Cities Where Women Rule: Female Political Incorporation and the Allocation of Community Development Block Grant Funding

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While individual women representatives in government have been found to behave differently than men, the causal connection between the increased presence of women in elected offices and the production of women-friendly policies is tenuous at best. This study leverages the variation in women's office holding, government structures, and policy outputs found in American cities to address that puzzle. It argues that when women obtain leadership positions in municipal government and when the positions they hold have greater power relative to other municipal positions, cities will be more likely to produce policy outputs that are often associated with women's interests and needs. Utilizing an original city-level dataset and modeling women's presence as mayors and policy outputs endogenously, the results reveal that empowered female executives in municipal governments influence expenditure decisions made as part of the federal Community Development Block Grant program. The findings suggest that political scientists should consider not only the presence of an underrepresented group, but also the relative amount of power that group has when assessing the effects on substantive representation.

When and how are women represented in government policymaking? While women now hold more offices than they did 30 years ago,

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uncertainty remains about whether their increased presence impacts macrolevel policy outputs at any level of government. In light of the uncertainty, this study poses a set of questions: Do cities with significant numbers of women in elected offices have more women-friendly policies? Do women need to obtain the most powerful positions to make those policies happen? While the study begins with the expectation that female officials will produce policy benefits for women as a group, a larger goal is to shed light on the institutional factors that condition the range of policies that they are able to effect.

Existing research teaches us much about the connection between women's descriptive (numerical) representation and responsiveness to women's issues in the policymaking process. Nonetheless, inquiry in this area can be expanded in several ways. First, many studies focus on the behavioral differences of male and female officials in public offices, while fewer consider the relationship between the presence of increasing numbers of women in political institutions and the production of women-friendly policy outputs (notable exceptions include Bratton 2005; Bratton and Ray 2002; Cowell-Meyers and Langbein 2009; Schwindt-Bayer and Mishler 2005; Weldon 2002, 2004; Wittmer and Bouche 2013). Furthermore, results from this latter line of inquiry have yielded mixed results at best. This highlights an empirical puzzle: if individual female officials make a difference for representing women's interests, why are institutions with more women not producing distinctive policy outputs? By centering attention not simply on women's presence in public offices, but also the relative amount of power they have while there, this study makes headway toward addressing the puzzle. Unlike most studies that simply consider numerical representation, this approach acknowledges that structural features of governments often affect the ability of government officials to exert power and shape final policy outputs.

Furthermore, political scientists have devoted relatively little attention to the study of women and women's representation in local politics (Boles 2001; Dolan 2008; MacManus and Bullock 1995; Reingold 2008). Yet cities vary in numerous important ways, including governmental structure, electoral institutions, and women's presence as officeholders—each of which may be consequential for understanding policy responsiveness to women as a group. Moving from individual representatives' policymaking behavior to municipal-level policy outputs provides leverage for addressing the aforementioned empirical puzzle and for understanding contingencies in the relationship between women's numerical and substantive representation.¹ Relatedly, more attention has been devoted to the policy impact of women in legislative rather than executive offices (but see Saltzstein 1986), likely due to the paucity of female executives serving at the state and national levels. This study relies on the variation in the gender of mayors across cities to assess the effect of having female executives.

Finally, few studies are able to separate the causal impact that female officials have on policy outputs from the institutions and political conditions that brought them into office in the first place. This research presents a novel identification strategy, employing an instrument of women's presence as commissioners in overlapping counties, to surmount this empirical hurdle and produce unbiased estimates of the connection between women's presence and power and municipal policy outputs.

Something beyond women's mere presence in government may be necessary to produce policy responsiveness to women as a group. In the context of urban politics, and perhaps more broadly, political incorporation is required (Browning, Marshall, and Tabb 1984). When women obtain leadership positions in municipal government and when the positions they hold have greater power relative to other municipal positions, cities will be more likely to produce policy outputs that are often associated with women's interests and needs. Borrowing from research on race and urban politics (Browning, Marshall, and Tabb 1984; Haynie 2001; Preuhs 2006), female political incorporation is defined as the extent to which women are positioned to exercise significant influence over the municipal policymaking process; it is a key variable that may intervene between the presence of female officeholders and policy responsiveness to women.

The empirical analysis examines whether female political incorporation influences cities' spending patterns in the federal Community Development Block Grant (CDBG) program—a program that is comparable and measurable over a large group of cities and subject to a broad degree of discretion by local officials. The female political incorporation hypothesis is tested with an original cross-sectional dataset of the largest American cities in 2006, which includes unique and previously untapped data sources. Modeling women's incorporation and women-friendly policy outputs endogenously, the results show that cities with female mayors who are equipped with significant policymaking powers devote a higher percentage of their CDBG funding to services

^{1.} Substantive representation is the extent to which government officials enact and implement policies that address the needs and interests of their constituents (Pitkin 1967).

and centers for youth, childcare, and abused spouses and children. The findings suggest that political scientists should consider not only the presence of an underrepresented group, but also the relative amount of power that group has when assessing the effects on substantive representation. Furthermore, women in executive leadership positions may play an important yet understudied role in producing femalefriendly policies. The study supplements and extends a growing body of work on the policy impact of women's presence and power in government and politics.

