

Research Article

Cite this article: Figueiró MR *et al.* (2020) Is it possible to alter the embryo lipid accumulation with reduction of fetal bovine serum and use of L-carnitine for *in vitro* maturation of bubaline oocytes? *Zygote* **28**: 109–115. doi: [10.1017/S096719941900073X](https://doi.org/10.1017/S096719941900073X)

Received: 18 January 2019

Revised: 18 October 2019

Accepted: 1 November 2019

First published online: 10 January 2020


Keywords:

Buffaloes; Embryo development; Fetal bovine serum; Lipid metabolism modulator; Neutral lipids

Author for correspondence:

Marivaldo Rodrigues Figueiró. Embrapa Amazônia Oriental, Trav. Dr. Enéas Pinheiro, s/no, Caixa Postal 48, CEP 66095-903, Belém, PA, Brazil. Tel: +55 9132041236.
E-mail: marivaldo.figueiro@embrapa.br

Is it possible to alter the embryo lipid accumulation with reduction of fetal bovine serum and use of L-carnitine for *in vitro* maturation of bubaline oocytes?

Marivaldo Rodrigues Figueiró^{1,2} , Joaquim Mansano Garcia², Marina Ragagnin de Lima², Maite del Collado³ and Naiara Zoccal Saraiva⁴

¹Embrapa Eastern Amazon, Belém, Pará, Brazil; ²São Paulo State University, School of Agrarian and Veterinary Sciences, Department of Preventive Veterinary Medicine and Animal Reproduction, Jaboticabal, São Paulo, Brazil; ³Veterinary Medicine Department, Faculty of Animal Sciences and Food Engineering, University of São Paulo, Pirassununga, São Paulo, Brazil and ⁴Embrapa Dairy Cattle, Juiz de Fora, Minas Gerais, Brazil

Summary

In vitro embryo production (IVEP) is a procedure that can promote genetic improvement in a short time frame. However, the success rates obtained with this biotechnology in water buffaloes are still inconsistent, and can be associated with the high concentration of lipids in the cytoplasm of oocytes and embryos. The objective of this study was to evaluate the effects of reduced concentration of fetal bovine serum (FBS) and/or use of L-carnitine during *in vitro* maturation (IVM) on the preimplantation development and lipid accumulation in bubaline embryos. In a first experiment, the lowest concentration of FBS in the IVM medium (0%, 2.5%, 5% or 10%) was determined, and the lowest concentration that maintained good embryo development rates was 5%. In a second experiment, the addition of 5 mM of L-carnitine into the maturation medium was evaluated. The blastocysts produced were submitted to lipid evaluation involving staining followed by observation using optical (Oil Red O) and confocal (BODIPY 493/503) microscopy. No difference was observed between the 5% and 10% FBS groups, which were superior to the 0% and 2.5% groups. Furthermore, the performance of the groups treated with 5% and 10% FBS was better than the groups supplemented with L-carnitine. There was no difference regarding embryo lipid accumulation. The results indicated that it is possible to reduce the FBS concentration to 5% in *in vitro* maturation medium for production of bubaline embryos, and supplementation with 5 mM L-carnitine does not increase embryo production.

Introduction

In vitro embryo production (IVEP) in water buffaloes has some limitations, such as blastocyst rates between 9.5 and 30%, worse than the average normally observed for cattle, which ranges from 30 to 45% (Gasparrini, 2002; Ferraz *et al.*, 2005; Sá Filho *et al.*, 2009). Even though the efficiency of IVEP has improved in recent years in buffaloes, the cleavage rate is still low compared with other domestic species (Gasparrini *et al.*, 2008). This result can be associated with the high concentration of lipids present in the cytoplasm of the oocytes and embryos of this species (Gasparrini, 2002).

Fetal bovine serum (FBS), a protein supplement normally used in IVEP, is a compound containing a variety of substances, the majority undefined, including fatty acids, growth factors, energy substrates, amino acids and vitamins. It is widely used in culture medium to promote higher *in vitro* production rates of bovine embryos (Ali and Sirard, 2002). However, this compound can also cause alterations in the ultrastructure, along with compaction and blastulation of embryos and changes in the expression of mRNA, increasing the incidence of stillbirths and calf mortality rates (Abe and Hoshi, 2003). Other negative aspects related to FBS are lipid accumulation, which increases the concentration of fatty acids and cytoplasmic lipid droplets in the blastocysts and decreases embryo cryotolerance (Rizos *et al.*, 2003; Leivas *et al.*, 2011).

Therefore, in recent years several substances have been tested to replace FBS, such as polyvinylpyrrolidone (PVP), polyvinyl alcohol (PVA) and synthetic serum substitutes, both for *in vitro* maturation (IVM) of oocytes and *in vitro* culture (IVC) of bovine embryos (Ali and Sirard, 2002; Lim *et al.*, 2008; Sayirkava *et al.*, 2007). However, in buffaloes, the effects of reducing the FBS used in IVEP are still unknown.

In furtherance of the effort to reduce lipid accumulation, recent studies with bovine embryos have assessed the use of lipid metabolism regulators during IVEP. The results have shown that addition of these substances to culture medium can influence the expression of genes that

regulate lipid metabolism and improve the development and quality of embryos (Ghanem *et al.*, 2014; Spricigo *et al.*, 2017).

