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Author for correspondence: Yu-Tao Xiang, E-mail: xyutly@gmail.com

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Prevalence of suicide attempt in individuals with major depressive disorder: a meta-analysis of observational surveys

Min Dong^{1,*}, Liang-Nan Zeng^{2,*}, Li Lu^{1,*}, Xiao-Hong Li^{3,*}, Gabor S. Ungvari⁴, Chee H. Ng⁵, Ines H. I. Chow¹, Ling Zhang⁶, Yuan Zhou⁷ and Yu-Tao Xiang¹

¹Unit of Psychiatry, Faculty of Health Sciences, University of Macau, Macao SAR, China; ²Department of Neurosurgery, The Affiliated Hospital of Southwest Medical University, Luzhou, China; ³The National Clinical Research Center for Mental Disorders, China & Center of Depression, Beijing Institute for Brain Disorders & Mood Disorders Center, Beijing Anding Hospital, Capital Medical University, Beijing, China; ⁴University of Notre Dame Australia/Marian Centre, Perth, Australia; ⁵Department of Psychiatry, University of Melbourne, Melbourne, Victoria, Australia; ⁶Department of Epidemiology and Health Statistics, School of Public Health, Capital Medical University & Beijing Municipal Key Laboratory of Clinical Epidemiology, Beijing, China and ⁷CAS Key Laboratory of Sciences, Beijing, China

Abstract

Background. Suicide attempt (SA), which is one of the strongest predictors of completed suicide, is common in major depressive disorder (MDD) but its prevalence across epidemiological studies has been mixed. The aim of this comprehensive meta-analysis was to examine the pooled prevalence of SA in individuals with MDD.

Methods. A systematic literature search was conducted in PubMed, Embase, PsycINFO, Web of Science and Cochrane Library from their commencement date until 27 December 2017. Original studies containing data on prevalence of SA in individuals with MDD were analyzed. **Results.** In all, 65 studies with a total of 27 340 individuals with MDD were included. Using the random effects model, the pooled lifetime prevalence of SA was 31% [95% confidence interval (CI) 27–34%], 1-year prevalence was 8% (95% CI 3–14%) and 1-month prevalence was 24% (95% CI 15–34%). Subgroup analyses revealed that the lifetime prevalence of SA was significantly associated with the patient setting, study region and income level, while the 1-month prevalence of SA was associated with only the patient setting.

Conclusion. This meta-analysis confirmed that SA was common in individuals with MDD across the world. Careful screening and appropriate interventions should be implemented for SA in the MDD population.

Introduction

Major depressive disorder (MDD) is a common psychiatric disorder associated with functional impairment and disability (Ferrari *et al.*, 2013*b*). The estimated point prevalence of MDD is approximately 4.7% worldwide (Ferrari *et al.*, 2013*a*), but the prevalence varies greatly across countries. For example, the lifetime prevalence of MDD was estimated at 3.0% in Japan, 3.3% in China and 16.9% in the USA (Andrade *et al.*, 2003; Low *et al.*, 2014).

Suicide is a major global public health challenge and accounts for 1.4% of all-cause death (WHO, 2015). Over 90% of people who died by suicide had one or more psychiatric disorders, particularly MDD that accounted for 59–87% of all suicides (Rihmer and Kiss, 2002; Cavanagh *et al.*, 2003; Nordentoft and Mortensen, 2011). Suicide attempt (SA), defined as a self-destructive act with at least some intent to end one's own life (Posner *et al.*, 2007; Kao *et al.*, 2012; Sudol and Mann, 2017), is common in MDD; for example, the risk of SA in MDD was found to be 5-fold higher than in the general population (Nock *et al.*, 2010). SA is also one of the strongest predictors of future SA or completed suicide; of people with a previous SA, 10–15% died by suicide eventually (Berman *et al.*, 2000; Oquendo *et al.*, 2004; Suominen *et al.*, 2004; Yoshimasu *et al.*, 2008).

The causes of suicide-related behaviours are complex and associated with biological, sociocultural and clinical factors (Coentre *et al.*, 2017, Gournellis *et al.*, 2017, Sudol and Mann, 2017). Common risk factors of SA identified in depressed patients include high level of education, lower quality of life, childhood abuse, family history of psychiatric disorders, hopelessness, negative or stressful life events, psychiatric comorbidities and impulsive and aggressive behaviors (Corruble *et al.*, 1999; Dumais *et al.*, 2005; Dervic *et al.*, 2006; Dieserud *et al.*, 2010; Zayas *et al.*, 2010; Hawton *et al.*, 2013; Zhu *et al.*, 2013; Nam *et al.*, 2016; Wei *et al.*, 2017). There are also biological correlates of SA (Pawlak *et al.*, 2016, Sudol and Mann, 2017), including smaller hippocampal volume (Colle *et al.*, 2015), 5-HTR2A (Gonzalez-

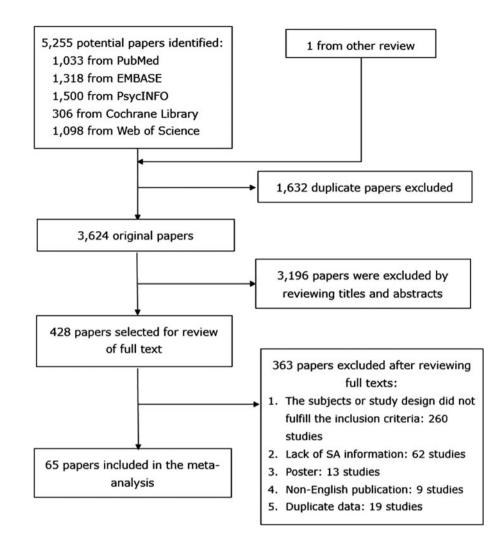


Fig. 1. Flowchart of study selection.