THE POLICY IMPACT OF WOMEN'S PRESENCE AND POWER IN MUNICIPAL GOVERNMENTS

Over the past four decades, political scientists have demonstrated that female representatives in American state legislatures and Congress make a difference for the advancement and protection of women's interests (Barrett 1995; Burrell 1994; Carey, Niemi, and Powell 1998; Diamond 1977; Dodson 2006; Dodson and Carroll 1991; Poggione 2004; Swers 2002; Thomas 1991; Wolbrecht 2002). By and large, researchers have found that female representatives are more likely than their male counterparts to take leadership roles on feminist policy agendas and support legislation that deals with issues of traditional concern to women (Barrett 1995; Carey, Niemi, and Powell 1998; Diamond 1977; Dodson and Carroll 1991; Poggione 2004; Thomas 1991). Moreover, female state legislators have been found to express a sense of responsibility to represent women's policy preferences and to see women as a distinct component of their constituencies (Reingold 2000; Thomas 1994). At the national level, female members of Congress are more likely than men to vote in favor of legislation that promotes women's interests. Studies relying on roll-call votes in Congress have found that gender has a significant influence on voting patterns for specific gender-related concerns like abortion (Tatalovich and Schier 1993) and broadly defined sets of women's issues (Burrell 1994; Dodson 2006; Swers 2002). More recently, scholarly attention has gone beyond roll-call votes to identify the effects of congresswomen throughout the legislative process. It finds, in particular, that congresswomen are more likely than congressmen to sponsor and cosponsor women's issues legislation (Swers 2002; Wolbrecht 2002).

Ålthough individual women representatives do act differently than men, the connection between having more women in political institutions and the production of policies that benefit women's interests is tenuous at best. This is true no matter whether one compares across cities (Bratton and Ray 2002; Kerr, Miller, and Reid 1998; Saltzstein 1986), states (Berkman and O'Connor 1993; Cowell-Meyers and Langbein 2009; Thomas 1991; Tolbert and Streuernagel 2001; Weldon 2004), or countries (Kittilson 2008; Schwindt-Bayer and Mishler 2005; Weldon 2002). The results of this sparse literature on the connection between descriptive and substantive representation at the institutional level of analysis leaves us with a puzzle: in some cases, female public officials are able to produce substantive representation as their numbers grow (Berkman and O'Connor 1993; Bratton and Ray 2002; Kittilson 2008; Schwindt-Bayer and Mishler 2005), but in others, there are diminishing marginal returns to women's increasing presence (Crowley 2004). In still other instances, women's presence fails to impact the production of women-friendly policies, one way or the other (Cowell-Meyers and Langbein 2009; Tolbert and Streuernagel 2001; Weldon 2004). If individual female representatives pay more attention to and are more involved in issues that are important to women, why are institutions with more women not always more likely to provide policy responsiveness? A theoretical model that focuses on positional power provides an important link between women's descriptive and substantive representation that existing scholarship has yet to consider.

Cities are a promising domain to study women's representation in policymaking because variation in women's office holding and in the design of municipal institutions extends beyond that which exists at the state and national levels. However, due to structural constraints on municipal spending decisions (Peterson 1981), cities may also be a hard context for finding a connection between women's office holding and leadership and the production of women-friendly policies. According to Paul Peterson (1981), city officials are decidedly limited in their capacity to affect policymaking, for they must pursue economic development policies above all else. Municipal officials, regardless of their gender, do not have much room to pursue political agendas, especially related to underrepresented group interests (but see Stone 1989; Swanstrom 1988). This is because progressive policymaking, often associated with group interests, attracts the poor and causes an exodus of the rich. Since cities require a stable tax base to stay solvent, officials may be constrained in their ability to pursue women-friendly policies.

Furthermore, some question whether there are real differences in elite behaviors and attitudes when it comes to local problems. They claim that "gender differences tend to decline with level of office" (Boles 2001, 69) and that municipalities are not where heated issues of the women's rights agenda are deliberated over and decided upon (Beck 2001; Donahue 1997). For example, Beck's (2001) study demonstrates that men and women in municipal government share the same policy priorities, namely maintaining low taxes and high property values (see also Donahue 1997; Weikart et al. 2007). Other studies have reached different conclusions. For instance, in her study of 174 cities with 500 to 10,000 employees, Saltzstein (1986) finds that the presence of female mayors positively and significantly influences the number and types of municipal government jobs held by women (see also Kerr, Miller, and Reid 1998). Likewise, Schumaker and Burns (1998) find that gender cleavages in the opinions of policymakers in Lawrence, KS, exist on 20 out of the 30 policy issues included in their study and are particularly acute on issues involving economic growth, neighborhood protection, and social welfare (see also Boles 2001). Yet, they also report that policy outcomes tended to reflect the preferences of men.

Finally, some wonder whether there are gender differences in public attitudes regarding local issues. However, an examination of data from the Knight Foundation's 2002 Community Indicators Survey suggests that men and women do, in fact, have different preferences about local issues.² The survey reveals that women were more likely than men to state that a range of issues are a problem in their community, including crime, drugs, and violence; unemployment; homelessness; illiteracy; lack of affordable/quality childcare; and too many unsupervised children/ teens. The gap between men and women was especially large for issues like unemployment and lack of affordable and quality childcare. Therefore, it appears that there may be gender gaps in public perceptions of local issues, especially those issues that concern women's traditional role as caregivers.

Women's increasing presence in public offices may not always or automatically yield responsiveness to women's interests, especially at the municipal level. As Browning, Marshall, and Tabb found close to 30 years ago, other variables sometimes intervene between "sheer" numbers and the substantive representation of various marginalized groups (Beckwith and Cowell-Meyers 2007). Thus, my main hypothesis is as follows:

^{2.} The survey examined quality-of-life issues in the 27 cities where the Knight-Ridder Corporation owns newspapers. It also included respondents from a national random sample, yielding a sample size of 18,505. Detailed analyses of the survey are available from the author.

 H_1 : When women assume key positions in city governments, especially the mayoralty and council seats, and when the offices they hold have greater power relative to other municipal positions, cities will be more likely to produce policies that are often associated with women's needs and interests.

When the structure of city government is such that the offices that women hold are equipped with more power relative to other municipal positions, then they will improve policy responsiveness to women as a group.