In this context, L-carnitine (3-hydroxy-4-N-trimethyl amino butyrate), a quaternary amine with a fundamental role in cell energy generation, has been extensively studied for its activity in the reactions that transfer long-chain free fatty acids from the cytosol to mitochondria, facilitating their oxidation and generation of adenosine triphosphate (ATP) (Dunning and Robker, 2012; Spricigo *et al.*, 2017). Although the positive effects of L-carnitine on oocytes and embryos have been described in cattle (Yamada *et al.*, 2006; Chankitisakul *et al.*, 2013; Phongnimitr *et al.*, 2013a; Held-Hoelker *et al.*, 2017; Knitlova *et al.*, 2017; Spricigo *et al.*, 2017), sheep (Reader, *et al.*, 2015; Mishra *et al.*, 2016), swine (Somfai *et al.*, 2011), mice (Moawad *et al.*, 2014; Zare *et al.*, 2015; Khanmohammadi *et al.*, 2016), camels (Fathi and El-Shahat, 2017), and buffaloes (Phongnimitr *et al.*, 2013b), to the best of our knowledge no studies are available describing the action of this lipid metabolism regulator associated with reduced use of FBS for *in vitro* maturation (IVM) on the IVP of buffalo embryos.

Considering the potentially positive impacts of strategies to substitute/reduce the employment of FBS during IVEP, associated with the use of metabolic regulators that increase the lipid metabolism of oocytes and embryos, and that the IVM step is critical in this process, we evaluated the effects of reducing the FBS concentration together with the use of L-carnitine in IVM on the development and lipid accumulation of bubaline embryos.

Materials and methods

Experiments and reagents

The experiments described were performed in the Laboratory for Analysis of Sustainable Systems (LASS) of Embrapa Eastern Amazon, located in Belém, Pará, Brazil.

Reagents and culture medium were purchased from Sigma Chemical Co. (St. Louis, MO, USA), unless indicated otherwise.

Experimental design

Experiment I. Effects of reducing FBS during IVM on the embryos rates

In the first experiment, we aimed to determine the lowest concentration of FBS (Cripion; Andradina, Brazil; cat. no. FB 0010S) in the IVM medium able to maintain the embryo development rate obtained by the control group (10% FBS). Bubaline oocytes were submitted to IVM medium supplemented with 0%, 2.5%, 5% or 10% FBS. We evaluated the cleavage rates and blastocyst production levels in five replicates.

Experiment II. Effects of adding L-carnitine during IVM on the embryo development and lipid accumulation

After defining the lowest effective concentration, we performed a second experiment in which the 0%, 5% and 10% FBS groups were also evaluated regarding the addition of 5 mM of L-carnitine (Sigma, Cat no: C0158) in the IVM medium. The blastocysts produced were submitted to lipid quantification tests, involving staining followed by observation by optical microscopy (OilRed O staining) and confocal microscopy (BODIPY 493/503 staining). In each lipid analysis, embryos produced from three replicates were evaluated.

Obtaining oocytes and embryos produced in vitro

Selection and *in vitro* maturation of oocytes

Bubaline oocytes from the ovaries of slaughtered animals were used in the experiments. The ovaries were collected and taken to the laboratory in under 3 h in an isothermal receptacle containing sterile saline solution, and kept at a temperature of 30–35°C. Ovarian follicles measuring between 3 and 8 mm in diameter were aspirated using an 18-G needle attached to a 20 ml disposable syringe, and the aspirated fluid was transferred to a 50 ml polypropylene tube. After decanting for 15 min, the sediment was transferred to a polystyrene dish and visualized using a stereoscopic microscope to find and select the oocytes. Cumulus–oocyte complexes (COCs) presenting at least three layers of cumulus cells and homogenous cytoplasm were selected under a stereomicroscope. The oocytes were washed in TCM-199 medium buffered with 5 mM of sodium bicarbonate and 20 mM HEPES, supplemented with 5 mg/ml bovine serum albumin (BSA), 0.20 mM sodium pyruvate and 83.4 µg/ml amikacin (washing solution).

The base medium utilized for *in vitro* maturation (IVM medium) was composed of TCM-199 buffered with 25 mM sodium bicarbonate and supplemented with 1.0 µg/ml FSH, 50 µg/ml hCG, 1.0 µg/ml estradiol, 0.20 mM sodium pyruvate, 83.4 µg/ml amikacin and antioxidants (Sigma cat. no. A1345). The groups were supplemented with 0%, 2.5%, 5.0% or 10% FBS in experiment I and 0%, 5.0% or 10% FBS in experiment II. Oocytes were cultured in 100 µl droplets, in groups of 15–20, covered in mineral oil and kept in an incubator at 38.5°C and in an air atmosphere with 5% CO₂ for 22 h. In the second experiment, the same conditions were employed, with the addition of 5 mM of L-carnitine to the IVM medium, based on reports in the published literature.

In vitro production of embryos

After IVM for 22 h, the oocytes were fertilized *in vitro* with semen from a single bull (previously tested) in IVF-TALP (Tyrode's albumin lactate pyruvate) medium supplemented with 0.6% BSA, 10 µg/ml heparin, 18 µM penicillamine, 10 µM hipotaurine and 1.8 µM epinephrine for up to 24 h. Then, the probable zygotes were washed and *in vitro* cultured in modified synthetic oviductal fluid (Del Collado *et al.*, 2016) supplemented with 1.5% FBS and 6 mg/ml of BSA fatty acid free. All structures were maintained in an incubator in an air atmosphere with 5% CO₂ for 7 days, until cells reached the blastocyst stage (day 0 = day of fertilization).

Between 10 and 20 zygotes were cultured per microdroplet (100 µl), in 35 mm polystyrene dishes covered with mineral oil. Cleavage and blastocyst rates were evaluated on the day 2 and day 7 of *in vitro* culture (IVC), respectively. Both the cleavage rate and blastocyst rates were calculated from the total number of viable oocytes (utilized in the IVM). The development medium was replaced by half on the fourth day of embryo development.

