ORIGINAL RESEARCH

Evaluation of Emergency Medical Team Coordination Following the 2015 Nepal Earthquake

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ABSTRACT

Objectives: After the Nepal earthquake in 2015, for the first time, the Emergency Medical Team Coordination Cell (EMTCC) was activated. This study aims to evaluate the emergency medical team (EMT) coordination in the aftermath of the Nepal earthquake in 2015.

Methods: This is a retrospective study that (a) describes the coordination process in Nepal, and (b) reviews and analyzes the EMT database in Nepal to classify the EMTs based on the World Health Organization (WHO) EMT classification, an online survey for EMT coordination, and the Geographic Information System-analyzed EMT distribution.

- **Results:** We recorded 150 EMTs, which included 29 Type 1-Mobile, 71 Type 1-Fixed, 22 Type 2, 1 Type 3, and 27 specialist cell recorded EMTs including the military team. The EMTs were allocated based on the number of casualties in that area. The Type 1 EMTs were deployed around Type 2 EMTs.
- **Conclusions:** The EMT Classification is useful for the effective posting of EMTs. However, the method of onsite multi registration has room for improvement. The WHO should provide an opportunity for EMTCC training for better coordination of disasters.

Key Words: emergency medical team, coordination, Nepal earthquake

n April 25, 2015, a 7.8 magnitude earthquake struck Nepal at 11:56 AM local time. Its epicenter was in the Lamjung district, 77 km west of Kathmandu. Another 7.3 magnitude earthquake struck Nepal again on May 12, 2015, at 12:50 AM local time.¹ These massive earthquakes killed nearly 9000 and injured 22,500 people.² Various international agencies have played key roles in assisting the survivors. The procedures associated with international medical assistance have been dramatically changing since 2013. The World Health Organization (WHO) Foreign Medical Team Working Group under the Global Health Cluster has published a blue book Classification and Minimum Standards for Foreign Medical Teams in Sudden Onset Disaster through the WHO in 2013. This book describes the classification and minimum standards that the medical teams, especially those coming from foreign countries have to follow. The same working group also launched an on-site medical team coordination mechanism. This coordination mechanism was tested during the Philippines cyclone disaster and the Ebola virus outbreak in Africa. The Nepal earthquakes of 2015 were the first time that this coordination mechanism was applied on a large-scale.

The purpose of this research is to evaluate this approach for the coordination among the emergency medical teams (EMTs) that responded to the Nepal earthquake in April 2015. In this report, the term EMT refers to all types and organizations of the medical team, including private sector, nongovernmental organizations (NGOs), Red Cross, and military medical teams, as well as local medical team.

METHODS

This was a retrospective, descriptive study.

Participant Observation Method

We participated in the EMT coordination process as observers while responding to the Nepal earthquake as members of the Japan Disaster Relief Medical Team, using our experience with deployment.

Secondary Data Review

Primary and secondary data were collected by the Emergency Medical Team Coordination Cell (EMTCC)/ Ministry of Health and Population (MoHP) of Nepal. They were compiled into a single database on the EMTs that responded to the Nepal earthquake 2015.

Online Feedback Survey

The EMTCC/MoHP conducted an online feedback survey twice. The initial feedback survey was conducted from early June to September 2015 using Google forms[®]. The initial target was government medical teams. The second survey used Survey Monkey[®] and was conducted from September to December 2015 for all registered EMTs without duplication of organizations. Questionnaires were distributed to all the registered EMTs through email. The 2 surveys consisted of 38 and 44 questions, respectively. The second survey had 6 additional questions added to the front sheet. The questionnaires focused on EMT coordination, particularly the timeline of the process. The included questions were on (1) before leaving own country and registration, (2) coordination and tasking, (3) deployment and logistics, (4) communication with EMTCC/District Health Office (DHO), (5) reporting system and communication, and (6) demobilization. The secondary mapping product was reviewed, and Geographic Information System (GIS) maps were created from the EMT database.

This survey was not directly supported by the WHO.

Ethical Review

This study was approved by the Ethical Review Board of the MoHP of Nepal.