DEFINING AND OPERATIONALIZING POLICIES THOUGHT TO BENEFIT WOMEN'S INTERESTS

Just as there are differences between men and women, there are also significant differences among women (Jonasdottir 1988), and any essentialist notion of "an exogenously given, universally shared, fixed female identity" that creates a common set of interests among all women is faulty (Franceschet and Piscopo 2008, 396). Also, in many cases, women's interests are not mutually exclusive from the interests of men. Nonetheless, certain issues are commonly associated with women. These issues are likely to exist despite the presence of significant cleavages among women and the fact that men's issues and women's issues are not always or necessarily mutually exclusive. Following the work of other scholars who have defined policies thought to benefit women's interests in comparative analyses (Beckwith and Cowell-Meyers 2007; Bratton 2005; Cowell-Meyers and Langbein 2009; Reingold 2000; Schwindt-Bayer and Mishler 2005; Swers 2002; Thomas 1991, 1994), I define this concept as those that (a) improve women's social, political, and economic status in relation to men, (b) address women's unique needs related to their bodies and health, and/or (c) concern women's traditional role as caregivers. Broader definitions are preferable to narrower ones for two reasons. First, women are a heterogeneous group, and so defining women's interests narrowly may exclude the interests of certain subgroups. Second, a broader definition permits comparison of the results to previous studies on women's substantive representation.

I operationalize policies that improve women's social and economic status, address women's unique needs, and concern women's caregiving role as the percentage of Community Development Block Grant funding that cities allocate to programs and services for childcare, youth, abused and battered spouses, and abused and neglected children. Previous research indicates that female elected officials care more about and spend more time working on these issues than similarly situated men (Dodson 2006; Dodson and Carroll 1991; Poggione 2004; Swers 2002; Thomas 1994; Wolbrecht 2002), including both social welfare issues, like childcare and youth services, and feminist issues that promote role change for women, like help for victims of domestic violence. Female representatives' increased advocacy may be the result of the gender gap in public opinion and voting behavior especially with regard to social welfare issues (Kaufmann and Petrocik 1999; Swers and Larson 2005) and/or the tendency for female representatives to view women as a distinctive part of their constituency (Carroll 2002; Reingold 2000; Thomas 1994).

The Community Development Block Grant was signed into law as part of the Housing and Community Development Act of 1974 with the goal of making "power, funds, and responsibility . . . flow from Washington to the States and to the people" (Rich 1993, 29). Continuing today, CDBG gives local decision makers flexibility to pursue programs that are consistent with their communities' needs (Brooks and Phillips 2010). Cities and qualified urban counties are entitled to a block of funds "to be spent at local option, but within broad guidelines established by Congress" (Walker et al. 2002, i). As long as funds principally benefit low- and moderate-income people, a variety of activities may be pursued, including public services, economic development, housing, and public improvements. The analysis considers the percentage of CDBG disbursements that are spent on child and youth care as well as services for abused children and spouses.

CDBG is "the major source of federal aid for most city governments," (Rich 1993, 56) and since the mid-2000s, Congress has allocated approximately \$5 billion per year to the program (Cytron 2008).³ Central cities in metropolitan areas, metropolitan cities with populations of at least 50,000, and urban counties with populations of 200,000 or more are entitled to funding. Funds are distributed based on a formula of community need, which includes population size, extent of poverty, age of the housing stock, housing overcrowding, and population growth in relation to other metropolitan areas (Walker et al. 2002).

I consider the allocation of CDBG funding in the empirical analysis because local officials, particularly mayors and council members, have

^{3.} Nonetheless, real per capita CDBG funding has declined by almost three-quarters since 1978. The number of communities receiving CDBG has nearly doubled over time, from 606 in 1975 to 1,201 in 2008, without commensurate increases in federal funding (Cytron 2008, 21).

discretion in deciding how CDBG funds will be spent (Brooks and Phillips 2010; Rich 1993). In the American system of federalism, municipal officeholders are constrained in their ability to impact policy outputs since cities are not constitutionally recognized as independent (Nivola 2002; Rich 2003). In order to determine whether female political incorporation produces policies thought to benefit women's interests, one must consider policy outputs over which municipal officials have discretion, as is the case for the CDBG program.

MODELS, DATA, AND MEASUREMENT

The analysis considers whether women's presence in municipal government positions and the structural power they have influences expenditure decisions that are made in the CDBG program. To assess the hypothesis, I compiled a cross-sectional dataset that includes the 239 American cities with populations of 100,000 or more in 2006. I limit the analysis to midsized and large cities for several reasons. First, limiting the sampling frame to larger cities with a more accessible and accurate presence on the Web enables me to include a more complete sample of municipalities than those in previous studies. Second, my focus on larger cities with greater degrees of political competition and more socioeconomic and demographic heterogeneity.

I collected data from a variety of sources, including the 2001 and 2006 Form of Government surveys of the International City/County Management Association, the 2002 Survey of Business Owners, and the 2000 decennial census by the U.S. Census Bureau, the Mayoral Election Center of the U.S. Conference of Mayors, the *Municipal Yellow Book* from 2001 and 2006, and municipal Web sites, among several others.⁴

It is important to separate the effects of women in municipal positions on policy outputs from the factors that delivered them into these posts in the first place (Cowell-Meyers and Langbein 2009; Hopkins and McCabe 2012). I take a novel approach, modeling via a two-stage treatment regression—first, the determinants of women's presence as mayors and, second, the connection between women's presence and power and policy outputs. The treatment effect model includes ultimate outcome measures (that is, CDBG allocation decisions) for cities that both did

^{4.} A full description of the sources and measures is found in Table A1 of the Appendix.

and did not have female mayors.⁵ The first stage dependent variable is thus a dichotomous measure of whether a city had a *female mayor* in 2006.