Evaluation of the lipid accumulation in the embryos produced in vitro

Lipid accumulation test with optical microscopy

Blastocysts evaluated on day 7 of *in vitro* culture (18 embryos from five groups: 0% FBS = 3, 5% FBS = 6, 10% FBS = 3, 5% FBS–L-carnitine (FBS–LC) = 3, 10% FBS–LC = 3) were fixed in 4% paraformaldehyde and stained with Oil Red O (Sigma cat. no. O0625), a liposoluble dye that reveals neutral lipids, enabling visualization of the cytoplasmic lipid droplets under an optical microscope. The structures were fixed in 4% paraformaldehyde

for 20 min and then stored in PBS at 4°C until staining. To analyze the lipid droplets, the fixed embryos were washed in 60% isopropanol and then incubated in a working solution containing Oil Red O, according to the manufacturer's instructions. After staining, the embryos were washed four times with distilled water and mounted on slides.

Slides were observed using an inverted optical microscope (Leica DMLS) and the images (Figure 1) were captured with a Moticam 5.0 MP camera and stored using the Motic Image Plus 2.0 program. The images were then analyzed with ImageJ software, to estimate the lipid droplets in buffalo embryos.

Lipid accumulation evaluation with confocal microscopy

Eighty-seven D7 blastocysts from the five groups evaluated (0% FBS = 18; 5% FBS = 14; 10% FBS = 20; 5% FBS-LC = 22; 10% FBS-LC = 13) were fixed in 4% paraformaldehyde for 30 min, permeabilized with 0.1% saponin in PBS for 1 h and stained with 20 µg/ml of BODIPY 493/503 (Molecular Probes, Eugene, OR, USA), a specific probe for neutral lipids, for 30 min to analyse the lipid quantification by confocal microscopy. To visualize the structures, excitation of 330–385 nm and emission of 420–490 nm were used. To count the number of cells, the embryos were stained with 10 µg/ml of Hoechst 33342 for 20 min and then mounted on slides using Fluoromount (Sigma cat. no. F4680).

The embryos were analyzed using an LSM 710 confocal microscope (Carl Zeiss, Oberkochen, Germany) with argon laser for visualization of the lipid droplets, at a resolution of 1024 × 1024 pixels with 12 bits, at magnification of ×63 in oil, with excitation and emission of 488 and 516 nm, respectively (Figure 2). An image was captured of each embryo using the section with the greatest diameter, and the images were subsequently analyzed with the ImageJ program. The ratio between the area of the lipid droplets and total area of the embryo was calculated as described previously (Del Collado *et al.*, 2016). To obtain the area of the lipid droplets, the nucleus counter tool was used, which allows the total area occupied by the droplets to be calculated. Then the area of the embryo was measured to compute the ratio between the areas of the lipid droplets and embryo, and the number of blastomeres was counted.

Statistical analysis

Embryo production data were submitted to analysis of variance (ANOVA) together with the post-hoc Tukey test. Lipid quantification data, as they were not normally distributed, were evaluated using the non-parametric Kruskal–Wallis test. All statistical analyses were performed at a 5% level of significance, using the SPSS version 22.0.0.0 software, except for the lipid data, which were evaluated using GraphPad Prism 7 software version 7.03.

Results

In total, 1394 oocytes were used to evaluate the effect of different FBS concentrations and the use of LC during IVM on the initial development of bubaline embryos.

Experiment I. Effects of reducing FBS during IVM on the embryo production rates

Table 1 shows the effects of reducing the FBS concentration during IVM on embryo development until blastocyst stage, comparing the FBS variable in four groups simultaneously. Cleavage rates were higher in all groups supplemented with FBS than in the serum-free group ($P < 0.05$; Table 1). In relation to blastocyst rates, the 10%

Table 1. Cleaved embryos and blastocysts rates after IVM of bubaline oocytes in medium containing different concentrations of FBS

Groups	Cleaved embryos (% ± SD)	Blastocysts/oocytes (% ± SD)
FBS 0%	41/96 (42.71 ± 10.74) ^a	11/104 (10.58 ± 7.69) ^b
FBS 2.5%	32/42 (76.19 ± 0.33) ^b	16/83 (19.28 ± 5.41) ^b
FBS 5%	63/81 (77.78 ± 6.08) ^b	27/79 (34.18 ± 7.84) ^a
FBS 10%	79/109 (72.48 ± 9.36) ^b	52/150 (34.67 ± 8.64) ^a

^{a,b}Means followed by different letters in the column indicate significant difference ($P < 0.05$) by analysis of variance (ANOVA) and Tukey test. Cleaved embryos and blastocysts at day 7 were evaluated in five replicates. FBS, fetal bovine serum; IVM, *in vitro* maturation; SD, standard deviation.

Table 2. Embryo development (cleavage and blastocysts rates) under different concentrations of FBS, with or without L-carnitine (LC) during IVM of bubaline oocytes

Groups	Cleaved embryos (%)	Blastocysts/oocytes (% ± SD)
0% FBS	99/169 (58.58 ± 10.74) ^a	34/270 (12.59 ± 8.33) ^c
5% FBS	86/112 (76.79 ± 5.27) ^b	60/184 (32.61 ± 12.13) ^a
10% FBS	103/144 (71.53 ± 8.49) ^b	82/227 (36.12 ± 7.75) ^a
5% FBS-LC	91/120 (75.83 ± 13.86) ^b	32/144 (22.22 ± 6.63) ^b
10% FBS-LC	100/132 (75.76 ± 13.52) ^b	38/153 (24.84 ± 6.88) ^b

^{a,b,c}Means followed by different letters in the column indicate significant difference ($P < 0.05$) by analysis of variance (ANOVA) and Tukey test. Cleaved embryos and blastocysts in day 7 were evaluated in five replicates. FBS, fetal bovine serum; IVM, *in vitro* maturation; LC, L-carnitine; SD, standard deviation.