Castro *et al.*, 2013) and certain inflammatory processes (Arling *et al.*, 2009; Black and Miller, 2015; Courtet *et al.*, 2016).

As MDD is one of the major contributing factors of SA and most suicides occur in the first attempt (Isometsa and Lonnqvist, 1998; Shibre *et al.*, 2014), better understanding of SA patterns is critical to develop and implement effective suicide preventing strategies in patients with MDD. Although there are numerous studies of SA in MDD patients, the prevalence of SA varies greatly, and demographic and clinical contributing factors of SA in MDD are diverse. Therefore, the worldwide pattern of SA in patients with MDD and associated factors are still unclear. To date, we could not locate published meta-analysis on the prevalence of SA in adult patients with MDD.

We performed a comprehensive meta-analysis to estimate the pooled prevalence of SA in individuals with MDD and its associated factors.

Methods

Search strategy and selection criteria

This meta-analysis was conducted according to the Preferred Reporting Items for Systematic Review and Meta-Analyses (PRISMA) and Meta-analysis of Observational Studies in Epidemiology (MOOSE) recommendations (Stroup *et al.*, 2000). The protocol has been registered in the International Prospective Register of Systematic Reviews (PROSPERO) and the registration number is CRD42018086243. Two investigators (MD and LNZ) independently searched the literature in PubMed, Embase, PsycINFO, Web of Science and Cochrane Library from their commencement date until 27 December 2017. The search terms were as follows: ((attempted suicide) OR (suicide attempt) OR (suicide attempt*)) AND (major depressi*) AND (epidemiology OR (cross-sectional study) OR prevalence OR rate OR (cohort study) OR percentage). In the search term 'depressi*', the asterisk is a commonly used wildcard symbol that broadens the search by finding words that start with the same letters 'depressi'. The titles and abstracts were independently screened by the two investigators, and the full texts of eligible studies were then identified. In addition, the relevant reviews were checked to identify the studies that might be missed in the first literature search. Any uncertainty about study identification was resolved by a discussion with a third investigator (XYT). The process of identifying eligible studies is shown in Fig. 1.

Inclusion and exclusion criteria

Two investigators (MD and LNZ) independently assessed the literature for their eligibility for inclusion. The inclusion criteria according to the PICOS acronym were as follows: Participants (P): individuals with MDD by international or local diagnostic

Table 1. Characteristics of the studies included in the meta-analysis

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No.	Principal author (year)	Reference	Country	Time of survey	Study design	Sampling method	Diagnostic criteria of MDD	Source of patients	Mean age (years)	Sample size	Proportion of males (%)	Time-frame of SA	STROBE score
1	Su (2018)	Su <i>et al</i> . (2018)	Taiwan	NA	Cross-sectional	Consecutive	DSM-IV	Outpatient	46.1	296	26.5	Lifetime	18
2	Dickerson (2017)	Dickerson <i>et al</i> . (2017)	USA	2014–2016	Cross-sectional	Consecutive	DSM-IV	Mixed	NA	48	NA	Lifetime/1 M	17
3	Nam (2016)	Nam <i>et al</i> . (2016)	Korea	NA	Cross-sectional	NA	DSM-IV	Outpatient	35.6	223	36.0	From on-set	18
4	Li (2016)	Li <i>et al</i> . (2016)	China	2007-2010	Cohort	Consecutive	DSM-IV	Outpatient	37.2	146	30.8	Lifetime	18
5	Hofer (2016)	Hofer <i>et al.</i> (2016)	Europe	2000–2004	Cohort	Consecutive	DSM-IV	Mixed	51.5	374	28.3	Lifetime	16
6	Cyprien (2016)	Cyprien <i>et al.</i> (<mark>2016</mark>)	France	NA	Cross-sectional	NA	DSM-IV	Mixed	36.5	50	0.0	Lifetime	16
7	Zeng (2015)	Zeng <i>et al</i> . (2015)	NA	NA	Cross-sectional	NA	DSM-IV	Inpatients	NA	36	NA	Lifetime	18
8	Yeh (2015)	Yeh <i>et al.</i> (2015)	Taiwan	NA	Cross-sectional	NA	DSM-IV	Inpatient	35.2	17	47.1	1 M ^a	17
9	Ozer (2015)	Ozer <i>et al.</i> (2015)	Turkey	NA	Cross-sectional	Consecutive	DSM-IV	Outpatient	NA	62	11.3	Lifetime	16
10	Mugisha (2015)	Mugisha <i>et al.</i> (<mark>2015</mark>)	Uganda	2013	Cross-sectional	Multistage	DSM-IV	Outpatient	NA	599	NA	Lifetime	19
11	Izci (2015)	Izci <i>et al.</i> (2015)	Turkey	NA	Cross-sectional	Random	DSM-IV	Mixed	41.4	99	59.6	Lifetime	16
12	Colle (2015)	Colle <i>et al.</i> (2015)	France	NA	Cross-sectional	NA	DSM-IV	Mixed	46.4	63	41.3	Lifetime/1 Y	18
13	Carlberg (2015)	Carlberg <i>et al.</i> (2015)	Europe	NA	Cross-sectional	NA	DSM-IV	NA	50.9	250	27.2	Lifetime	17
14	Baek (2015)	Baek <i>et al</i> . (2015)	Korea	2011-2014	Cohort	Consecutive	DSM-IV	Outpatient	48.2	300	22.3	Lifetime	18
15	Yenilmez (2014)	Yenilmez <i>et al.</i> (2014)	Turkey	2010-2011	Cross-sectional	NA	DSM-IV	NA	36.6	58	22.4	Lifetime	16
16	Tsujii (2014)	Tsujii <i>et al.</i> (2014)	Japan	NA	Cross-sectional	NA	DSM-IV	NA	42.7	161	46.6	Lifetime	16
17	Subramaniam (2014)	Subramaniam et al. (2014)	Singapore	2009–2010	Cross-sectional	Stratified	DSM-IV	Outpatient	NA	417	40.8	Lifetime	20
18	Shibre (2014)	Shibre <i>et al.</i> (2014)	Ethiopia	1998–2001	Cohort	Two-stage	DSM-IV/ ICD-10	Outpatient	NA	216	NA	Lifetime	19
19	Riihimaki (2014)	Riihimaki <i>et al.</i> (2014)	Finland	NA	Cohort	Stratified	DSM-IV	Outpatient	NA	137	NA	Lifetime	19
20	Peng (2014)		China	NA	Cross-sectional	NA	DSM-IV	Mixed	29.3	38	34.2	Lifetime	17