For the second-stage dependent variable, it is critical to identify a policy output that is subject to local discretion, comparable and measurable across cities, and a valid operationalization of the concept, policies thought to benefit women's interests. The CDBG program satisfies these criteria. Local policymakers make yearly allocation decisions (Brooks and Phillips 2010; Rich 1993), and all cities report how they spend their funds to the U.S. Department of Housing and Urban Development in annual CDBG Expenditure Reports, which are available on the Internet. I chose four program areas that are closely connected to improving women's social and economic status and to addressing women's unique needs and/or their traditional role as caregivers. The dependent variable, *CDBG allocations to women's issues*, is the percentage of funds that cities spent on services and centers for childcare, youth, abused and neglected children, and battered and abused spouses in 2007.⁶

In the first stage, I include a variety of independent variables that previous research has found to influence women's election as mayors. First, scholars have long argued that the less prestigious and powerful the position, the more likely women would be to hold it (Diamond 1977; Karnig and Walter 1976). They reasoned that executive offices with more visibility and policymaking authority are more prestigious and thus more desirable to men who want to make an impact in their communities or rise to higher-level offices. Therefore, women will face stiffer competition for such slots. With this logic in mind, I include several measures of the desirability of the mayor's office. Strong mayor is a scale of whether the mayor has the power to (1) develop the annual budget, (2) veto council passed ordinances, and (3) appoint department heads. The scale ranges from 0, indicating that the city has a councilmanager form of government and the mayor does not have power to develop the budget, appoint department heads, or veto the council, to 3, indicating a mayor-council form of government, wherein the mayor possesses all of these powers. I also include term length (measured in years) and *population* (logged). Since mayors appointed by rotation or

^{5.} An instrumental variable, the percentage of women serving on the commissions in overlapping counties, makes this identification approach possible.

^{6.} The dependent variable is measured in percentages rather than real dollar values because each municipality receives CDBG funding based on a formula of community need, and thus the total disbursement varies from one place to the next. Examining the percentage of total allocations makes the dependent variable comparable across cities in the dataset.

council selection typically have less authority than elected mayors, the models also include a dichotomous indicator of whether the *mayor is elected directly by voters*. If the desirability esis carries weight, female mayors should be less common in cities where there is a strong mayor form of government, the mayor serves for longer terms, the population is larger, and the mayor is directly elected by voters.

Second, several electoral institutions may be relevant to women's presence as mayors. Although research on state legislative elections suggests mixed effects (Moncrief, Powell, and Storey 2007), scholars have long predicted that term limits have promise for ousting entrenched white male incumbents. Moreover, Trounstine and Valdini (2008) find that term limits have a significant, positive effect on the numbers of women serving on city councils. I therefore include term limits, a dichotomous indicator of whether there are limits on the number of terms that mayors may serve. Next, *partisan elections* is a dummy variable indicating whether party affiliations appear on ballots in city elections. Theoretical expectations regarding partisan elections are contradictory. Some scholars speculate that nonpartisan elected offices are more open to women and other less connected political aspirants (Karnig and Walter 1976; MacManus and Bullock 1995; Welch and Karnig 1979) while others, arguing that political parties are supportive of female candidates, are skeptical that nonpartisan contexts are any better (Darcy, Welch, and Clark 1994). Nonetheless, I include this measure, especially since a recent study finds that women are less likely to be mayors in cities with partisan elections (Smith, Reingold, and Owens 2012).

Third, women are more likely to serve as mayors in cities where the political context is favorable to them and where they have more resources at their disposal. Previous research demonstrates that states and cities with more liberal electorates elect greater numbers of women to political offices (Arceneaux 2001; Sanbonmatsu 2002; Smith, Reingold, and Owens 2012). The *ideology* variable measures vote returns at the city level from the 2004 presidential election. It is the percentage of the city-level vote that went to the Democratic presidential candidate and any liberal third-party candidates who received more than 0.1% of the votes cast in a city.⁷ A higher score indicates that the electorate is more liberal

^{7.} Presidential vote returns are not ideal proxies for ideology. However, evidence from the state level suggests that the positive relationship between partisanship and ideology has strengthened and stabilized since 1988 (Erickson, Wright, and McIver 2006). Erikson, Wright, and McIver (2006, 250) report that although "[p]artisan cleavages provide a bit of electoral stickiness ... they appear to follow the fundamental differences between contemporary liberals and conservatives."

and thus more likely to elect a female mayor. Likewise, the supply of women candidates should be larger in localities where women have relatively higher socioeconomic status; women running in these areas will also have a larger pool of supporters to draw on during their campaigns and in the ballot box. Thus, I include a factor score of *women's socioeconomic resources*, which combines the percentage of college-educated women, female median income, and the number of women-owned businesses.⁸

I also control for the *percent female council members lagged*, which is the percentage of council seats women held in 2001, because research suggests that the election of women as mayors and council members are interdependent phenomena (Smith, Reingold, and Owens 2012). Women who are considering a run for the mayor's office often emerge from city councils and/or take into account the gender composition of the council to see how likely the electorate would be to support their candidacies.