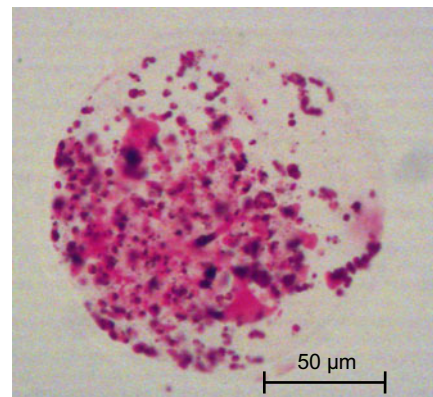


Figure 1. Image of the embryonic lipid droplets (neutral lipids) after staining with Oil Red O and visualization by optical microscopy.

FBS group did not present any difference in comparison with the 5% FBS group. However, both were superior ($P < 0.05$) to the 0% FBS and 2.5% FBS groups, which were similar to each other.

Experiment II. Effects of LC supplemented in IVM on the embryo development and lipid accumulation

There was a decline in the cleavage rate only in the 0% FBS group, which differed significantly from the others (Table 2).

Blastocysts development rates decreased in the 0% FBS group. The effects of treatments with 5% FBS and 10% FBS were similar to each other and superior to the groups supplemented with LC (Table 2).

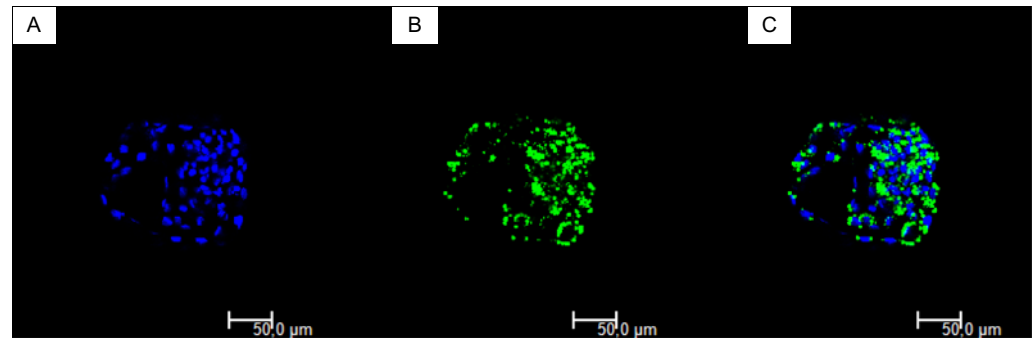


Figure 2. Processing of the original image. (A) Nucleus stained with Hoechst 33342. (B) Staining of the lipids with BODIPY 493/503. (C) Superimposed images for lipid quantification by confocal microscopy.

The results obtained by optical microscopy allowed the quantity of lipids present in the structures to be calculated, expressed by averages of the total area (inch^2). The result of the lipid quantification by confocal microscopy analysis was expressed as the ratio between the area occupied by the lipid droplets and the area of the embryo and by the number of blastomeres. There was no difference between groups in both techniques (Figs. 3 and 4).

Discussion

To date, this study is the first to evaluate the effects of reducing the concentration of FBS in association with the use of LC during IVM on the development as strategies to reduce the lipid accumulation in buffalo embryos.

Regarding the effect of the presence of FBS on the embryo development rate, several researchers have demonstrated its role in different phases of IVEP (Rizos *et al.*, 2003; Leivas *et al.*; 2011; Del Collado *et al.*, 2016). Our results show that the FBS concentration in the IVM medium could be reduced by half (from 10% to 5%) without affecting the rates of embryo development into blastocysts. Although the 2.5% FBS concentration provided almost double the blastocyst rate compared with the serum-free group, there was no significant difference between the lowest two concentrations (0% and 2.5% FBS) and both reduced the embryo development rates compared with the other groups. There was a dose–response effect on SFB concentration in the IVM medium up to 5%.

Various studies have been performed to investigate the effects of removing FBS in culture systems by replacing it, or lowering its concentration (Feugang *et al.*, 2009), with the use of various supplements (Lim *et al.*, 2007; Mingoti *et al.*, 2011). Del Collado *et al.* (2014) used bovine serum albumin free of fatty acids (BSA–FAF), and a commercial product called embryonic fluid, alone or in different combinations and concentrations, and concluded that it is possible to diminish the concentration of FBS in the IVM medium for cattle to 3.5% without significantly impairing the nuclear and cytoplasmic maturation rates.

One of the mechanisms explaining the importance of lipids in events during nuclear maturation is the relationship between β -oxidation and meiotic resumption (Downs *et al.*, 2009; Dunning *et al.*, 2010). The mechanism occurs by activation of mitogen-activated protein kinases (MAPKs) and promotes the breakdown of the germinal vesicle and resumption of meiosis (Chen *et al.*, 2006). In this event, acetyl-CoA carboxylase (ACC) is mainly responsible for MAPK activation (Downs *et al.*, 2009). Even though fatty acid oxidation is one of the main consequences of MAPK activation, by reducing the levels of malonyl-CoA, studies have demonstrated that inhibiting lipid oxidation impedes reactivation of meiosis (Downs *et al.*, 2009; Dunning *et al.*, 2010).

