

Original Article

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Prenatal exposure to an environmentally relevant mixture of Canadian Arctic contaminants decreases male reproductive function in an aging rat model

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Abstract

Elevated levels of organochlorines (OC) have been reported in Inuit populations in the Arctic. We hypothesized that prenatal exposure to a Canadian Arctic OC mixture adversely affects male reproductive function and health with age. Sprague–Dawley female rats (F0) were gavaged with an environmentally relevant concentration of an Arctic OC mixture or corn oil (Control) during mating with untreated males until parturition (F1 litters). After postnatal day (PND) 90, the weights of the OC F1 males differed dramatically relative to Controls ($P < 0.05$; $n = 10$) and they exhibited respiratory distress. Except for possible thinning of the alveolar barrier, histological observation of the lungs revealed no apparent pathology to explain the respiratory distress. At PND 365, OC F1 males had reduced relative reproductive organ weights and lower sperm quality than Controls ($P < 0.05$). At PND 90, OC F1 males were subfertile ($P < 0.05$), but were infertile at PND 365. In conclusion, environmentally relevant prenatal OC exposure reduced reproductive function and health in aging male rats, providing new insight into the effects of early-life exposures to these contaminants.

Introduction

Organochlorines (OC) include industrial compounds such as polychlorinated biphenyls (PCBs) and chlorinated pesticides. They bioconcentrate in fatty tissues and biomagnify in the environment.¹ Due to these properties and because direct exposure can lead to diverse pathologies, many OC have been restricted or banned since the 1990s.² High levels of OC, however, persistently contaminate the Arctic food chain.³ As a consequence, Inuit populations have 25-fold higher OC body burdens than people from southern Canada.⁴ Because pregnant mothers consume contaminated fish and seal blubber, infants are also exposed *in utero* across the placental barrier and after birth during lactation.⁵

Reduced sperm quality has been reported in OC-exposed Inuit men.⁶ Exposure of men to the OC pesticide, *p,p'*-dichlorodiphenyltrichloroethane, in Mexico⁷ and South Africa⁸ is associated with endocrine changes and compromised sperm quality. Bioaccumulation leads to high levels as men age,⁹ because males do not effectively eliminate OC. Yet, few studies address the effects of prenatal exposure to environmental OC concentrations on the health of adult males.

Our laboratory has reported that prenatal exposure to environmentally relevant OC disrupts sperm motility in adult rats at postnatal day (PND) 90, which are approximately equivalent of a 30-year-old man,¹⁰ whereas younger PND 60 males (representative of a 20-year-old man), showed similar sperm quality as unexposed controls.¹¹ These observations and gaps in the literature led us to use a rat model to test the hypothesis that prenatal exposure to an OC mixture, resembling that which contaminates the traditional foods of Inuit, induces age-related systemic impacts that compromise male reproductive capacity and health.

Materials and methods

Chemicals

Unless specified otherwise, all chemicals were purchased from Sigma-Aldrich, Oakville, ON, Canada. Organochlorine suppliers are indicated in Table 1. Gibco Media-199 without phenol red was from Life Technologies, Grand Island, NY. Propidium iodide (PI) was from Life

Table 1. Composition of the organochlorine (OC) mixture used in this study

Compound	Source ^a	% Weight	Dose administered ($\mu\text{g}/\text{kg}$ body weight/ $3 \times$ weekly)	
			Control group	OC group
Aroclor and congener neat mix ^b	AccuStandard	32.4	0	500.00
Technical chlordane	AccuStandard	21.4	0	330.3
<i>p,p'</i> -Dichlorodiphenyldichloroethylene	Sigma-Aldrich	19.3	0	297.8
<i>p,p'</i> -Dichlorodiphenyltrichloroethane	Sigma-Aldrich	6.8	0	104.9
Technical toxaphene	AccuStandard	6.5	0	100.0
α -Hexachlorocyclohexane	Sigma-Aldrich	6.2	0	95.7
Aldrin	Sigma-Aldrich	2.5	0	38.6
Dieldrin	Sigma-Aldrich	2.1	0	32.4
1,2,4,5-Tetrachlorobenzene	Sigma-Aldrich	0.9	0	13.9
<i>p, p'</i> -Dichlorodiphenyldichloroethane	Sigma-Aldrich	0.5	0	7.7
β -Hexachlorocyclohexane	Sigma-Aldrich	0.4	0	6.2
Hexachlorobenzene	AccuStandard	0.4	0	6.2
Mirex	Sigma-Aldrich	0.2	0	3.1
Lindane	Sigma-Aldrich	0.2	0	3.1
Pentachlorobenzene	Sigma-Aldrich	0.2	0	3.1

^a-Sigma-Aldrich (Oakville, ON); AccuStandard (New Haven, CT).