Table 1. (Continued.)

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No.	Principal author (year)	Reference	Country	Time of survey	Study design	Sampling method	Diagnostic criteria of MDD	Source of patients	Mean age (years)	Sample size	Proportion of males (%)	Time-frame of SA	STROBE score
		Peng <i>et al</i> . (2014)											
21	Park (2014)	Park <i>et al.</i> (2014)	Korea	2011-2013	Cross-sectional	NA	DSM-IV	Outpatient	40.2	86	23.3	Lifetime	18
22	Jeon (2014)	Jeon <i>et al.</i> (2014)	Korea	2006– 2007, 2011	Cross-sectional	Multistage, cluster, random	DSM-IV	Outpatient	45.0	825	23.3	Lifetime	20
23	Feixas (2014)	Feixas <i>et al</i> . (2014)	Spain	2008–2011	Cross-sectional	NA	DSM-IV	Outpatient	47.1	161	21.7	Lifetime	17
24	Courtett (2014)	Courtett <i>et al.</i> (2014)	France	NA	Cohort	Consecutive	DSM-IV	Outpatient	47.3	5529	36.2	Lifetime	18
25	Beier (2014)	Beier <i>et al</i> . (2014)	USA	NA	Cross-sectional	Convenience	DSM-IV	Outpatient	35.1	48	100.0	Lifetime	19
26	Baek (2014)	Baek <i>et al</i> . (2014)	Korea	2009–2012	Cross-sectional	NA	DSM-IV	Outpatient	46.3	555	27.0	Lifetime/1 M	17
27	Zhu (2013)	Zhu <i>et al.</i> (2013)	China	NA	Cross-sectional	NA	DSM-IV	Mixed	44.4	6008	0.0	Lifetime	19
28	O'Donovan (2013)	O'Donovan <i>et al</i> . (2013)	Ireland	NA	Cross-sectional	NA	DSM-IV	Inpatients	51.3	74	29.7	1 M	17
29	Kang (2013)	Kang <i>et al</i> . (2013)	Korea	2009–2012	Cohort	NA	DSM-IV	Outpatient	54.9	108	25.0	Lifetime	18
30	Hegerl (2013)	Hegerl <i>et al.</i> (2013)	German	2005–2007	Cohort	NA	ICD-10	Outpatient	NA	2620	NA	1 Y	18
31	Banwari (2013)	Banwari <i>et al.</i> (2013)	India	2007	Cross-sectional	NA	DSM-IV	Outpatient	37.7	50	58.0	Lifetime	18
32	Pompili (2012)	Pompili <i>et al.</i> (2012)	Italy	2008–2009	Cross-sectional	NA	DSM-IV	Inpatient	NA	89	NA	1 M ^b	16
33	Min (2012)	Min <i>et al.</i> (2012)	Korea	NA	Cross-sectional	Consecutive	DSM-IV	NA	44.6	143	26.6	Lifetime	18
34	Ekinci (2012)	Ekinci <i>et al</i> . (2012)	Turkey	2010-2011	Cross-sectional	Consecutive	DSM-IV	Outpatient	36.8	80	37.5	Lifetime	17
35	Ben-Zeev (2012)	Ben-Zeev <i>et al</i> . (2012)	USA	NA	Cross-sectional	NA	DSM-III	Inpatient	39.3	30	23.3	Lifetime	15
36	Atay (2012)	Atay <i>et al</i> . (2012)	Turkey	NA	Cross-sectional	Stratified simple random	DSM-IV	NA	NA	222	NA	Lifetime	18
37	van Noorden (2011)	van Noorden <i>et al</i> . (2011)	Netherlands	2004–2006	Cohort	NA	DSM-IV	Outpatient	39.2	1105	35.7	Lifetime	20
38	Sublette (2011)		USA	NA	Cross-sectional	NA	DSM-IV	NA	37.8	30	53.3	Lifetime	17