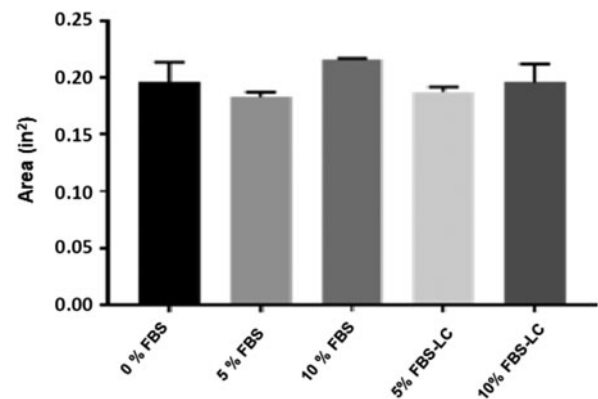


Figure 3. Total area of neutral lipids accumulated in bubaline day 7 blastocysts from different treatments during IVM, after staining with Oil Red O. There was no difference between groups (Kruskal–Wallis test, $P > 0.05$). LC, L-carnitine. Evaluated embryos were from three replicates.

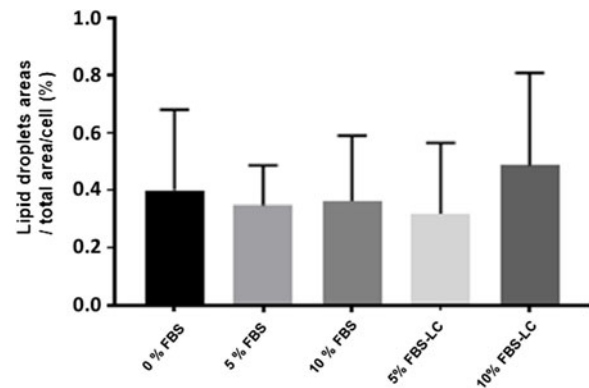


Figure 4. Effects of neutral lipids accumulation in bubaline day 7 blastocysts from different treatments during IVM. There was no difference between groups (Kruskal–Wallis test, $P > 0.05$). Evaluated embryos were from three replicates.

Del Collado *et al.* (2016) reported that culture medium used for IVM and containing a high concentration of FBS (10%) increased the total lipids content 18-fold, resulting in higher accumulation of lipids in bovine oocytes compared with medium containing only BSA. As FBS contains components that lead to lipid accumulation, the use of medium supplemented with this compound can result in embryos that are sensitive to cryopreservation. Furthermore, FBS can cause damage to the mitochondrial membrane and alter the expression of genes that are important for embryo development (Rizos *et al.*, 2003; Wrenzycki *et al.*, 2007).

We did not observe reduction in lipid accumulation in bubaline embryos produced *in vitro* irrespective of FBS concentration in the IVM medium. The behaviour of lipids during IVM in different species is controversial. For example, a reduced accumulation of c. 21% was observed during *in vivo* maturation of porcine oocytes (Romek *et al.*, 2010), while an increase of nearly 25% was verified in mouse mature oocytes (Yang *et al.*, 2010). Recently, Del Collado *et al.* (2016) found that supplementation of *in vitro* maturation medium with FBS caused an increase in oocyte lipids compared with medium supplemented with BSA alone. However, protein supplementation during IVM had an effect only on oocyte lipid accumulation and not on embryos produced from these treatments, indicating that IVC conditions are also crucial in the lipid accumulation process normally observed in *in vitro* produced embryos.

The harmful action of high FBS concentrations observed in some studies might be because serum is a compound rich in fatty acids that are easily transported to the oocyte cytoplasm, resulting in an increase in lipids in the oocytes (Del Collado *et al.*, 2014). That situation can be harmful to bubaline embryos, as the presence of abundant cytoplasmic granules, characterized as having a high lipid content, in oocytes of this species has been demonstrated in ultrastructural studies (Boni *et al.*, 1992; Gasparrini, 2002). It is likely that buffalo oocytes and embryos are more sensitive to oxidative stress due to their high lipid content (Gasparrini *et al.*, 2006), so decreasing the concentration of FBS during IVM can help to reduce this oxidative process in IVEP of the species.

Although some researchers have investigated the replacement of fetal serum in the medium used in IVEP, with the aim of reducing the lipid accumulation, it is important to maintain a proper balance between lipid quantity in oocytes and embryos, as their excess can impair the cryopreservation process and embryo quality, but their shortage can lead to a lower input of energy to the cells. In this respect, strategies have been proposed recently involving optimization of the β -oxidation process, such as the use of LC, for example, in the IVM and IVC steps. Therefore, we assessed in a second experiment the use of LC in association with reduction of FBS in the IVM medium, with the goal of improving the development and quality of bubaline embryos.

In our studies, we did not find a beneficial effect of LC during IVM of bubaline oocytes on embryonic development and quantity of lipids in embryos produced. In contrast, we observed decreased production of blastocysts that may be due to the dose used. Phongnimitr *et al.* (2013b) reported an increase in the maturation rate (metaphase II) of bubaline oocytes given LC during IVM at 0.3 mg/ml but not at 0.6 mg/ml and 1.2 mg/ml. In sheep, Mishra *et al.* (2016) tested concentrations of 0, 2.5, 5, 7.5 and 10 mM LC and observed improved rates of cleavage and production of morulae and blastocysts only in the group treated with 10 mM LC. Chankitisakul *et al.* (2013), found that the use of 0.6 mg/ml (3.03 mM) LC for 21 h did not influence maturation rate (metaphase II) in bovine. More recently, Longobardi *et al.* (2017) demonstrated that supplementation of freezing extender with carnitine significantly improved post thawing sperm motility and decreased capacitation-like damage in buffalo sperm. However, the study also showed a dose-dependent effect of carnitine on sperm capacitation status, in which the effect was greater at the highest concentration (7.5 mM LC). Therefore, it is clear that responses may vary depending on the concentration of LC used.

