

P02-200 - THE BEGINNING OF DUAL PATHOLOGY PSYCHIATRIC INPATIENT CARE SECTION (UPD)

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Introduction: UPD is a regional referral hospital psychiatric care unit, endowed with multidisciplinary equipment. It provides care to people with light/moderate/severe intellectual incapacity coexisting with mental disease and/or severe behavioral disorders. It offers attention to patients who need a protected therapeutic environment for correcting behavior disorders. It was opened in September 2008.

Objectives: Description of: therapeutic goals, inclusion/exclusion criteria, admission protocol and psychotherapeutic/pharmacological interventions.

Analysis of inpatients's sociodemographic/clinical characteristics and preliminary assessment of therapy goals.

Methodology: Retrospective study (13-month) of patients admitted to UPD of Leon Hospital from its inception to date. Data are collected from medical histories.

Results: 47 referrals have been received, 5 of them have been rejected not to fulfill criteria. We've 16 patients on waiting list. 32 incomes have been realized and 22 discharges have occurred.

19 of the incomes correspond to Mild, 6 to Moderate, 6 to Severe and 1 to Profound mental Retardation.

Regarding co-morbidity: 22 patients presented serious behavioral disorder. From this group, 2 met criteria for autistic disorder, 5 had schizophrenia or unspecified psychotic disorders, 5 presented Personality Disorder and one ADHD.

10 patients didn't present any important behavioral disturbance. From this group 2 were diagnosed with OCD, 3 presented problems due to Alcohol and Substance-related Disorders, 3 had Psychotic Disorders, one met criteria for Impulse Control Disorder and one presented Mood Disorder.

Before admission, 12 patients resided in specific handicapped center, 5 intermittently at selected centers and in family, and 15 lived with family.

Conclusions: Psychotherapeutic intervention and treatment were useful in most cases. It was particularly helpful in treatment of behavioral disturbances. Now we must determine effectiveness in maintenance of improvement when they return to their community.