I use an instrumental variable to address the possibility that women's presence in municipal offices is endogenous to their policy impact. The instrumental variable approach "replaces the problematic independent variable [in this case, female mayor] with a proxy variable that is uncontaminated by error or unobserved factors that affect the outcome [women-friendly policy outputs]" (Sovey and Green 2011, 188). I employ percent female county commissioners as an instrument of female *mayor*. The variable measures the percentage of women on commissions in overlapping county jurisdictions in 2006, adjusted for the proportion of the city that lies within a particular county's boundaries. This variable is correlated with the presence of a female mayor since many of the same voters and political conditions that produced a particular percentage of women on overlapping county commissions are also responsible for the presence of a female mayor. Importantly, however, the variable also satisfies the exclusion restriction (Sovey and Green 2011): since county commissioners do not vote on or otherwise produce

^{8.} I ran a principal components factor analysis to generate the factor score. All three components loaded onto a single factor. The loadings were 0.89 for the percentage of college-educated women, 0.86 for female median income, and 0.79 for the number of women-owned businesses. I use the factor score rather than its individual components because from a practical standpoint, the individual measures are strongly correlated with one another. Including them individually in the same model would yield multicollinearity. Also, the factor score captures the broader underlying concept of women's socioeconomic resources. Finally, there is no theoretical reason to expect the three measures to have different effects on the dependent variable.

city level policies, *percent female county commissioners* is exogenous to the second stage dependent variable.

In the second stage, I include a variety of measures that are likely to predict the proclivity of a city to devote CDBG funding to women-friendly policy areas. First, I use a series of variables to test the main hypothesis. I consider female political incorporation in relation to variation in the forms of municipal government-mayor-council with a strong mayor (and weak council), mayor-council with a weak mayor (and strong council), and council-manager (typically, with a weak mayor and strong council). In the mayor-council structure, residents elect both a mayor and city council members to represent them. Mayor-council governments may have either a strong or weak mayor. In the former, more power is vested in the mayor than in the city council and in the latter, more power is vested in the council. In council-manager governments, voters choose members of the council and may choose a mayor, who presides over and votes on the council, but the mayor is less independent than in the mayor-council system. The council makes policy decisions and appoints a manager to implement its policies (Nelson and Svara 2010; Pelissero 2003).

In order to produce policy responsiveness, the positions that women hold in government must be vested with more power than positions they do not hold at the time. Therefore, in addition to *female mayor*, I include *percent female council members*, which is the percentage of city council seats held by women in 2006, as another measure of women's descriptive representation. I interact both of these variables with the *strong mayor* scale described above. If, as my hypothesis predicts, *CDBG funding allocated to women's issues* increases as women gain more structural power, then the coefficient on the interaction between *female mayor* and *strong mayor* should be positively signed while the one on *percent female council members* times *strong mayor* should be negatively signed.

Second, four variables capture the cities' need or demand for CDBGfunded programs like childcare and services for abused spouses. The first, *percent in poverty*, is the percentage of the population whose income is below the poverty level. The second, *percent minority*, is the percentage of the population that is Black, Native American, Asian/ Pacific Islander, or Hispanic. The third, *percent below five*, measures the percentage of the population that is younger than five years of age. Finally, the total *population* size is included, with larger cities expected to exhibit a greater demand for such services.

Third, as in the first stage, I include *ideology*, where higher scores indicate that the city's electorate is more liberal, and thus the city will

allocate more CDBG funding to women-friendly policy areas. It would be extremely difficult to measure the partisan affiliations of municipal officials across cities, particularly because just 19% of cities in the dataset hold partisan elections. Yet, cities with liberal electorates and therefore liberal elected officials may be more likely to allocate CDBG funding to programs that benefit women's interests. Although women's interests are numerous and varied, many overlap with issues that the Democratic Party has traditionally promoted.

Fourth, women's extragovernmental resources may affect the percentage of CDBG funding devoted to women's issues. Individuals are more likely to participate in government processes and policymaking when they have the resources like time, money, and civic skills to do so (Burns, Schlozman, and Verba 2001; Verba, Schlozman, and Brady 1995). Women, particularly those with more resources at their disposal, may use nongovernmental means, in addition to elected offices, to promote and secure advances for women in local level policymaking. Therefore, the second stage includes the factor score of *women's socioeconomic resources* with the expectation that as this measure increases, women will have a greater ability and inclination to press municipal governments to respond to their demands and devote a greater percentage of CDBG funding to women's issues.

Finally, I control for the lagged value of the dependent variable, with the idea that CDBG spending decisions made in the current year are partially dependent on their value in the preceding year. I also include a measure of *CDBG per capita*, which is the total CDBG disbursement the city has received divided by its population. Cities with greater per capita disbursements should have more flexibility to allocate funds to womenfriendly policy areas, after controlling for population size and measures of need.

RESULTS

I first summarize the descriptive statistics with regard to the dependent and key independent variables, showing how CDBG allocations and women's office holding varied across the country's large and midsized cities in 2006–2007. Then I present the results of the main model, which estimates the effects of women's presence and power on CDBG allocation decisions. I compare this analysis to one where women's numerical representation is considered alone, which shows that there is

much to be gained by considering a theoretical model that incorporates the structural features of governments. Finally, I summarize the findings of an analysis that considers the impact of women's incorporation on an arguably less female-friendly policy area, local economic development.

Descriptive Analysis

The presence of women as mayors and council members varied significantly across the cities in 2006. Of the 239 cities, 32—or 13%—had female mayors. In terms of legislatures, the percentage of council members that were women ranged from a minimum of zero to a maximum of 77.8, with a median value of 28.6. This underscores the benefits of examining women's representation at the municipal level, where their presence in office varies to a much greater degree than it does at the state level, where the maximum percentage of female state legislators is currently 42 in Colorado (CAWP 2013), and in Congress, where just 18% of representatives are women.

Likewise, structural features of governments and policy decisions vary across the localities. For instance, 112—or 46.9%—of the cities in the dataset have strong council-weak mayor systems (where the strong mayor variable is 0), whereas 89—or 37.2%—have relatively or very strong mayors (where the strong mayor scale is 2 or 3). As we will see, this variation has significant consequences for the extent to which female officials are able to influence the policy making process.