^bMix containing Aroclor 1260 (58.9%), Aroclor 1254 (39.3%), 2,4,4'-trichlorobiphenyl (PCB 28; 1.0%), 2,2',4,4'-tetrachlorobiphenyl (PCB 47; 0.8%), 3,3',4,4',5-pentachlorobiphenyl (PCB 126; 0.02%), and 3,3',4,4'-tetrachlorobiphenyl (PCB 77; 0.004%). CAS number of each substance are presented in previous study²².

Technologies. The testosterone EIA kit was from Cayman Chemical, Ann Arbor, MI, and isoflurane was from Baxter, Mississauga, ON, Canada.

Prenatal treatment

Before starting the study, all protocols were pre-approved in accordance with the guidelines of the institutional committees for animal use, chemical safety and ethics. The Université Laval committee for the ethical use of live animal certificate was CPA-2009124. Pure OC compounds or technical mixtures were dissolved in corn oil to obtain 5 mg/ml (stock solution) (Table 1).¹¹ Five-week-old female (F0 founders dams), 10-week-old male (untreated F0 sires) and 10-week-old female Sprague-Dawley rats were purchased as required from Charles River Canada Ltd. (St. Constant, Québec). Animals were acclimatized for 10 days before experimentation and housed with a 12 L–12 D photoperiod, temperature range of $22 \pm 1^\circ\text{C}$ and humidity range of $46 \pm 10\%$. Water and standard commercial rat chow were provided *ad libitum*.

Prenatal exposure of F1 males

Five-week-old female rats were randomly assigned to two groups ($n = 4$ per group; two per cage) and treated by gavage (1 ml) with corn oil (Control) or the organochlorine mixture (OC; 500 $\mu\text{g}/\text{kg}$ body weight) thrice weekly for 5 weeks. The 500 $\mu\text{g}/\text{kg}/\text{day}$ dosage was confirmed in a previous study¹¹ to be environmentally relevant, because the serum contaminant levels in the F0 dams and F1 pups approximate serum levels in Inuit people. The body weight of each female was assessed the morning of gavage to determine

the quantity of OC to be administered. Each pair of females was housed with an unexposed male until mating was confirmed by the presence of sperm in vaginal smears, after which females were housed one per cage. Gavage continued until parturition of the F1 litters. The day of mating was considered as gestational day (GD) and the day of parturition was designated as postnatal day (PND) 0.

Male fertility analysis

At PND 90, 15 F1 males from four litters in each treatment (3–4 males per litter) were individually housed overnight with two unexposed 10-week-old virgin females and mating was confirmed by the presence of sperm in the vaginal smears. Males and females were housed for mating during the nights only for a maximum of seven consecutive nights. For PND 90 males, the week after the last mating, animals were euthanized by cardiac puncture under isoflurane anesthesia following by CO_2 asphyxia. At PND 365, 10 OC males (2–3 males per litter and different animals than PND 90) and 10 Control males (2–3 males per litter and different animals than PND 90) were mated in the same way as the PND 90 males. One female coupled with a PND 365 male appeared to have not been mated, so she was removed from the study. One week after the mating, PND 365 males were anesthetized then euthanized by decapitation because to avoid vasoconstriction in the lungs due to isoflurane exposure. Fertility rate was calculated as follows: % fertility = (number of *corpora lutea* – number of live fetuses at GD 19.5)/ number of *corpora lutea* $\times 100$. Sperm and reproductive organ were collected for reproductive assessment.

Lung histology

At PND 365, five males were sacrificed by decapitation and lungs were instilled under constant pressure of 10 cm^3 4% paraformaldehyde for 15 min to minimize atelectasia.^{12–14} After instillation, the lungs were removed from the chest cavity, and immersed *in toto* in the same fixative for at least 24 h at 4°C. The pressure was maintained during fixation.^{15,16} Lungs were individually embedded using paraffin inclusion and serial step sections of 4–5 μm were taken along the longitudinal axis of the lobe. The sections were stained with hematoxylin–eosin and were examined using an Axioskop2 Plus microscope (200 \times magnification, Carl Zeiss, Toronto, ON), Qimaging Retiga 2000R camera (Qimaging, Surrey, BC) and Image-Pros Plus (MediaCybernetics, Rockville, MD). The paraffin sections of the middle lobe were projected onto a screen containing a single point test system. The sections were moved in a stepwise manner in the *x* and *y* directions, while categorizing the underlying structures hit by the test point. A total of 50–100 counting events per structure from five sections per rat were counted and the cavalieri principle was used to estimate the volume of lung structure as described previously.¹⁷ The volume of parenchyma (air spaces and tissue) and of non-parenchyma (bronchi, bronchioli, capillary and larger connective tissue strips) were measured using the whole lung as reference space.