RESULTS

Participant Observation

The process started with a preregistration phase. The EMTs were managed more systematically than in the past, such as with the Haiti earthquake in 2010, when no public announcements were made regarding requirements for EMTs. This time, the WHO announced on their information platform website, Virtual On-Site Operations Coordination Center (VO) that "WHO and the Ministry of Health and Population of Nepal are working together to assess the need for foreign medical teams (FMTs). Offers from Types 1, 2, and 3 fully self-sufficient teams are welcome, but the final acceptance will be the decision of the Government of Nepal. The FMTs considering participating should fill the registration form attached, and send to the WHO points of contact. Initial coordination of FMTs, if required and accepted, will use the Reception and Departure Centre (RDC) and the On-Site Operations Coordination Centre (OSOCC) methodology on arrival, until formal health coordination is established under the Ministry mechanisms or the cluster when this is decided." This announcement was posted on April 27, 2015, 2 days after the earthquake. The virtual OSOCC (https://vosocc.unocha.org/) is a closed website for professional responders who recognized by United Nations Office for the Coordination of Humanitarian Affairs (OCHA). The term FMT was changed to EMT in 2016.

Because there were no standardized registration forms available, the MoHP drafted an EMT registration form in collaboration with the WHO (Figure 1). The registration form was more detailed than the ones used for previous events, such as the tropical cyclone in the Philippines in 2013 (Figure 2). At the same time, WHO prepared an online registration system on their website, which has since been moved or deleted. Additionally, there were several on-site registration points in Nepal. The first point was the RDC, which was run by the United Nations Disaster Assessment and Coordination (UNDAC) team and the OCHA.

Strictly speaking, the role of the RDC was to just "record" all the incoming disaster relief teams, including the medical teams, and refer them to the EMTCC/MoHP registration.³ They did not use a consolidated registration form, but instead used various team information forms as shown in Figure 1, and put the data into their personal computer directly. The medical license screening and registration were taken care of by the MoHP. Both the second and third on-site registration points were on the property of the MoHP. The Health Emergency Operation Center was located on the MoHP premises, and the EMTCC was located in the building next to the MoHP. The military medical teams were registered at the Multi-National Military Coordination Centre (MNMCC). There were various channels for keeping track of the EMTs, although there were no standard licensing and accreditation procedures for the FMTs.

The selected government EMTs were informed through a previous official communication from the MoHP by email and were approved to provide medical services when they arrived in Nepal. On the other hand, the private medical teams, such as NGOs, were required to submit a copy of the passports of the team members, together with a copy of their professional medical license, a covering letter to the Ministry expressing their interest in providing services, and the completed registration form. After obtaining permission, they were approved to work as health professionals for 30 days.

The Nepal government immediately provided medical services by means of its military resources including foreign military units. Therefore, the initial EMT coordination was done by the MNMCC/Ministry of Defence.³ When the civilian medical teams arrived, the EMT coordination and tasking mechanism integrated into a single unit at the EMTCC/MoHP. Three officers from the WHO, the MoHP, and the Ministry of Defense sat at the same table and worked together at the EMT coordination meeting. These meetings were held every day in the beginning and then twice a week on Mondays and Thursdays at the MoHP. The fifth day after the earthquake, when there were enough EMTs, the MoHP announced a stand-down message and stopped accepting new applications.

Following the registration was the monitoring phase. Both the EMTCC/MoHP requested the EMTs to report daily and weekly using a provided format. This announcement was released through the EMT coordination meeting, VO and EMT mailing list. The EMTCC monitored the medical needs through the reported data.

FMT Registration Form Nepal 2015.