In terms of the policy outputs, the minimum value of the dependent variable is zero, while its maximum is 22.8. The mean percentage of CDBG funding allocated to women's issues is 3.1, which indicates that, on average, cities allocate a fairly small proportion of their annual CDBG distribution to women's issues. In dollars, the mean amount of CDBG funding devoted to women-friendly programming is \$184,586, while the range is \$0 to \$5,746,585. In short, cities vary significantly in terms of their proclivity to devote CDBG funding to women's issues. The question is, what determines such differences among cities? This is the question to which the remainder of this section turns.

Multivariate Analysis of Women's Presence and Power

The two-stage treatment models in Table 1 assess whether women's presence and power in government influenced the expenditure decisions

	Model 1, descriptive representation Stage 1: Stage 2:		Model 2, political incorporation Stage 1: Stage 2:	
	female mayor	CDBG allocations to women's issues	female mayor	CDBG allocations to women's issues
Female mayor		-0.798 (1.144)		-2.043 (1.301)
Percent female		-0.017		-0.017
Strong mayor	-0.032 (0.135)	-0.194 (0.196)	-0.006 (0.131)	-0.457 (0.329)
Female mayor × strong mayor	× ,			2.089 ^{**} (0.495)
Percent female councilors × strong mayor				-0.002 (0.009)
Women's socioeconomic	0.208 (0.136)	0.620** (0.283)	$\begin{array}{c} 0.214 \\ (0.137) \end{array}$	0.513* (0.276)
resources Percent below poverty		0.046		0.017
Percent minority		-0.016		(0.049) -0.022 (0.015)
Percent under five		0.334* 0.197		0.389** (0.191)
Ideology	$ \begin{array}{r} -0.018 \\ (0.011) \end{array} $	-0.002 (0.020)	$ \begin{array}{r} -0.018 \\ (0.011) \end{array} $	0.006 (0.019)
Population (in 1000s,	-0.021 (0.220)	0.202 (0.315)	-0.021 (0.218)	0.170 (0.299)
CDBG spending per	(0.220)	0.004	(0.210)	0.025
CDBG funds allocated		(0.027) 0.666** (0.048)		(0.027) 0.696^{**} (0.046)
Term length	0.059	(0.010)	0.044	(0.010)
Mayor elected directly by voters Term limits	0.094 (0.553) 0.130		0.121 (0.559) 0.126	
Partisan elections	(0.277) -0.310 (0.467)		(0.2/8) -0.280 (0.470)	
Percent female councilors (lag)	0.022** (0.008)		0.021** (0.008)	

Table 1. Determinants of CDBG allocations to women's issues: the impact of women's presence and power

Continued

	Model 1, descriptive representation		Model 2, political incorporation	
	female mayor	CDBG allocations to women's issues	female mayor	CDBG allocations to women's issues
Percent female county commissioners Constant	$\begin{array}{c} 0.012^{*} \\ (0.007) \\ -1.413^{**} \\ (0.657) \end{array}$	-1.086 (1.836)	$\begin{array}{c} 0.012^{*} \\ (0.007) \\ -1.430^{**} \\ (0.659) \end{array}$	-1.457^{**} (1.865)
Number of cities Chi-squared Prob > chi-squared	178 217.11 0.001		178 258.41 0.001	

Table 1. Continued

*p < 0.10, **p < 0.05.

that cities made as part of the CDBG program in 2007.⁹ In both models, the first stage predicts whether a city had a female mayor in 2006, relying on the exogenous instrument for identification, and then the second stage examines whether women's representation causes cities to devote a greater percentage of their CDBG funding to women's issues.

Model 1 considers the impact of "simple" numerical representation on CDBG allocations. In Stage 1 of the model, where the dependent variable is the presence of a female mayor, the most critical independent variables are the percentage of commission seats in overlapping counties that are occupied by women (the exogenous instrument) and percent female councilors lagged. Cities that had more women on their councils in 2001 were more likely to have a female mayor in 2006, either because these mayors rose from the council ranks or considered the gender diversity of the council when deciding to mount campaigns. Likewise, the percent female county commissioners variable is a positive predictor of having a female mayor, indicating the relevance of the instrument. The factor score of women's socioeconomic resources is positive and just beyond standard significance levels (p < 0.125), meaning that cities

^{9.} The models include a smaller number of cities than the 239 previously discussed. Since the instrument measures women's presence on commissions in overlapping counties, the models necessarily exclude independent cities that do not have overlapping counties (like the City of Baltimore, MD), consolidated city-county governments (such as the Metro Government of Nashville and Davidson County), and cities for which the county does not have an official government or where the county government has been phased out (e.g., counties in Massachusetts).

where women have more socioeconomic resources at their disposal are more likely to elect a female mayor. Such resources may be indicative of the supply of qualified female candidates who have the skills, training, and resources to run for mayor and/or of an electorate that is willing and able to support women's candidacies during the campaign and in the ballot box. It is interesting that when percent female councilors lagged and percent female county commissioners are controlled for, several other predictors of women's presence as mayor emerge as insignificant, including measures of the desirability of the mayoralty and electoral institutions. The political context of cities, particularly the presence of female county commissioners and women on the city council in recent years, and women's presence as mayors.

In the second stage of Model 1, many of the expected predictors of CDBG allocations to women's issues fail to reach standard significance levels. Importantly, however, the factor score of women's socioeconomic resources is positive and highly significant. When the factor score is two standard deviations below its mean, the predicted percentage of CDBG funding allocated to women's issues is 2.0. This value increases to 4.5% when the factor score is two standard deviations above its mean.¹⁰ When women have more resources at their disposal, they are able to press city governments to respond to the needs of women as a group. This finding may seem counterintuitive since women with fewer resources may need CDBG-funded services such as childcare more than women with higher SES levels. However, women with more resources are much more likely to participate in political processes and make demands of government (Verba, Schlozman, and Brady 1995), including trying to influence CDBG allocation decisions.