Reproductive assessment of PND 90 and PND 365 F1 males

For PND 90 and PND 365 aged rats, reproductive organ and body weights were recorded during necropsy. Epididymal sperm assays were performed on the same day whereas testes were snap frozen in liquid nitrogen for storage at -80°C for later use.

Daily testicular spermatid production was performed on one thawed testis¹² for each male used for mating at PND 90 ($n=15$) and at PND 365 ($n=10$). The testis without tunica was weighed then homogenized in 10% DMSO/0.9% NaCl using a Polytron VDI 12 (VWR International, Radnor, PA). Samples were sonicated at 40% for 1 min (Sonic Dismembrator, Model 500; Fisher Scientific, Pittsburgh, PA) and 0.1% trypan blue was added to color spermatid heads, counted using a hemacytometer. Daily testicular spermatid production was calculated according to the equation:¹⁸

$(\text{Mean count of hemacytometer}/0.00004\ \mu\text{l volume of secondary square in hemacytometer}) \times 100.5\ \text{ml of total number of rat testis suspension}/6.10\ \text{days for spermatogenesis cycle}$.

The caudal epididymis was excised at necropsy on all males used for mating at PND 90 ($n=15$) and at PND 365 ($n=10$), trimmed of fat, sliced and placed in a 35 mm Petri dish containing 5 ml Gibco® Media-199 without phenol red with 0.5% fatty acid-free BSA at 37°C for 15 min in a humidified 5% CO₂ incubator to release the fresh sperm. For all reproductive assessments, two replicates per animal were conducted.

A sperm aliquot was diluted to 20×10^6 sperm/ml in phosphate buffered saline (PBS; 1.5 mM KH₂PO₄, 8.1 mM Na₂HPO₄, 137 mM NaCl, 2.7 mM KCl; pH 7.4) then treated with 48 μM PI and 1 $\mu\text{g}/\text{ml}$ of FITC-labeled peanut-agglutinin (FITC-PNA; fluorescein isothiocyanate-labeled *Arachis hypogaea* lectin) to detect plasma membrane and acrosome integrity, respectively, and incubated in the dark (10 min, 37°C). A total, 10,000 sperm were analyzed using a Guava EasyCyte Plus flow cytometer with Guava ExpressPro software (Guava Technologies/IMV Technologies, L'Aigle, France).

The chlortetracycline fluorescence (CTC) assay was used to evaluate the physiological status (capacitation, spontaneous acrosome reactions) of the sperm as described previously for the

rat with some modifications.¹⁹ In brief, the CTC stock solution contained 750 μM (final concentration) CTC–HCl, 130 mM NaCl, 5 mM L-cysteine and 20 mM Tris acid (pH 7.8) was prepared freshly and shielded from light at 10°C before using. A total of 10 μl of spermatozoal suspension were mixed 10 μl CTC stock solution, 2 μl of 12.5% glutaraldehyde in 20 mM Tris–HCl (pH 7.4) and 25 μl of 1.4-diaza-bicyclo (2.2.2) octane (0.22 M) on a clean slide at room temperature. Finally, a drop of glycerol was added to retard the fading of CTC fluorescence. The sample (two replicates per slide) were covered with coverslips and stored in the dark at 4°C overnight. For evaluation of the CTC patterns, the slides were observed within 24 h under an Optiphot-2 microscope (Nikon Canada Inc., Mississauga, ON) equipped with phase contrast and epifluorescence optics with a 10 \times ocular and 40 \times objective using a BV filter. At least, 200 spermatozoa per sample were classified according to one of three CTC staining patterns as described by Oberländer *et al.*¹⁹: F pattern = uncapacitated cell with uniform bright fluorescence over the head; B pattern = intermediate pattern with a dark band (arrow) in the postacrosomal region of the sperm head and AR pattern = acrosome-reacted cell with dark head except for the tip, which retained some fluorescence.