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		Sublette <i>et al.</i> (2011)											
39	Mitchell (2011)	Mitchell <i>et al.</i> (2011)	Australia	NA	Cross-sectional	NA	DSM-IV	NA	NA	120	30.8	Lifetime	18
40	Kim (2011)	Kim <i>et al</i> . (2011)	Korea	2006–2008	Cohort	NA	DSM-IV	NA	NA	609	NA	Lifetime	18
41	Chan (2011)	Chan <i>et al</i> . (2011)	Malaysia	2007–2008	Cohort	Consecutive	DSM-IV	Inpatient	NA	42	NA	1 M	17
42	Jandl (2010)	Jandl <i>et al</i> . (2010)	German	NA	Cross-sectional	Consecutive	DSM-IV	Inpatient	48.3	50	36.0	Lifetime	16
43	Grunebaum (2010)	Grunebaum et al. (2010)	USA	NA	Cohort	Convenience	DSM-IV	Mixed	39.2	135	40.7	Lifetime	19
44	Wang (2009)	Wang <i>et al.</i> (2009)	China	NA	Cross-sectional	NA	DSM-IV	NA	31.6	420	46.0	1 M ^c	17
45	Hovanesian (2009)	Hovanesian <i>et al</i> . (2009)	NA	NA	Cross-sectional	NA	DSM-IV	Inpatient	39.0	75	37.3	Lifetime/1 M ^d	16
46	Fiedorowicz (2009)	Fiedorowicz et al. (2009)	USA	NA	Cohort	NA	DSM-IV	NA	39.9	501	41.3	Lifetime	18
47	Conrad (2009)	Conrad <i>et al.</i> (2009)	German	2004–2007	Cross-sectional	Consecutive	DSM-IV	Outpatient	36.1	394	26.4	Lifetime	17
48	Abdollahian (2009)	Abdollahian <i>et al</i> . (2009)	Iran	2006–2007	Cross-sectional	Random	DSM-IV	Inpatient	38.9	65	64.6	Lifetime	16
49	Oedegaard (2008)	Oedegaard <i>et al</i> . (2008)	Norway	NA	Cross-sectional	Consecutive	DSM-IV	Mixed	36.2	41	26.8	Lifetime	18
50	Gonzalez (2008)	Gonzalez (2008)	USA	NA	Cohort	Random, convenience	ICD-9	Outpatient	NA	162	NA	Lifetime/1 Y	16
51	Dilsaver (2008)	Dilsaver <i>et al</i> . (2008)	USA	2001–2003	Cross-sectional	Consecutive	DSM-IV	Outpatient	36.9	118	31.4	Lifetime	17
52	Sher (2006)	Sher <i>et al.</i> (2006)	NA	NA	Cross-sectional	NA	DSM-III	NA	42.3	58	48.3	Lifetime	13
53	Keilp (2006)	Keilp <i>et al.</i> (2006)	NA	1990-2003	Cross-sectional	Convenience	DSM-IV	Outpatient	37.3	275	38.5	Lifetime	19
54	Grunebaum (2005)	Grunebaum et al. (2005)	NA	NA	Cross-sectional	Consecutive	DSM-IV	Mixed	37.7	292	39.4	Lifetime	16
55	Corruble (2004)	Corruble <i>et al.</i> (2004)	NA	NA	Cross-sectional	Consecutive	DSM-IV	Inpatient	40.8	156	17.9	Lifetime/1 M ^e	15
56	McHolm (2003)	McHolm <i>et al.</i> (2003)	Canada	1990–1991	Cross-sectional	NA	DSM-III/ ICD-10	Outpatient	39.2	347	0.0	Lifetime	19
57	Zlotnick (2001)	Zlotnick <i>et al.</i> (2001)	USA	NA	Cross-sectional	NA	DSM-IV	Outpatient	40.6	235	34.9	1 Y	16
58	Friedman (1999)	Friedman <i>et al.</i> (1999)	NA	NA	Cross-sectional	Random	DSM-III	Outpatient	NA	19	NA	Lifetime	16
59	Berlin (1999)	Berlin <i>et al</i> . (1999)	France	NA	Cross-sectional	NA	DSM-III	Inpatient	NA	94	29.8	Lifetime	17
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60Cleare (1997)Cleare, (1997)UKNACross-sectionalNADSM-IINA39.01741.2Lifetime61\$palletta\$palletta et al.tralyNACross-sectionalConsecutiveDSM-II0utpatient20.282NALifetime62Chen andUSANACross-sectionalNACross-sectionalNADilaver, (1996)25.8Lifetime63Zisook et al.USANACross-sectionalConsecutiveDSM-IIOutpatientNA25.8Lifetime64Asnis (1993)Asnis et al.NAUSANACross-sectionalNANA197-1989NALifetime65LinkowskiLinkowskiBelgium1978-1984Cross-sectionalNANDNDNINA175NALifetime65LinkowskiLinkowskiBelgium1978-1984Cross-sectionalNARDCInpatient48.046932.4Lifetime	No.	Principal author (year)	Reference	Country	Time of survey	Study design	Sampling method	Diagnostic criteria of MDD	Source of patients	Mean age (years)	Sample size	Proportion of males (%)	Time-frame of SA	STROBE score
SpallettaSpalletta et al.ItalyNACross-sectionalConsecutiveDSM-IIIOutpatient20.282NA(1996)(1996)Chen and Dilsaver, (1996)USANACross-sectionalNADSM-IIIOutpatientNA25.8Zisook (1994)Zisook et al.USANACross-sectionalConsecutiveDSM-IIIOutpatientNA25.8Zisook (1994)Zisook et al.USANACross-sectionalConsecutiveDSM-IIIOutpatientNA25.8Asnis (1993)Asnis et al.NA1987-1989Cross-sectionalNADSM-IIIOutpatientNA235NALinkowskiLinkowskiLinkowskiBelgium1978-1989Cross-sectionalNARDCInpatient48.046932.4	60	Cleare (1997)	Cleare, (1997)	UK	NA	Cross-sectional	NA	DSM-III	NA	39.0	17	41.2	Lifetime	15
Chen (1966)Chen and Dilsaver, (1996)USANACross-sectionalNAExerciteNABoll25.8Zisook (1994)Zisook et al. (1994)USANACross-sectionalConsecutiveDSM-IIIOutpatientNA775NAAsnis (1993)Asnis et al. (1993)NA1987-1989Cross-sectionalNADSM-IIIOutpatientNA775NALinkowskiLinkowskiLinkowskiBelgium1978-1984Cross-sectionalNARDCInpatient48.046932.4	61	Spalletta (1996)	Spalletta <i>et al.</i> (1996)	Italy	NA	Cross-sectional	Consecutive	DSM-III	Outpatient	20.2	82	NA	Lifetime	16
Zisook (1994)Zisook et al.USANACross-sectionalConsecutiveDSM-IIIOutpatientNA175NAAsnis (1993)Asnis et al.NA1987-1989Cross-sectionalNADSM-IIIOutpatientNA235NALinkowskiLinkowskiLinkowskiBelgium1978-1984Cross-sectionalNARDCInpatient48.046932.4	62	Chen (1996)	Chen and Dilsaver, (<mark>1996</mark>)	USA	NA	Cross-sectional	NA	DSM-III	Outpatient	NA	801	25.8	Lifetime	15
Asnis (1993)Asnis et al.NA1987-1989Cross-sectionalNADSM-IIIOutpatientNA235NA(1993)(1993)LinkowskiBelgium1978-1984Cross-sectionalNARDCInpatient48.046932.4(1985)et al. (1985)	63	Zisook (1994)	Zisook et al. (1994)	USA	NA	Cross-sectional	Consecutive	DSM-III	Outpatient	NA	175	NA	Lifetime	14
Linkowski Linkowski Belgium 1978–1984 Cross-sectional NA RDC Inpatient 48.0 469 32.4 (1985) <i>et al.</i> (1985)	64	Asnis (1993)	Asnis et al. (1993)	NA	1987–1989	Cross-sectional	NA	DSM-III	Outpatient	NA	235	NA	Lifetime	14
	65	Linkowski (1985)	Linkowski et al. (1985)	Belgium	1978–1984	Cross-sectional	AN	RDC	Inpatient	48.0	469	32.4	Lifetime	17