The findings in Model 1 also suggest that cities with larger populations of very young residents allocate larger shares of their CDBG funding to policies thought to benefit women's interests. When the percentage of the population that is under five is two standard deviations below its mean (i.e., at 4.8%), the predicted percentage of funding allocated to women's issues is 2.4. At two standard deviations above the mean (i.e., at 9.7%), the prediction is 4.1. To a certain extent, then, cities' CDBG allocations depend on the need for such programs.

^{10.} For all point predictions and the graph of substantive effects in the results section, I vary the values of a certain independent variable while keeping the others constant.

It is important to note that the two measures of women's descriptive representation, percent female councilors and female mayor, fail to reach standard significance levels in Model 1. These findings cohere with the mixed results in previous research on the connection between women's presence in political institutions and the production of policies that are often associated with women's interests and are thus not overly surprising. When considering the impact of "sheer numbers" (Beckwith and Cowell-Meyers 2007), it appears that there is little connection between women's office holding and women-friendly policy outputs. Also, in this model, the main measure of government structure, strong mayor, is negatively signed but insignificant. Aside from women's socioeconomic resources and percent under five, the other critical predictor of CDBG allocations to women-friendly areas is the lagged dependent variable. Cities are more likely to devote CDBG resources to women's issues when they have done so in the recent past, which indicates path dependence in municipal decision making.

The findings of Model 2 (also in Table 1), when compared to Model 1, underscore the importance of taking into consideration governmental structure when examining the connection between women's office holding and aggregate policy outputs. The results of Stage 1 of Model 2 are very similar to those of the previous model. As before, the percentage of council seats held by women in 2001 and the exogenous instrument are positive and significant predictors of the presence of a female mayor.

Stage 2 of this model interacts the two measures of descriptive representation with government structure, with the expectation that the interaction between female mayor and strong mayor format will be positively signed while the interaction between percent female councilors and strong mayor will be negatively signed. The results partially bear out this expectation. The coefficient on the first interaction term, between having a female mayor and strong mayor form of government, is positive and highly significant. This indicates that female mayors are able to devote a larger percentage of their cities' CDBG distributions to women's issues when they are equipped with significant power and authority to do so. Figure 1 depicts this relationship. When the interaction between female mayor and strong mayor is 0 (that is, when there is a male mayor or a female mayor who has very limited powers), the predicted percentage of CDBG funding allocated to women's issues is 3.1. When the interaction term increases to 3 (indicating a female mayor with considerable authority), the predicted percentage of funding devoted to women's issues increases to nine-an



FIGURE 1. Predicted percentage of CDBG funding allocated to women's issues by women's mayoral incorporation.

Note: This figure shows the predicted percentage of CDBG funding allocated to women-friendly policy areas for different values of the female mayor-strong mayor scale interaction variable. The predictions are calculated based on Model 2 in Table 1. Zero indicates the presence of a male mayor or a female mayor with very limited powers while larger values represent a female mayor with considerable authority.

impressive almost threefold increase. To illustrate this finding further, consider the example of Tulsa, Oklahoma, which had a female mayor and a strong mayor form of government in 2006. As a consequence, the city devoted \$635,546 of its \$2,830,304 in CDBG disbursements to women-friendly programs and services. In contrast, Omaha, Nebraska, a city of similar size but which had a male mayor, allocated \$0 out of \$4,779,382 to such policy areas.

In light of this large substantive finding, it is interesting that the interaction between percent female councilors and the strong mayor scale fails to reach standard significance levels. This suggests that women's power as executives is more critical to producing women-friendly policy outputs than is their legislative incorporation. Perhaps on legislative bodies, women are constrained by the necessity of securing coalition partners to achieve their preferred policy outcomes, which would matter less to female mayors who are equipped with a large degree of authority.

In terms of the control variables, as in Model 1, the lagged dependent variable is highly significant, meaning that policy decisions made in the previous year are influential in determining current allocation levels. The measure of women's socioeconomic resources once again reaches standard significance levels, indicating that women's extragovernmental resources are important in compelling local governments to respond to women's interests. The effects of two measures of the demand for women-friendly policies, percent below poverty and percent minority, are indistinguishable from zero. However, a third, the percentage of the population that is younger than five, positively and significantly predicts CDBG allocations to these policy areas. Finally, the ideology of the city's electorate, population size, and CDBG funding per capita are insignificant in Stage 2 of Model 2.

To determine whether the effect of female executive incorporation is simply an artifact of the data under examination, I ran the same model but substituted the percentage of CDBG funding allocated to economic development in for the dependent variable focused on women's issues. In this model (not shown), none of the key independent variables (i.e., the two interaction terms and the measures of women's descriptive representation) are significant. This robustness check indicates that female political incorporation does not shape policy outputs in areas that are not typically thought to relate to women's interests. In short, women's incorporation as mayors matters—and matters most to decisions in areas that are closely connected to women as a group.

CONCLUSIONS

Several decades of political science research has found that although individual female representatives behave differently and have different policy preferences than men, the causal connection between having more women in political institutions and the production of policies thought to benefit women's interests is tenuous at best. This research leveraged the variation in institutional arrangements, women's office holding, and policy outputs found in U.S. cities to address this puzzle. Using an original city-level dataset and modeling women's descriptive and substantive representation endogenously, the analysis revealed that empowered female executives in municipal governments influenced expenditure decisions made as part of the federal CDBG program.