Another aliquot of fresh epididymal sperm from all males used for mating at PND 90 ($n=15$) and at PND 365 ($n=10$) was diluted 1/10 with PBS 1 \times to obtain 2×10^6 sperm/ml in 100 μm deep Rat Toxicology Slides (Leja Compagny, Nieuw-Vennep, The Netherlands). A minimum of 200 sperm from seven different fields was assessed. The percentages of motile and progressively motile sperm, average path velocity (VAP), straight-line velocity (VSL), curvilinear velocity, amplitude of lateral head displacement (ALH), beat cross frequency (BCF), straightness and linearity were measured using a Hamilton-Thorne CEROS II Analyzer (version 14; Beverly, MA) with a 4 \times objective. CEROS settings were: frame rate 60 Hz; frames acquired 30; minimum contrast 80; minimum cell size 8; cell size 25; cell intensity 80; path velocity 50 $\mu\text{m}/\text{s}$; straightness 25%; slow cells motile; VAP cut-off 10 $\mu\text{m}/\text{s}$; VSL cut-off 10 $\mu\text{m}/\text{s}$; intensity 2300; photometer 2; magnification 0.7.

Serum testosterone measurements

Serum was isolated from blood by centrifugation (4°C) at 1200 g for 20 min then stored at -80°C . Total serum testosterone levels were determined in 50 μl of sample using the Testosterone EIA kit following the manufacturer's instructions. Each sample was assessed in triplicate. The intra- and inter-assay coefficients of variation ($\text{CV} = \text{s.d.}/\text{mean} \times 100$) were less than 15% as per manufacturer recommendations. The IC50 and the detection limit of the testosterone assay were both 32 and 6 pg/ml.

Statistical analyses

Values are presented as means \pm S.E.M. Data were analyzed using SPSS version 22.0 (SPSS Inc., Chicago, IL). Data for body weight, reproductive assessments and reproductive organ weights were analyzed by one-way ANOVA followed by a *post-hoc* Tukey's test to assess differences due to OC exposure. When tests for assumption of homogeneity of variance and normality failed, data were log-transformed and retested. An ANOVA followed by Tukey's test was performed for the testosterone assay using the software package JMP 10 (SAS Institute, Cary, NC). Differences between OC and Controls were regarded as statistically significant at $P < 0.05$.

Table 2. Pregnancy outcomes of F0 females

Parameter	Control	OC
No. of dams	4	4
Body weight after 10 weeks of gavage (kg)	0.465 ± 0.022	0.482 ± 0.015
Mating index (%) ^a	100	100
Fertility index (%) ^b	100	100
Pregnancy index (%) ^c	100	100
No. pups per litter	16.5 ± 0.5	16.5 ± 0.5
Male pups per litter (%)	50%	55%

OC, organochlorine.

^aNumber of females mated/number of female cohobated × 100.

^bNumber of pregnant females/number of mated females × 100.

^cNumber of females delivering live pups/numbers of pregnant females × 100.

Results

Pregnancy outcomes of F0 dams

Throughout the gavaging, F0 dams treated with OC showed the same body weight, mating success, fertility rate and pregnancy index as Controls (Table 2). Also, the number of pups per litter and the sex ratio were not different due to OC treatment (Table 2). As previously reported, this is an environmentally relevant OC level to Inuit peoples and did not induce apparent systemic toxicity in dams or alter their fertility parameters.¹¹

Health of rats prenatally exposed to OC

From PND 2 to PND 90, the body weights of the F1 males did not differ due to OC exposure ($n = 15$; Fig. 1A). Between PND 90 and PND 180, however, prenatally exposed OC males gained less weight than Controls. From PND 180 on, all OC males weighed less than Controls ($n = 10$; $P < 0.05$) and after PND 200, OC males lost weight ($n = 10$; $P < 0.05$). At PND 350, one OC male died with apparent respiratory distress (Table 3) and all rats that were prenatally exposed to OC showed similar breathing difficulties breath and observable inactivity. Nevertheless, no major change in lung histology could be observed between Control and OC-exposed males, with the exception of a possible thinning of the alveolar barrier (Fig. 1B). No differences in lung volume, parenchymal volume and non-parenchymal volume were observed between Controls and prenatally OC exposed males on PND 365 (Table 4).