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criteria, such as the Diagnostic and Statistical Manual of Mental Disorders (DSM), the International Statistical Classification of Diseases and Related Health Problems (ICD) systems or China's mental disorder classification and diagnosis standard (CCMD) diagnostic system (Chen, 2002). Intervention (I): not applicable; Comparison (C): not applicable; Outcomes (O): not applicable and Study design (S): cross-sectional or cohort studies (only the baseline data were extracted) reporting prevalence of SA or relevant data that could generate prevalence of SA. The timeframe of prevalence was reported, such as lifetime, 1 year, 1 month or from the onset of MDD. Exclusion criteria included: (1) studies conducted in special populations, such as adolescent or the elderly and (2) data extracted from medical records. Several studies on major depressive episode (MDE) included individuals with dysthymia, such as Seo et al., 2014 and Park et al., 2017 or bipolar depressive episode, such as Serafini et al., 2011 and Wakefield and Schmitz, 2016, therefore these studies were excluded with the exception of those which included only individuals with MDD (following confirmation by the corresponding authors). If more than one paper based on the same dataset were published, only the paper with the largest sample was included.

Data extraction and quality assessment

The data extraction was independently conducted by two investigators (MD and LNZ). The following information was extracted from each study using a standardized data collection form: the first author, year of publication and survey, study location, study design, sampling method, patient setting (inpatients, outpatients or mixed), diagnostic criteria of MDD, sample size, proportion of males, mean age, number of individuals with SA, assessment of SA and timeframe.

The quality of included studies was assessed with the 22-item Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) (Von Elm *et al.*, 2007). Studies with a total score >11 were considered as 'good quality' (Cao *et al.*, 2015).

Statistical analysis

The data analyses were conducted with STATA version 12.0 (Stata Corporation, College Station, Texas, USA) and Comprehensive Meta-Analysis (CMA) Version 2.0 (Biostat Inc., Englewood, New Jersey, USA). The pooled prevalence and its 95% confidence interval (95% CI) was calculated with the random effects model. Heterogeneity across studies was assessed with I^2 statistic; $I^2 >$ 50% was defined as high heterogeneity (Higgins et al., 2003). Subgroup analyses, meta-regression and sensitivity analyses were performed to explore the possible sources of heterogeneity. Subgroup analyses were performed according to the following variables: year of survey and sample size (using the median splitting method), patient setting, income level classified by the World Bank (low/middle/high) (Worldbank, 2017), broad WHO regional classification (Africa/Americas/Eastern Mediterranean/ Europe/South East Asia/Western Pacific) (Chen et al., 2018) and study design. Meta-regression analyses were performed in lifetime prevalence of SA based on sample size and percentage of males. Publication bias was estimated with funnel plots and Begg's test (Begg and Mazumdar, 1994). The statistical significance was considered as p < 0.05 (two sided).

Table 1. (Continued.)

