuys *et al.* 1995), in 'elevated risk' daughters of depressed mothers following negative mood induction (Joormann *et al.* 2007) and in healthy subjects selected on high *versus* low scores on

a neuroticism scale (Bradley & Mogg, 1994; Chan *et al.* 2007). Less consistently found in depressed patients as well as in healthy volunteers is the effect of attention bias as measured in the attention probe paradigm (Hill & Dutton, 1989; Chan *et al.* 2007).

Using a twin design, the additional value of our study was to unravel potential correlations between neuroticism and cognitive mechanisms into genetic and environmental components. A genetic relationship could indicate that the liability to, for example, depression and anxiety disorders is mediated by shared genetic influences that predispose individuals to experience negative, distressing emotions and the tendency to focus on negative (social) stimuli. We found a weak indication that the link between neuroticism and recall bias for negative words is driven by familial factors that are environmental in nature (i.e. shared or common environment). Shared environmental effects make individuals in the same family more similar, and may persist even if family members are separated later in life. It is difficult to speculate what these shared environmental factors could be, but parenting style is a potential candidate. In an earlier study (Lau *et al.* 2006) it was found that the association between parental use of negative sanctions and the tendency to attribute negative events to self (a vulnerability marker for depression) was predominantly determined by environmental factors (19% by shared and 55% by non-shared environment). It is important to keep in mind, though, that 'environmental' variables like parental style and life events themselves are influenced by genetic factors, a first indication of more complex processes like gene-environment correlations which are beyond the scope of these analyses (Rijsdijk & Sham, 2002).

The twin design enabled estimation of the extent to which individual differences in these cognitive tasks are due to latent genetic and environmental influences. The most intriguing results were for the dot-probe task. In accordance with the study of Mogg & Bradley (1999) our data shows that individuals preferentially allocate attention to the spatial location of threat faces presented outside awareness. We did not find a stronger effect for the left visual field as reported by the authors. One explanation could be their recruitment procedure favouring high and low scorers on screening measures of anxiety and depression.

On average, RTs were faster on all dot-probes (regardless of emotional valence) presented in the left visual field. In addition, individual differences in these RTs were substantially determined by genetic effects, whereas those in the right visual field were not. Our results, thus, suggest that non-conscious processing of

faces, and consequent attentional orientation towards those stimuli, might be primarily mediated by the right hemisphere, and that this characteristic might be under genetic control. We did not find any evidence, however, that this could be a potential behavioural mechanism of neuroticism. Another interesting finding is that within-subject bias scores, that is, the difference in mean RT between congruent and incongruent trials (often used as attention bias index in the dot-probe task), are totally due to unique environment (including measurement error). The MZ twin correlations (a proxy for test-retest reliability) of around zero confirm that these attention bias indices might not be reliable measures (Schmukle, 2005). Although difference scores are not necessarily unreliable measures (Rogosa & Willett, 1983), in this particular task it might be better to use the raw RTs as bias indices (at least in non-clinical samples).

### Limitations

The results of these analyses should be interpreted in the context of several potential limitations. First, there are limitations inherent in the twin design and the genetic models. These include chorionicity, atypical gestation of monozygotic twins, and increased similarity of environment for MZ twins as compared with DZ twins (Martin *et al.* 1997), as well as the inclusion of gene-environment correlations and interactions in the genetic or environmental parameters. Effects of these limitations are likely to be small and variable in their direction, some resulting in conservative, others in inflated heritability estimates (Rijsdijk & Sham, 2002). Second, the sample size was too small to detect genetic, shared and non-shared environmental interaction effects on the correlation between *Ncomp* and proportion of recalled unpleasant words. Bigger samples are needed to replicate these findings. As the sample comprised female twins only, results are not generalizable to the whole population.

Third, we were only able to model linear interaction effects. Although raw-data plots of the correlation between neuroticism and the proportion of recalled unpleasant words showed nonlinear trends at the lower levels of neuroticism, at the higher levels, the effects were mainly linear. Finally, another limitation that might account for the negative findings could be that the neuroticism construct is too broad and heterogeneous. We cannot exclude that relationships exist at more specific lower-order narrow facets (e.g. anxiety). It is possible that lower-order facets of neuroticism have counteracting effects with RTs in the threat and neutral condition of the dot-probe task and that combining such facets into a higher-order neuroticism construct obscures such relationships.



## Conclusions

Neuroticism correlates with a higher proportion of recalled unpleasant words but not between neuroticism and RTs in the threat and neutral condition of the dot-probe task. Neither of these relationships is genetic in nature, as hypothesized. The results, therefore, do not suggest that a possible underlying genetic mechanism of neuroticism is the predisposition of individuals to focus on negative (emotional) stimuli. As such, these measures would not make good candidates as endophenotypes for molecular genetic studies of neuroticism.

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## Declaration of Interest

None.

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