The relative reproductive organ weights (adjusted for body weight) did not differ among groups at PND 90 due to prenatal OC ($n = 15$; Table 3). In contrast, the relative weights of the testes, epididymides and seminal vesicles were lower for OC males than for Controls at PND 365 ($n = 10$; $P < 0.05$). Relative prostate weights did not differ due to treatment at PND 365. At PND 90, no difference in serum testosterone level was detected between treatments ($n = 15$), however, at PND 365, these were lower in OC rats *v.* Controls ($n = 10$; $P < 0.05$; Table 3).

Male fertility and sperm quality

At PND 90, OC males were less fertile than Controls ($n = 15$), whereas at PND 365, all OC males were infertile, despite the presence of sperm in vaginal smears of their mating partners ($n = 10$; Table 3). Females mated with OC males at PND 90 had

fewer fetuses at GD 19.5 and more preimplantation loss ($n = 30$ females; Table 3); preimplantation loss was defined as: (number of corpora lutea – number of implantation sites)/number of corpora lutea × 100.

Sperm quantity and quality could play roles in the compromised fertility of the OC males (Table 2). The preimplantation loss was greater for OC males compared with Controls at PND 90 ($n = 30$ females) and 365 ($n = 20$ females) indicating fertilization/embryonic failure. Daily spermatid production per testis and caudal epididymal sperm concentrations were lower for OC males compared with Controls at both PND 90 ($n = 15$) and 365 ($n = 10$; $P < 0.05$). The percentages of live sperm with intact acrosomes did not differ due to treatment at PND 90 ($n = 15$). At PND 365, however, more sperm from OC males than Controls had intact acrosomes ($n = 10$; $P < 0.05$; Table 3). The percentage of live sperm with intact acrosomes is a specific population combining both dyes, negative PI and PNA. At PND 365, 75% of live control sperm and 80% the live OC sperm had intact acrosomes ($n = 10$). The CTC assay estimated whether sperm were spontaneously capacitated or acrosome reacted (Table 3). The percentage of pattern F (non-capacitated) OC sperm was always higher than in Controls ($P < 0.05$), whereas fewer OC sperm appeared to be capacitated (pattern B; $P < 0.05$). More live sperm from OC males than Controls had intact acrosomes according to the PI/PNA-FITC assay. Together, the CTC and PI-PNA assays indicate that sperm from OC males are less responsive to the environment. Sperm motility parameters were also affected by early life OC exposure at both PND 90 and 365 (Table 3). The percentages of motile and progressively motile sperm were consistently lower in the OC males relative to Controls at PND 90 ($n = 15$) and 365 ($n = 10$; $P < 0.05$). The ALH and BCF were similarly reduced for the sperm of the OC males *v.* Controls at both ages ($P < 0.05$).

Discussion

There is a major health discrepancy between Inuit in the Arctic and non-Aboriginal Canadians, such that the life expectancy of the Inuit is 10 years shorter.²⁰ The leading causes of premature death in the Canadian Inuit population are cancers, cardiovascular diseases and chronic respiratory diseases.²⁰ Many factors contribute to this discrepancy, however, exposure to contaminants has been implicated as a significant influence.²⁰ Although Greenland Inuit had high exposure to OC, their fertility and semen quality seem not to be reduced, a criterion of this study was that the men studied were fertile, as evidenced by their partner being pregnant.²¹ A major source of OC contamination for Inuit is through traditional foods, including marine mammals. It has been suggested that the negative impact of OC is compensated by the positive health effects of antioxidants and polyunsaturated fatty acids present in marine-based food.²¹ Also, the high fertility rates in Inuit may be the result of a higher percentage of fathers under 30 years of age, in contrast with other populations.²⁰ A population of OC-exposed Swedish fishermen displayed lower sperm quality and subfertility compared with a control population, which supports our results that northern OC harm male fertility.²¹ Although there are no existing data on sperm quality or male fertility in Inuit populations in northern Canada, it is well documented that Inuit people suffer a higher rate of stillbirth due to poor fetal growth, placental disorders and congenital anomalies in comparison with non-Aboriginal Canadians.²² In this pilot study, we demonstrate for the first