Study (57)		ES (95% CI)	Weight(%
Mugisha 2015		0.02 (0.01, 0.04)	2.03
Li 2018	÷ 1	0.08 (0.03, 0.12)	1.96
Min 2012	*	0.08 (0.03, 0.12)	1.96
Conrad 2009		0.08 (0.05, 0.11)	2.01
Atay 2012	-	0.09 (0.06, 0.13)	1.98
Subramaniam 2014	🖷 i	0.10 (0.07, 0.12)	2.00
Baek 2014	1 I	0.12 (0.10, 0.15)	2.00
Feixas 2014	000	0.14 (0.08, 0.19)	1.93
Chen 1996	100	0.16 (0.13, 0.18)	2.01
Baek 2015	1 <u>1</u>	0.16 (0.12, 0.21)	1.97
Riihimaki 2014	<u>18</u>		1.89
Jeon 2014	22	0.17 (0.11, 0.23)	2.01
Contraction of the second s	2005	0.17 (0.15, 0.20)	Contraction of the second s
Courtett 2014		0.19 (0.18, 0.20)	2.03
Hofer 2016	1000	0.19 (0.15, 0.23)	1.97
Kang 2013	100 1	0.19 (0.12, 0.27)	1.83
Yenilmez 2014		0.21 (0.10, 0.31)	1.67
Kim 2011		0.21 (0.18, 0.24)	1.99
van 2011	🗮 i	0.22 (0.20, 0.24)	2.01
Zhu 2013	● 1	0.22 (0.21, 0.23)	2.03
Cleare 1997		0.24 (0.03, 0.44)	1.12
McHolm 2003		0.24 (0.19, 0.28)	1.96
Zisook 1994	Diama di Antonio di An	0.24 (0.18, 0.30)	1.88
Tsujii 2014		0.24 (0.18, 0.31)	1.87
Shibre 2014	70-1	0.26 (0.21, 0.32)	1.90
Oedegaard 2008		0.27 (0.13, 0.40)	1.49
Spalletta 1996		0.27 (0.17, 0.36)	1.72
Corruble 2004	600 1901		1.85
Mitchell 2011	8700	0.27 (0.20, 0.34)	1.80
NAME TO CONTRACT ON THE OWNER OF THE OWNER OWNER OWNER OWNE	1000 1000	0.28 (0.20, 0.36)	100 C
Fiedorowicz 2009	205	0.29 (0.25, 0.33)	1.97
Carlberg 2015	and a second sec	0.30 (0.24, 0.35)	1.91
Dilsaver 2008	-519	0.31 (0.23, 0.40)	1.78
Su 2018		0.32 (0.27, 0.37)	1.93
Dickerson 2017		0.33 (0.20, 0.47)	1.50
Asnis 1993	- Partie	0.35 (0.29, 0.41)	1.89
Linkowski 1985	i tte	0.37 (0.33, 0.41)	1.96
Park 2014		0.37 (0.27, 0.47)	1.68
Beier 2014		0.38 (0.24, 0.51)	1.48
Colle 2015		0.38 (0.26, 0.50)	1.58
Cyprien 2018	- 100	0.40 (0.26, 0.54)	1.49
Berlin 1999	L	0.41 (0.32, 0.51)	1.70
Friedman 1999		0.42 (0.20, 0.64)	1.02
Izci 2015		0.42 (0.33, 0.52)	1.71
Banwari 2013	100	0.44 (0.30, 0.58)	1.47
Sublette 2011	100		1.24
	100	0.47 (0.29, 0.65)	
Grunebaum 2010		0.48 (0.40, 0.57)	1.78
Ekinci 2012	100	0.49 (0.38, 0.60)	1.64
Grunebaum 2005	655	0.50 (0.44, 0.55)	1.91
Ozer 2015	1	0.50 (0.38, 0.82)	1.55
Peng 2014		0.53 (0.37, 0.69)	1.35
Keilp 2006	*	0.53 (0.47, 0.59)	1.90
Zeng 2015		0.53 (0.36, 0.69)	1.33
Sher 2006	1	0.53 (0.41, 0.66)	1.53
Hovanesian 2009		0.55 (0.43, 0.66)	1.62
Abdollahian 2009	-	0.58 (0.46, 0.70)	1.58
Ben-Zeev 2012		0.60 (0.42, 0.78)	1.26
Jandi 2010	1	0.64 (0.51, 0.77)	1.50
Gonzalez 2008	-1	0.71 (0.64, 0.78)	1.85
Overall (I-squared = 97.2%, p<0.001)	\$	0.31 (0.27, 0.34)	100.00
NOTE: Weights are from random effects analysis		-	

Fig. 2. Forest plot of prevalence of SA. (a) Lifetime prevalence of SA. (b). 1-year prevalence of SA. (c) 1-month prevalence of SA.

Results

Search results and study characteristics

Table 1 shows the characteristics of the included studies. Altogether 5255 articles were retrieved and finally 65 studies with 27 340 individuals that fulfilled the study criteria were included in the meta-analysis. The sample size ranged from 17 to 6008 individuals. The mean age ranged from 20.2 to 54.9 years. Of the 65 studies, 57 studies with 23 620 individuals reported the lifetime prevalence of SA, five studies with 3099 individuals reported 1-year prevalence of SA, nine studies with 1476 individuals reported 1-month prevalence of SA and one study reported prevalence of SA from the onset of MDD. Of the

included studies, there were 51 cross-sectional studies and 14 cohort studies. The majority of studies (n = 60) used the DSM system, two studies used ICD, two studies used DSM or/and ICD and one study used the Research Diagnostic Criteria (RDC) (Spitzer *et al.*, 1978). The quality assessment score ranges from 13 to 20, and all were considered high quality.

Overall prevalence of SA

The pooled lifetime prevalence of SA was 31% (95% CI 27–34%; $I^2 = 97.2\%$) (Fig. 2*a*), 1-year prevalence was 8% (95% CI 3–14%; $I^2 = 92.4\%$) (Fig. 2*b*) and 1-month prevalence was 24% (95% CI

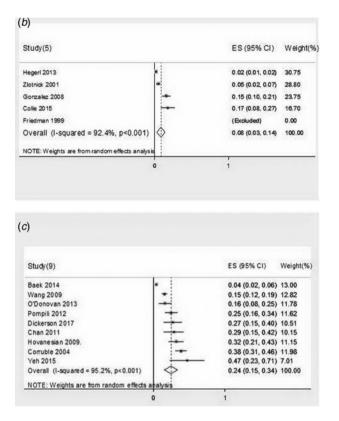


Fig. 2. (Continued.)

15–34%; $I^2 = 95.2\%$) (Fig. 2*c*). The prevalence of SA since the onset of MDD was 39.5% (Nam *et al.*, 2016).