In our experimental conditions, the concentration of 5 mM LC in the IVM medium did not improve embryo production. This concentration was established based on other studies with cattle, as the number of dose-response studies with buffaloes is very

limited. Therefore, we believe that more research is necessary to clarify the real molecular mechanisms of LC that affect the development of bubaline embryos, in addition to investigate other concentrations of this agent during different steps of IVEP. It is possible that the effects of LC would be better evidenced during embryo culture. In cattle, the addition of 2.5 mM LC starting on the fourth day of development resulted in greater embryo survival to vitrification (Lima, 2015), and also better blastocyst development rates in the culture of 2-cell mouse embryos (Khanmohammadi *et al.*, 2016). It is believed that the positive effect observed in the culture phase probably is due to the improved metabolism of mitochondrial lipids, mainly by the action of LC as an antioxidant, reducing oxidative stress (Abdelrazik *et al.*, 2009; Dunning *et al.*, 2011).

In addition, more recent studies have pointed to the more intense effects of acetyl-L-carnitine (ALC), an ester of LC that transports long-chain fatty acids into mitochondria for use in energy metabolism (Ferreira and McKenna, 2017). ALC has been used more often than LC in clinical studies of metabolic effects on the brain, liver and other organs (Liu *et al.*, 2004; Zhang *et al.*, 2012; Malaguarnera, 2013), and studies have also shown that ALC may have greater bioactivity than LC (Liu *et al.*, 2004; Zhang *et al.*, 2012). Recently, Xu *et al.* (2018, 2019), showed that the treatment ALC during *in vitro* maturation of buffalo oocytes improves oocyte quality and subsequent embryonic development and cryotolerance.

Our standard protocol was very satisfactory, as the control group (10% FBS) presented a high blastocyst production rate (36.12%) in comparison with previous reports in the literature such as 18.5% (Manjunatha *et al.*, 2009), 30.1% (Gasparrini *et al.*, 2003) and 26.9% (Gasparrini *et al.*, 2006), in addition to observation of good results with half the FBS concentration for IVM than normally used. As we maintained FBS during IVC (at 1.5%), the possibility also exists that the effects during IVM were in some way annulled during development, as the two lipid testing techniques (staining with Oil Red O and analysis by confocal microscopy) did not show differences regarding lipid composition of structures obtained after different treatments, even between 0% FBS and 10% FBS.

We concluded that the FBS concentration could be reduced to 5% in IVM medium to produce bubaline embryos, and supplementation of the maturation medium with 5 mM LC did not cause an increase in embryo production of this species. Furthermore, greater alterations in lipid accumulation during IVEP were not found, with or without FBS and with addition of LC during the IVM, indicating the need for further research, mainly involving the *in vitro* culture step of bubaline embryos and the use of other esters of LC, such as ALC.

Financial support. This study was financed by the Empresa Brasileira de Pesquisa Agropecuária – Embrapa (SEG: 02.13.06.020.00.02.001), an agency connected to the Brazilian Ministry of Agriculture, Animal Husbandry and Supply.

Conflict of interest. None.

Ethical standards. Not applicable, as ovaries were obtained from slaughterhouses.

References

- Abdelrazik H, Sharma R, Mahfouz R and Agarwal A (2009) L-Carnitine decreases DNA damage and improves the *in vitro* blastocyst development rate in mouse embryos. *Fertil Steril* **91**, 589–96.
- Abe H and Hoshi H (2003) Evaluation of bovine embryos produced in high performance serum-free media. *J Reprod Dev* **49**, 193–202.