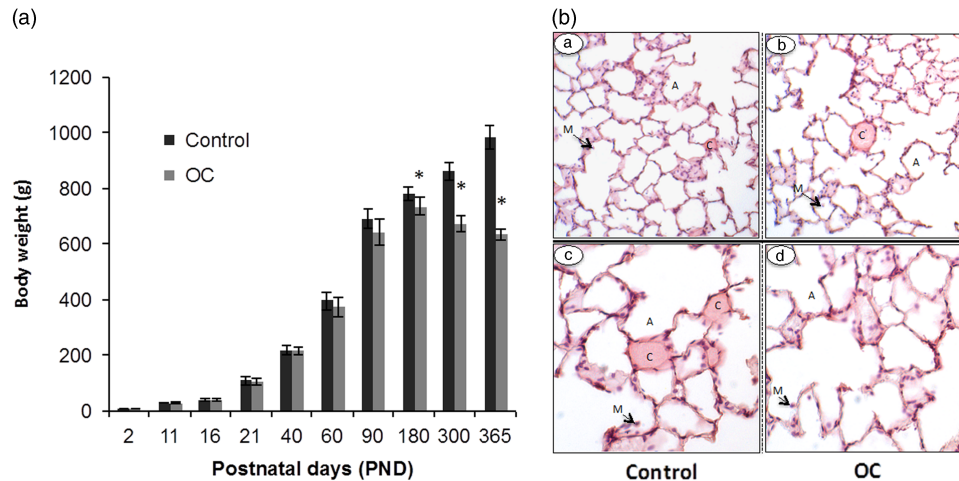


Fig. 1. Impact of early life exposure to an environmentally relevant concentration of the Arctic organochlorines (OC) mixture on the body weights and lung histology of rats at different ages. (Panel A) The body weights (g) of male rats from postnatal day (PND) 2 to PND 365 varied due to treatment as the males aged ($n = 15$ until PND 90 and then $n = 10$ onwards). (Panel B) Lung histology in aged male rats at PND 365 ($n = 5$; representative images are presented). Tissue sections showing lung architecture from a Control male, $100\times$ (a) and $200\times$ magnifications (c) and an OC male at $100\times$ (b) and $200\times$ magnifications (d). There were no major differences in morphology between treatment groups. A, alveoli; C, capillary; M, macrophage. *Significantly different body weights due to early life OC exposure ($P < 0.05$).

time that prenatal exposure to an environmentally relevant level of an OC mixture designed to mimic that which contaminates the Arctic food chain, reduces fertility and the body condition in an aging rat model.

Prenatal exposure alters the health of aged males

Prenatal exposure to this Arctic OC mixture does not appear to have harmful systemic effects, as reflected by the normal average body weights of the male rats up to PND 90.¹¹ The marked shift in body weight observed in the older rats was unexpected. The reasons for the weight loss in the F1 males during aging are unclear, however, it could be associated with acute illness, pain, constipation and confusion, eating or swallowing problems, poor oral health, reduced appetite and low food intake.²³ The prevalence of overweight and obese people in Inuit has risen, presumably to contemporary lifestyle changes.¹⁴ In addition, Inuit men have a shorter life expectancy (63 years), a higher percentage of chronic respiratory (11%) and cardiovascular diseases (26%) in comparison with non-Aboriginal Canadians.²⁰ Although health status is multifactorial, in light of our findings with a rat model, it is tempting to speculate that prenatal exposure to OC is involved in the reduced life expectancy of Inuit people. Future studies should assess food intake, metabolic function and detailed pathological analyses in prenatally exposed animals to clarify the cause of the weight loss and the premature death reported here.

Following the unexpected respiratory problems in OC rats, they were quickly euthanized as well as the Controls. However, no remarkable change in pulmonary structure and morphology could be observed between the two groups. Because our euthanasia method was not optimal for pulmonary histology,²⁴ we were unable to conduct accurate lung stereology. Nevertheless, we cannot assert that a difference does not exist between OC and Control lungs. It has been reported that exposure to OC is associated with asthma and chronic bronchitis in non-Aboriginal Canadian adults²⁵ as well as otitis media, pneumonia, pertussis, asthma, and upper and lower respiratory tract infection in children.^{26,27} In Inuit populations, prenatal exposures to PCBs and DDE have been strongly associated with incidence of acute respiratory infections as acute otitis media and upper and lower respiratory tract infections