Sensitivity analysis and publication bias

The sensitivity analysis of lifetime prevalence of SA showed that after removing each study sequentially, the pooled prevalence did not change significantly. The funnel plot showed slight asymmetry by visual inspection (Fig. 3), but did not reach significant level in the Begg's test (z = 1.07, p = 0.28) which indicated that there was no publication bias in lifetime prevalence of SA.

Subgroup analyses and meta-regression

Table 2 shows the results of subgroup analyses. Inpatient, middle/ high-income countries and geographic regions of Eastern Mediterranean, South-East Asia and Americas were significantly associated with higher lifetime prevalence of SA. In the metaregression analyses, smaller sample size (B = -0.00007, z =-11.77, p < 0.001) was negatively associated, while proportion of males was positively associated with higher lifetime prevalence of SA (B = 0.006, z = 6.56, p < 0.001).

Sample size was significantly associated with 1-year prevalence of SA while patient setting was significantly associated with 1-month prevalence of SA.

Discussion

The results showed that the pooled lifetime prevalence of SA (31%) was higher than the 1-year (8%) and 1-month (24%) prevalence of SA. The 1-year prevalence of SA is lower than the 1-month prevalence probably due to the limited number of

studies reporting 1-year prevalence; therefore the result is unstable. The lifetime prevalence of SA is substantially higher than the epidemiological surveys in general populations in China (0.8%) (Cao *et al.*, 2015), USA (4.6%) (Kessler *et al.*, 1999) and Europe (1.3%) (Bernal *et al.*, 2007).

The lifetime and 1-month prevalence of SA in inpatient settings were significantly higher than in other settings. This is not surprising given that inpatients suffering from MDD usually present with more severe depressive symptoms and psychotic symptoms, which are closely associated with SA (Witte *et al.*, 2009; Holma *et al.*, 2010). Further, the risk of SA in patients during current MDD episode was found to be 7.5 times higher than in patients who had fully remitted (Sokero *et al.*, 2005). Also, psychotic features are associated with a two-fold higher risk of SA during the current depressive episode (Coryell *et al.*, 1984; Maj *et al.*, 2007; Gournellis *et al.*, 2017). Moreover, inpatients usually need hospitalization due to insufficient treatment response, which could further increase the suicide risk in MDD (Souery *et al.*, 2007).

The meta-analysis found that socioeconomic factors were significantly associated with the risk of SA; individuals with MDD in middle- and high-income countries had a higher rate of SA than in low-income countries. However, a WHO report indicated that suicidal behaviors are more likely to occur in low and middle income countries (WHO, 2015), and low income and high unemployment were risk factors of SA (Beautrais, 2000). The lack of consistency could be related to the possibility that psychiatric disorders may play a less important role in suicidal behaviors in low- and middle-income countries compared to high-income countries (Phillips *et al.*, 2002; Vijayakumar, 2004). In addition, only two studies were conducted in low-income countries, which could affect the reliability of the results. The critical lack of research in SA in MDD patients in low-income countries needs to be urgently addressed.

The relative high lifetime prevalence of SA in Eastern Mediterranean (58.5%) and South-East Asia (44.0%) could be due to the small number of studies, i.e. only one study was done in each region respectively. The lifetime rate of SA in Americas (36.3%) and Europe (27.5%) was higher than the Western Pacific (19.8%) and Africa (9.2%) regions. This appears consistent with the different prevalence of MDD across countries, for example, the prevalence of MDD in the USA (16.9%) was much higher than in China (3.3%) (Andrade *et al.*, 2003; Low *et al.*, 2014). It is likely that the discrepancy in health resources and economic and sociocultural factors may contribute to the different SA rates across regions (Cao *et al.*, 2017).

Similar to other meta-analysis (Cao *et al.*, 2017), metaregression and subgroup analyses revealed that higher lifetime and 1-year prevalence of SA was associated with studies with small sample size, the results of which are relatively more unstable. Male gender was positively associated with lifetime prevalence of SA, which is consistent with previous findings. For example, most deaths in MDD due to suicide occurred in men (Henriksson *et al.*, 1993; Blair-West *et al.*, 1999) and male gender is a major risk factor of suicide in both depressed patients (Hawton *et al.*, 2013) and general populations (Nock *et al.*, 2008; Cao *et al.*, 2015). More severe stigma (Griffiths *et al.*, 2008), higher levels of aggression and impulsivity (Dumais *et al.*, 2003) are also associated with increased risk of suicidal behaviors.

As one of the strongest predictors of suicide (Harris and Barraclough, 1997), SA is shown to be associated with male

Funnel Plot of Standard Error by Logit event rate

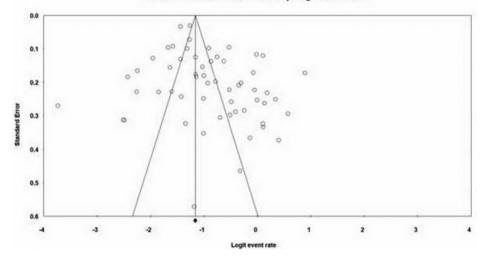


Fig. 3. Funnel plot of publication bias for lifetime prevalence of SA.