A number of implications can be drawn from this research. When women rise to positions of significant executive authority, they have more control over municipal policymaking and, as a result, cities may become more responsive to women's interests and needs. The finding with regard to women's executive incorporation is noteworthy and indicates that political scientists should increase their attention to the causes and consequences of women's presence in executive offices at all levels of government. From an empirical standpoint, this becomes increasingly feasible to do as women gain more executive positions. From a normative standpoint, if female executives do make a difference, especially when they have significant authority, women as a group would be well served by efforts to recruit, train, support, and propel women into executive offices. Given the findings, strategic targeting of the most powerful executive slots may be necessary.

The findings also indicate that the allocation of CDBG funding by cities is a path-dependent phenomenon. The incremental nature of budget decisions is common to many other programs and levels of government, meaning that the findings may be generalizable beyond cities and mayors. Furthermore, given the path dependence, female executives who successfully change budget priorities and allocations may, in turn, make their impact felt beyond their immediate terms in office.

The theory and findings underscore the importance of considering not just women's numerical representation but also the factors that condition any proposed relationship between descriptive and substantive representation. The structural features of governments are one such factor. However, the conceptualization and operationalization of power employed in this study focused only on formal power. More work of this nature is needed, especially to define and incorporate measures of informal power, or power as perceived by officeholders themselves. As a former mayor of a major American city notes, "Some have power by virtue of their position-their elected position-and some have power by virtue of their position and their ideas-their ability to convene people or articulate a point of view. ... The people who have power in local government are the people who take it."¹¹ Perhaps women's informal power is critical in the legislative arena, which would explain the absence of significant findings between women on city councils and CDBG expenditure decisions. Furthermore, in city governments, there is a "symbiotic relationship between structure and agency" (Geron 2005, 176), whereby the formal powers bestowed on officeholders shape opportunities in their quest for informal influence. Formal power may make the occasions for exercising influence over policy making more likely; still, officeholders need to capitalize on the opportunities

^{11.} Author's interview with mayor, August 19, 2011.

presented to them. In order to gain a fuller understanding of women's political representation, it would behoove social scientists to increase their attention to matters of formal and informal power and how both are accumulated, maintained, and utilized.

Cities could be considered be a hard case for finding evidence of a linkage between women's presence and power in government and the production of women-friendly policy outputs, especially since municipal officeholders are beholden to decisions made at the state and national levels and also given the competition between localities for a stable tax base. Given these contextual factors, it is notable that female officials influenced the allocation of CDBG funding, demonstrating that there is room for creative policy making related to underrepresented group interests in cities (Stone 1989; Swanstrom 1988). Although political scientists have devoted relatively little attention to the representation of women in municipal politics and policymaking, this study demonstrated that much could be gained by doing so. Indeed, conducting research on women in urban politics may yield a richer understanding of the nature of political representation at all levels of government.

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Variable Description Mean St. Dev. Range Female mayor^a City had a female mayor in 2006 0.13 0.34 0 - 10-22.76; 0-19.06 (lag) CDBG Percentage of CDBG distribution allocated to 3.09; 3.44 (lag) 3.79; 3.80 (lag) allocations to services/centers for childcare, youth, and abused women's issues^b children or spouses in 2007 (lag in 2006) 1.10 Strong mayor^c Scale of whether the mayor may (1) develop the 1.20 0 - 3annual budget, (2) veto council passed ordinances, and (3) appoint department heads Term length^c Length of mayoral terms, in years 3.35 1.01 1 - 40.731 Population^d Size of population, in 1,000s logged 0.72 0.01 - 4.38Mayor elected Mayor is elected directly by voters 0.91 0.29 0 - 1directly by votersc Term limits^c Whether there are limits on the number of terms 0.37 0.48 0 - 1mayors may serve Partisan elections^c Whether party affiliations appear on ballots 0.19 0.39 0 - 1Ideology^e Percentage of the city-level vote that went to the 56.79 14.89 14-93.96 Democratic candidate and any liberal third-party candidates in 2004 presidential election Women's Factor score of the percentage of college-educated -0.011.00 -1.87 - 4.08women, female median income, and the number socioeconomic resourcesf of women-owned businesses

APPENDIX.

Variable descriptions, summary statistics, and sources

Variable	Description	Mean	St. Dev.	Range
Percent female council members ^g	Percentage of council seats women held in 2006 (lag in 2001)	28.78; 28.28 (lag)	16.25; 17.33 (lag)	0-77.78; 0-88.89 (lag)
Percent female county commissioners ^h	Percentage of women on commissions in overlapping counties, adjusted for the proportion of the city that lies within a particular county in 2006	29.86	18.58	0-100
Percent minority ^d	Percentage of the population that is Black, Native American, Asian/Pacific Islander, or Hispanic	36.89	17.61	4.63-88.22
Percent in poverty ^d	Percentage of the population whose income is below the poverty level	14.74	6.17	2.19-35.48
Percent below five ^d	Percentage of the population that is younger than five	7.24	1.22	3.75-10.82
CDBG per capita ^b	Total CDBG disbursement divided by population	17.48	12.01	0-90.85

Sources:

^aU.S. Conference of Mayors' Mayoral Election Center; Municipal Yellow Book, 2006; Internet searches

^bU.S. Department of Housing and Urban Development: http://portal.hud.gov/hudportal/HUD?src=/program_offices/comm_planning/communitydevelopment/ budget/historicaldisbursementreports (accessed March 2010 and June 2013)

^cICMA Municipal Form of Government Surveys, 2001 and 2006; Internet searches; municode.com

^d2000 U.S. Census

^eBay Area Center for Voting Research, "The Most Conservative and Liberal Cities in the United States": http://alt.coxnewsweb.com/statesman/metro/081205libs.pdf (accessed May 2009)

²2000 U.S. Census; 2002 Census Survey of Business Owners

^gMunicipal Yellow Book, 2001 and 2006; Internet searches

^hGIS mapping of city boundaries to county boundaries; County Yellow Book, 2006; Internet searches