in preschool children.^{28,29} Knowing that Inuit men in Arctic Canada are at a greater risk to die prematurely from a respiratory diseases than non-Aboriginal Canadians,²⁰ it is possible that prenatal exposure to OC is responsible for respiratory dysfunction in our F1 male rats. A dyspnea such as heart failure could also be a factor of the respiratory distress, although heart histology was not conducted in this study.³⁰ Reduced immune response due to prenatal exposure to OC is another hypothesis, as such animals could develop chronic pathologies that would slowly limit physical ability and food intake, resulting in slow weight loss and respiratory congestion.³¹ Weight loss in obese patients increases the concentration of OC compounds in their blood and decreases the amount of leukocytes and lymphocytes, thereby suppressing natural killer cell activity.³¹ These symptoms were observed for all the aged OC males. To support this hypothesis, prenatal exposure to the Arctic OC mixture has been reported to depress immune responses in swine.³² Similarly, prenatal exposure to OC in Inuit populations is correlated with a high level of infection and respiratory diseases.³³ High levels of chronic respiratory disease, cancers and infectious diseases are major contributors to the high mortality rate in Inuit adults.²⁰ As observed in our animal model, a slow decrease of body weight and overall decline of health seem to be related to the prenatal exposure to the Arctic OC because none of the Controls animals demonstrated observable health issues. Prenatal exposure to OC could affect Inuit health, however, further research is required to understand these links.

Fertility decline due to prenatal exposure

Gradually with age, the OC rats in this study lost weight, likely liberating the sequestered OC into the blood.³⁴ The Arctic OC mixture is known to be anti-androgenic.¹¹ Increased blood OC concentrations in aged rats could contribute to decreased testosterone levels and weights of androgen-sensitive organs (testes and epididymides) as observed in the present study. These reduced reproductive organ weights might contribute to the observed infertility of the aged PND 365 OC rats (approximating 50-year-old men¹⁰). We have previously reported that young adult male rats at PND 60 (approximating 18-year-old men¹⁰) had normal sperm following prenatal exposure to the same OC

Table 3. Impact of prenatal exposure to the organochlorine (OC) mixture on the fertility parameters and relative organ weights of male rats at postnatal day (PND) 90 and PND 365

Parameter	PND 90 (<i>n</i> = 15 males)		PND 365 (<i>n</i> = 10 males)	
	Control	OC	Control	OC
Health				
Respiratory distress (breathing with difficulties and inactivity)	0	0	0	9
Premature death	0	0	0	1
Relative organ weights^a				
Prostate	10.10 ⁻⁴ ± 1.10 ⁻⁴	7.10 ⁻⁴ ± 1.10 ⁻⁴	11.10 ⁻⁴ ± 7.10 ⁻⁵	12.10 ⁻⁴ ± 6.10 ⁻⁵
Testes	50.10 ⁻⁴ ± 2.10 ⁻⁴	54.10 ⁻⁴ ± 3.10 ⁻⁴	43.10 ⁻⁴ ± 3.10 ⁻⁴	59.10 ⁻⁴ ± 2.10 ^{-4*}
Epididymides	23.10 ⁻⁴ ± 1.10 ⁻⁴	23.10 ⁻⁴ ± 9.10 ⁻⁵	24.10 ⁻⁴ ± 6.10 ⁻⁵	17.10 ⁻⁴ ± 1.10 ^{-4*}
Seminal vesicles	23.10 ⁻⁴ ± 2.10 ⁻⁴	26.10 ⁻⁴ ± 1.10 ⁻⁴	22.10 ⁻⁴ ± 3.10 ⁻⁴	37.10 ⁻⁴ ± 1.10 ^{-4*}
Fertility data				
Fertility rate (%) ^b	93 ± 2	76 ± 6*	100 ± 0	0*
No. of fetus per female at GD 19.5	17 ± 1	14 ± 1*	16 ± 1	0*
Preimplantation loss at GD 19.5 (%) ^c	5 ± 1	31 ± 5 ^b	1 ± 0.5	100 ± 0*
Sperm production				
Daily testicular sperm production (10 ⁷)	6 ± 0.04	5.3 ± 0.04*	5.7 ± 0.04	4.8 ± 0.04*
Cauda sperm concentration (10 ⁷)	18 ± 1	14.3 ± 1.5*	14.8 ± 1	8.2 ± 1.5*
Serum testosterone (pg/ml)	312.3 ± 32.7	336.1 ± 54.2	467.9 ± 52.4	211.2 ± 40.2*
CTC pattern (%)				
F (non-capacitated)	62 ± 1	73 ± 5*	54 ± 1	61 ± 6*
B (capacitated)	36 ± 3	26 ± 2*	44 ± 4	35 ± 4*
AR (acrosome reacted)	3 ± 1	1 ± 1	2 ± 1	4 ± 2
PI/PNA assay				
Live sperm with intact acrosomes (%)	90 ± 1	92 ± 2	75 ± 1	80 ± 2*
Motility parameters				
% Motile sperm	69 ± 4	57 ± 3*	61 ± 4	53 ± 3*
% Progressively motile sperm	65 ± 3	53 ± 5*	49 ± 3	39 ± 5*
VAP (µm/s)	176.8 ± 3.5	175.1 ± 4.7	175.8 ± 2.5	173.1 ± 3.7
VSL (µm/s)	113.8 ± 3.1	113.3 ± 3.3	116.4 ± 3.1	112.1 ± 3.3
VCL (µm/s)	321.6 ± 5.9	318.5 ± 5.1	320.5 ± 6.9	316.7 ± 4.1
ALH (µm)	19.5 ± 0.2	17.1 ± 0.7*	18.3 ± 0.2	17.1 ± 0.3*
BCF (Hz)	18.8 ± 0.3	16.9 ± 0.3*	19.5 ± 0.3	17.6 ± 0.3*
% STR	61.3 ± 0.5	61.8 ± 0.8	60.3 ± 0.5	61.3 ± 0.8
% LIN	36.6 ± 1.0	36.1 ± 1.0	36.1 ± 1.0	35.9 ± 1.0