Table 2. Subgroup analyses of prevalence of SA

Subgroup	Categories (no. of studies)	Patients with SA	Total patients with MDD	Prevalence (%)	95% CI (%)	/ ² (%)	p values within subgroupª	p values across subgroups ^b
Lifetime prevalence of SA								
	Total (57)	5339	23 620	31.0	27.0-34.0	97.2	<0.001	
Year of survey	Before October 2006 (12)	1233	5032	27.3	20.3-35.6	96.0	<0.001	3.539 (0.06)
	After October 2006 (12)	347	2606	18.0	12.8-24.7	94.4	<0.001	
Source of	Inpatient (8)	403	975	48.5	36.9-60.2	84.4	0.8	18.378 (<0.001
patients	Outpatient (28)	2682	13 328	23.8	19.6-28.6	96.0	<0.001	
	Mixed (10)	1741	7148	36.2	27.1-46.4	95.4	0.009	
Income	High (42)	3519	15 278	29.3	25.1-33.9	95.4	<0.001	8.473 (0.014)
	Middle (10)	1562	6828	32.1	23.2-42.4	94.8	0.001	
	Low (2)	71	815	9.0	3.6-20.8	98.6	<0.001	
Region	Africa (2)	71	815	9.2	4.2-19.1	98.6	<0.001	26.86 (<0.001
	Americas (11)	679	2395	36.3	28.4-45.0	95.4	0.002	
	Eastern Mediterranean (1)	38	65	58.5	29.4-82.6	0	0.582	
	Europe (20)	1999	9337	27.5	22.4-33.2	93.9	<0.001	
	South-East Asia (1)	22	50	44.0	18.4–73.2	0	0.704	
	Western Pacific (14)	2017	9812	19.8	15.2-25.3	91.6	<0.001	
Study design	Cross-sectional (45)	3348	14 298	30.2	26.2–34.5	95.1	<0.001	1.868 (0.172)
	Cohort (12)	1991	9322	24.5	18.3–31.8	95.9	<0.001	
1 year prevalence of SA								
	Total (5)	87	3099	8.0	3.0-14.0	92.4	<0.001	
Source of	Outpatient (4)	76	3036	4.5	1.1-17.0	96.4	<0.001	0.872 (0.35)
patients	Mixed (1)	11	63	17.5	1.3-77.8	0	0.278	
Sample size	>162 (2)	11	63	2.6	1.1-6.9	90.9	<0.001	8.835 (0.003)
	≼162 (3)	36	244	14.3	6.6-28.1	3.4	<0.001	

⁽Continued)

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Table 2. (Continued.)

Subgroup	Categories (no. of studies)	Patients with SA	Total patients with MDD	Prevalence (%)	95% CI (%)	1 ² (%)	p values within subgroup ^a	p values across subgroups ^b
Region	Americas (3)	36	416	6.8	1.2-30.6	84.8	0.004	0.037 (0.847)
	Europe (2)	51	2683	5.3	0.7–29.6	98.0	0.005	
Study design	Cross-sectional (3)	22	317	7.0	1.1-34.4	82.1	0.009	0.056 (0.841)
	Cohort (2)	65	2782	5.0	0.6-31.7	98.8	0.008	
1 month prevalence of SA								
	Total (9)	238	1476	24.0	15.0-34.0	95.2	<0.001	
Year of survey	Before October 2008 (2)	34	131	26.6	6.9–63.9	0	0.209	0.922 (0.337)
	After October 2008 (2)	35	603	10.8	2.4-36.9	96.8	0.009	
Source of	Inpatient (6)	138	453	29.8	22.5-38.3	66.4	<0.001	24.244 (<0.001)
patients	Outpatient (1)	22	555	4.0	1.7-8.8	0	<0.001	
	Mixed (1)	13	48	27.1	12.3-49.6	0	0.046	
Sample size	>75 (4)	169	1220	16.6	7.4–33.1	97.1	0.001	1.245 (0.265)
	≼75 (5)	69	256	28.8	14.7-48.7	52.3	0.038	
Income	High (6)	137	939	21.8	10.1-40.9	95.4	0.006	0.002 (0.961)
	Middle (2)	77	462	21.0	5.3-55.9	77.9	0.096	
Region	Americas (1)	13	48	27.1	4.8-73.1	0	0.329	0.249 (0.883)
	Europe (2)	34	163	20.2	5.9–50.4	42.7	0.053	
	Western Pacific (4)	107	1034	17.5	7.3-36.4	94.9	0.002	

SA, suicide attempt.

Bolded values: p < 0.05.

^aTest of heterogeneity within subgroups.

^bTest of prevalence of SA across subgroups.

gender, acute disorders occurring in the week preceding death and inadequate pharmacotherapy in patients with severe psychiatric disorders including MDD (Shibre *et al.*, 2014). The association between male gender and SA was confirmed in the meta-regression analyses. The possible reason could be that male patients with MDD were more likely to present with impulsive and aggressive behaviors and have alcohol abuse, all of which could increase the risk of suicide-related behaviors including SA (Dumais *et al.*, 2005).

The strengths of this meta-analysis include the large number of studies across many countries and the large sample size. However, several methodological limitations need to be noted. First, publication bias was not assessed for 1-year and 1-month prevalence of SA since the number of eligible studies with available data were <10 (Wan et al., 2013). Second, certain variables related to SA were unavailable, such as medical and psychiatric comorbidities, treatment sought from professionals for MDD, treatment type, urban or rural residence, illness severity and psychiatric comorbidities (Vickers and McNally, 2004; Dumais et al., 2005; Sher, 2006; Nepon et al., 2010; Hawton et al., 2013). Third, heterogeneity could not be avoided in the meta-analysis of epidemiological studies (Winsper et al., 2013; Long et al., 2014) although subgroup analyses have been conducted. The heterogeneity could be attributed to different socioeconomic contexts, sampling methods, depression severity and antidepressant treatments. Fourth, the possibility of recall bias in SA could not be excluded. This meta-analysis confirmed that SA was very common in individuals with MDD worldwide, especially among inpatient populations and those living in high-income countries. It is critical to develop and implement effective screening and appropriate interventions for SA in the MDD population.

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Conflict of interest. None.

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