- Ali A and Sirard MA (2002) Effect of the absence or presence of various protein supplements on further development of bovine oocyte during *in vitro* maturation. *Biol Reprod* **66**, 901–5.
- Boni R, Sangella L, Dale B, Rovello S, Di Palo R and Barbieri V (1992) Maturazione *in vitro* di oociti bufalini: indagine ultrastrutturale. *Acta Med Vet* **38**, 153–61.
- Chankitisakul V, Somfai T, Inaba Y, Techakumphu M and Nagai T (2013) Supplementation of maturation medium with L-carnitine improves cryotolerance of bovine *in vitro* matured oocytes. *Theriogenology* **79**, 590–8.
- Chen J, Hudson E, Chi MM, Chang AS, Moley KH, Hardie DG, Downs SM (2006) AMPK regulation of mouse oocyte meiotic resumption *in vitro*. *Dev Biol* **291**, 227–38.
- Del Collado M, Saraiva NZ, Lopes FL, Cruz MH, Gaspar RC, Oliveira CS, Perecin F and Garcia JM (2014) Efeitos da redução ou substituição do soro fetal bovino por outros compostos na maturação *in vitro* de oócitos bovinos. *Pesq Vet Bras* **34**, 689–94.
- Del Collado M, Saraiva NZ, Lopes FL, Gaspar RC, Padilha LC Costa RR, Rossi GF, Vantini R and Garcia JM (2016) Influence of bovine serum albumin and fetal bovine serum supplementation during *in vitro* maturation on lipid and mitochondrial behaviour in oocytes and lipid accumulation in bovine embryos. *Reprod Fertil Dev* **28**, 1721–32.
- Downs SM, Mosey JL and Klinger J (2009) Fatty acid oxidation and meiotic resumption in mouse oocytes. *Mol Reprod Dev* **76**, 844–53.
- Dunning KR and Robker LR (2012) Promoting lipid utilization with L-carnitine to improve oocyte quality. *Anim Reprod Sci* **134**, 69–75.
- Dunning KR, Cashman K, Russell DL, Thompson JG, Norman RJ and Robker RL (2010) Beta-oxidation is essential for mouse oocyte developmental competence and early embryo development. *Biol Reprod* **83**, 909–18.
- Dunning KR, Akison LK, Russell DL, Norman RJ and Robker RL (2011) Increased beta-oxidation and improved oocyte developmental competence in response to L-carnitine during ovarian *in vitro* follicle development in mice. *Biol Reprod* **85**, 548–55.
- Fathi M and El-Shahat KH (2017) L-carnitine enhances oocyte maturation and improves *in vitro* development of embryos in dromedary camels (*Camelus dromedaries*). *Theriogenology* **104**, 18–22.
- Ferraz ML, Watanabe YF, Joaquim DC, Watanabe MR, Accorsi MF, Meirelles FV, Sá Filho MF and Baruselli PS (2005) Produção *in vitro* de embriões bubalinos – resultados preliminares. *Acta Sci Vet* **33**, 397.
- Ferreira GC and McKenna MC (2017) L-Carnitine and acetyl-L-carnitine roles and neuroprotection in developing brain. *Neurochem Res* **42**, 1661–75.
- Feugang J M, Camargo-Rodríguez O and Memili E (2009) Culture systems for bovine embryos. *Livest Sci* **121**, 141–9.
- Gasparrini B (2002) *In vitro* embryo production in buffalo species: state of the art 2002. *Theriogenology* **57**, 237–56.
- Gasparrini B, Sayoud H, Neglia G, Matos DG, Donnay I and Zicarelli L (2003) Glutathione synthesis during *in vitro* maturation of buffalo (*Bubalus bubalis*) oocytes: effects of cysteamine on embryo development. *Theriogenology* **60**, 943–52.
- Gasparrini B, Boccia L, Marchandise J, Di Palo R, George F, Donnay I and Zicarelli L (2006) Enrichment of *in vitro* maturation medium for buffalo (*Bubalus bubalis*) oocytes with thiol compounds: effects of cystine on glutathione synthesis and embryo development. *Theriogenology* **65**, 275–87.
- Gasparrini B, De Rosa A, Attanasio L, Boccia L, Di Palo R, Campanile G and Zicarelli L (2008) Influence of the duration of *in vitro* maturation and gamete co-incubation on the efficiency of *in vitro* embryo development in Italian Mediterranean buffalo (*Bubalus bubalis*). *Anim Reprod Sci* **105**, 354–64.
- Ghanem N, Ha AN, Fakruzzaman M, Bang JI, Lee SC and Kong IK (2014) Differential expression of selected candidate genes in bovine embryos produced *in vitro* and cultured with chemicals modulating lipid metabolism. *Theriogenology* **82**, 238–50.
- Held-Hoelker E, Klein SL, Rings F, Salilew-Wondim D, Saeed-Zidane M, Neuhoef C, Tesfaye D, Schellander K and Hoelker M (2017) Cryosurvival of *in vitro* produced bovine embryos supplemented with L-carnitine and concurrent reduction of fatty acids. *Theriogenology* **96**, 145–52.
- Khanmohammadi N, Movahedin M, Safari M, Sameni HM Behpour Yousefi B, Jafari B, Zarbakhsh S and Zarbakhsh S (2016) Effect of L-carnitine on *in vitro* developmental rate, the zona pellucida and hatching of blastocysts and their cell numbers in mouse embryos. *Int J Reprod BioMed* **14**, 649–56.
- Knitlova D, Hulinska P, Jeseta M, Hanzalova K, Kempisty B and Machatkova M (2017) Supplementation of L-carnitine during *in vitro* maturation improves embryo development from less competent bovine oocytes. *Theriogenology* **102**, 16–22.
- Leivas FG, Brum DS, Fialho SS, Saliba WP, Alvim MTT, Bernardic M L, Rubin MIB and Silva CAM (2011) Fetal calf serum enhances *in vitro* production of *Bos taurus indicus* embryos. *Theriogenology* **75**, 429–33.
- Lim KT, Jang G, Ko KH, Lee WW, Park HJ, Kim JJ, Lee SH, Hwang WS, Lee BC and Kang SK (2007) Improved *in vitro* bovine embryo development and increased efficiency in producing viable calves using defined media. *Theriogenology* **67**, 293–302.
- Lim KT, Jang G, Ko KH, Lee WW, Park HJ, Kim JJ, Kang SK and Lee BC (2008) Improved cryopreservation of bovine preimplantation embryos cultured in chemically defined medium. *Anim Reprod Sci* **103**, 239–48.
- Lima, MR (2015) Efeitos de reguladores do metabolismo lipídico no desenvolvimento *in vitro* de embriões bovinos e na sobrevivência à vitrificação Tese (Doutorado em Medicina Veterinária – Reprodução Animal) – Faculdade de Ciências Agrárias e Veterinárias Universidade Estadual Paulista “Júlio de Mesquita Filho” Jaboticabal.
- Liu J, Head E, Kuratsune H, Cotman C W and Ames BN (2004) Comparison of the effects of L-carnitine and acetyl-L-carnitine on carnitine levels ambulatory activity and oxidative stress biomarkers in the brain of old rats. *Ann NY Acad Sci* **1033**, 117–31.
- Longobardi V, Salzano A, Campanile G, Marrone R, Palumbo F, Vitiello M, Zullo G, Gasparrini B (2017) Carnitine supplementation decreases capacitation-like changes of frozen-thawed buffalo spermatozoa. *Theriogenology* **88**, 236–43.
- Malaguarnera M (2013) Acetyl-L-carnitine in hepatic encephalopathy. *Metab Brain Dis* **28**, 193–9.
- Manjunatha BM, Ravindra JP, Gupta PS, Devaraj M AND Nandi S (2009) Effect of breeding season on *in vivo* oocyte recovery and embryo production in non-descriptive Indian river buffaloes (*Bubalus bubalis*). *Anim Reprod Sci* **111**, 376–83.
- Mingoti GZ, Castro VSDC, Méo S C, Barreto LSS and Garcia JM (2011) The effects of macromolecular and serum supplements and oxygen tension during bovine *in vitro* procedures on kinetics of oocyte maturation and embryo development. *In Vitro Cell Dev Biol* **47**, 361–7.
- Mishra A, Reddy IJ, Gupta PSP and Mondal S (2016) L-carnitine mediated reduction in oxidative stress and alteration in transcript level of antioxidant enzymes in sheep embryos produced *in vitro*. *Reprod Dom Anim* **51**, 311–21.
- Moawad AR, Xu B, Tan SL and Taketo T (2014) L-carnitine supplementation during vitrification of mouse germinal vesicle stage-oocytes and their subsequent *in vitro* maturation improves meiotic spindle configuration and mitochondrial distribution in metaphase II oocytes. *Hum Reprod* **29**, 2256–68.
- Phongnimitr T, Liang Y, Srirattana K, Panyawai K, Sripunya N, Treetampinich C and Parnpai R (2013a) Effect of L-carnitine on maturation, cryo-tolerance and embryo developmental competence of bovine oocytes. *Anim Sci J* **84**, 719–25.
- Phongnimitr T, Liang Y, Srirattana K, Panyawai K, Sripunya N, Treetampinich C and Parnpai R (2013b) Effects of L-carnitine supplemented in maturation medium on the maturation rate of swamp buffalo oocytes. *Buf Bull* **32**, 613–6.
- Reader KL, Cox NR, Stanton JAL and Juengel JL (2015) Effects of acetyl-L-carnitine on lamb oocyte blastocyst rate, ultrastructure, and mitochondrial DNA copy number. *Theriogenology* **83**, 1484–92.
- Rizos D, Gutierrez-Adan A, Perez-Garnelo S, De La Fuente J, Boland M P and Lonergan P (2003) Bovine embryo culture in the presence or absence of serum: implications for blastocyst development cryotolerance and messenger RNA expression. *Biol Reprod* **68**, 236–43.
- Romek M, Gajda B, Krzysztofowicz E, Kepczynski M, Smorag Z (2010) New technique to quantify the lipid composition of lipid droplets in porcine oocytes and pre-implantation embryos using Nile red fluorescent probe. *Theriogenology* **75**, 42–54.
- Sá Filho MF, Carvalho NAT, Gimenes LU, Torres-Júnior JR, Nasser LF, Tonhati H, Garcia JM, Gasparrini B, Zicarelli L and Baruselli PS (2009) Effect of recombinant bovine somatotropin (bST) on follicular population and on *in vitro* buffalo embryo production. *Anim Reprod Sci* **113**, 51–9.