GD, gestational day; CTC, chlortetracycline; VAP, smoothed path velocity; VSL, straight line velocity; VCL, track velocity; ALH, amplitude of lateral head displacement; BCF, beat cross frequency; STR, straightness; LN, linearity.

All values are mean ± s.e.m.

^aRatio of the organ weight to body weight (g/g).

^b(Number of viable fetuses/number of *corpora lutea*) × 100.

^c(Number of *corpora lutea* - number of implantation sites)/number of *corpora lutea* × 100.

*Significantly different within each age due to early life OC exposure (*P* < 0.05).

Table 4. Lung measurements in F1 males that were prenatally exposed to organochlorines (OC) and Controls on postnatal day 365

Treatment	Lung volume (cm ³)	Parenchymal volume (cm ³)	Non-parenchymal volume (cm ³)
Control	14.65 ± 0.27	12.82 ± 0.27	1.83 ± 0.14
OC	14.23 ± 0.59	12.88 ± 0.52	1.35 ± 0.28

All values are mean ± s.e.m.; n = 5.

mixture, whereas sperm quality declined at PND 90 (approximating 27-year-old men^{10,11}). Here, we report that PND 90 rats are subfertile due to prenatal exposure and that the older PND 365 rats are infertile, indicating that fertility declines gradually with age. Normally, sperm quality in men decreases gradually from 35 years old and fertility does not decline before the age of 40–50 years (approximating PND 365 in rats¹⁰).³⁵ Most Inuit fathers are relatively young, often under 20 years, when they have their first children.²⁰ Although high relative to other groups in Canada, Inuit fertility is gradually declining.²⁰ However, no data are available on the sperm parameters in Canadian Inuit populations, although decreasing sperm count and motility was strongly associated with high PCB serum levels in Inuit men in Greenland.²¹ Whereas the fertility rate of the Inuit population is calculated by the number of live births per 1000 women,²⁰ male fertility remains unknown. In our model, prenatally exposed male rats produced less sperm than Controls. In men, decreased sperm production is associated with infertility.^{35,36} Moreover, fewer sperm from the OC rats were spontaneously capacitated and more had intact acrosomes relative to Controls, suggesting the OC sperm are less responsive to their environment and, therefore, less likely to fertilize. Indeed, the inability of sperm to respond to stimulators of capacitation or the acrosome reaction is associated with reduced male fertility.^{36,37} Alternatively, the infertility of the OC males at PND 365 might be explained by inefficient mating due to declining health, which would trigger pseudopregnancy. Nevertheless, subfertility and infertility have been reported to be increasing in men worldwide.³⁸ Our results with an animal model, therefore, suggest that prenatal exposure to environmentally relevant OC could be at least partly responsible for declining human fertility.

In conclusion, our animal model is the first to address the impact of a prenatal exposure to Arctic contaminants on male fertility and health at different times during adulthood. More research is necessary to determine if the prenatally exposed males have immune deficiencies, pulmonary abnormalities or heart defects.

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Conflicts of Interest. None.

Ethical Standards. The authors assert that all procedures contributing to this work comply with the ethical standards of the relevant national guides on the care and use of laboratory animals (Canadian Council on Animal Care) and has been approved by the institutional committee (Comité de protection des animaux de l'Université Laval).

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