- Sayirkava H, Misirlioglu M, Kaya A, First NL, Parrish JJ and Memili E (2007) Developmental potential of bovine oocytes cultured in different maturation and culture conditions. *Anim Reprod Sci* **1001**, 225–40.
- Somjai T, Kaneda M, Akagi S, Watanabe S, Haraguchi S, Mizutani E Dang-Nguyen TQ Geshi M Kikuchi K and Nagai T (2011) Enhancement of lipid metabolism with L-carnitine during *in vitro* maturation improves nuclear maturation and cleavage ability of follicular porcine oocytes. *Reprod Fertil Dev* **23**, 912–20.
- Spricigo JF, Morato R, Arcarons N, Yeste M, Dode MA, Lopez-Bejar M and Mogas T (2017) Assessment of the effect of adding L-carnitine and/or resveratrol to maturation medium before vitrification on *in vitro*-matured calf oocytes. *Theriogenology* **89**, 47–57.
- Wrenzycki C, Herrmann D and Niemann H (2007) Messenger RNA in oocytes and embryos in relation to embryo vitality. *Theriogenology* **68**, 77–83.
- Xu HY, Yang XG, Lu SS, Liang XW, Lu YQ, Zhang M and Lu KH (2018) Treatment with acetyl-L-carnitine during *in vitro* maturation of buffalo oocytes improves oocyte quality and subsequent embryonic development. *Theriogenology* **118**, 80–9.
- Xu HY, Geng SS, Li TT, Fu Q, Lu SS, Liang XW, Lu YQ, Zhang M, Yang XG and Lu KH (2019) Maturation of buffalo oocytes *in vitro* with acetyl-L-carnitine improves cryotolerance due to changes in mitochondrial function and the membrane lipid profile. *Reprod Fertil Dev* **31**, 386–94.
- Yamada T, Imai H and Yamada M (2006) Beneficial effects of acetyl-L-carnitine treatment during IVM on post-fertilization development of bovine oocytes *in vitro*. *Reprod Fertil Dev* **18**, 280–1.
- Yang X, Dunning KR, Wu LL-Y, Hickey TE, Norman RJ, Russel DL, Liang X and Robker RL (2010) Identification of perilipin-2 as a lipid droplet protein regulated in oocytes during maturation. *Reprod Fertil Dev* **22**, 1262–71.
- Zare Z, Farahani RM, Salehi M, Piryaei A, Novin MG Fathabadi FF Mohammadi M and Dehghani-Mohammadabadi M (2015) Effect of L-carnitine supplementation on maturation and early embryo development of immature mouse oocytes selected by brilliant cresyl blue staining. *J Assist Reprod Genet* **32**, 635–43.
- Zhang R, Zhang H, Zhang Z, Wang T, Niu J, Cui D and Xu S (2012) Neuroprotective effects of pre-treatment with L-carnitine and acetyl-L-carnitine on ischemic injury *in vivo* and *in vitro*. *Int J Mol Sci* **13**, 2078–90.