Ministry of Health & Population	Government of Nepal Ministry of Health & Population
Registration form for Foreign Medical Teams (FMTs) planning to respond to the 25 th April2015 Kathmandu valleyEarthquake ,	Registration details *Type of FMT
Nepal. *indicates mandatory data field	Insert Type 1, 2 or 3 or specialty cell capability Type 1: Outpatient care, Type 2: Emergency surgical care, Type 3: Referral level care, Specialist Cell capability: (describe
*Date:	•Outpatient capacity per day
*Countryand Agency:	Maximum number of cases that may be seen daily *Inpatient capacity
Declare status as Government (civilian or military), Non-Governmental (NGO)or International Organization and country of origin *Recent disaster deployment experience:	Maximum number of patients that can be hospitalized at one time (i.e. bed capacity) Surgical Capacity (if relevant)
	Maximum number of major and minor surgical procedures per day Length of stay
Recent disaster experience, in particular related to earthquake *History of working in Nepal:	Maximum number of days that you plan to be deployed *Number of International staff and type
	Type Number Other details Doctors
Experience working in Nepal context, and national partner organizations if relevant	Nurses Allied Health personnel Logistics and operational support Adjunistration and a chare staff.
*Name, position and contact details or focal point Head quarters Designation and name of focal point for this mission (HD) including e-mail and phone	Numbers of Doctors, Nurses, Paramedics, Logistics and administration staff (give detailed list if possible)Note all doctors must bring copy of current medical licence, and send covor to WH0 focal opoints for recording and presentation to ministry
numbers 24 hours Name, nositim and contact details of focal point of deployable team	Number of National staff and type required Type Number Other
יייייייייייייייייייייייייייייייייייייי	Doctors details
Designation and name of focal point for this mission (Deployment Team Leader)including e-mail, phone and satellite phone numbers	Nurses Allied Health personnel
*Agreement t o comply with FMT guidi ng principles and standards:	Logistics and operational support Administration and other staff
(Yes/No)	reams una require national stay to assist, or nave staying gaps to declare so before acceptance by the ministry Time to denlow
ntp://www.wno.int/nac/giobai.nearin-cluster/int_guidennes_september2013.pui	Estimated time from acceptance of offer, to arrival in Nepal Time to be operational
Points of contact Dr. Ian Norton <u>nortoni@who.int</u> and Dr. Vijay-Nath vijaynathk@who.int	Points of contact Dr. Ian Norton <u>nortoni@who.int</u> and Dr. Vijay-Nath <u>vijaynathk@who.int</u>
Stimulet driver in Nepal Kather Stranger Construction and Stranger Construction of the Stranger Constr	World Health Ministry of Health & Population Instructions: Please fill this form as completely as possible and send to WHO (Initial points of contact Dr. Ian Norton nortoni@who.int, and Dr. Vijay-Nath yijaynathk@who.int) for collation and presentation to Ministry of Health and disaster management
Details of planned transport method/type and ETA if offer is accepted (if known) *Logistics support required	authorities in Nepal. Note: acceptance of offer will be required from the Government of Nepal. Self-sufficiency is expected for all FMT staff and of all health supplies for your mission. FMTs must declare their compliance with the WHO FMT principles/Minimum standards; http://www.who.int/hac/global.health_cluster/fmt_guidelines_september2 013.pdf Please update by e-mail any details on offers/acceptance of offer, arrival times and abre locities detailed name. There are management to participat
Logistics requirements from local procurement that you will need to be operational (eg water, fuel, sanitation, local transport (include volume/weight of cargo and staff numbers, security etc.) *Medical services offered	and use the Virtual OSOCC https://vosocc.unoch.org/VOLoginaspc.as source of information and sharing of details with other teams in the first days of this response.
Detail type of medical/health specialist clinical capability Will you bring a field facility/field hospital?	
Yes/No I fyes, detail type, bed capacity and estimated surface area in M ² required to erect the field hospital Additional Public Health Capability	

FMT Sheet Philippines 2013.

Date:

Country/Agency:

Recent deployment experience:

Name and position of person reporting:

Contact details: Cell Phone:

Agreement to comply with FMT guiding principles and standards: _____

FMT Type	Outpatient Capacity	Inpatient Capacity	Surgical Capacity	Length of stay	No. of international/local staff	Time to deploy	Estimated time to be operational	Logistics and support required	List services offered/ field hospital (Y/N)
1. Outpatient Emergency Capacity									
2. Inpatient Surgical Emergency Care									
3. Inpatient Referral Care									
Additional Specialized Care FMT									
	Explanatory N Comply to sta minimal serv Outpatient ca Inpatient cap Surgical staff: Length of stay No. of interna FMT (and the Time to deplo	Note: ndards: Y/N. A ice standards pacity: Maximu acity: Maximum r maximum nu r: Maximum nu tional/local sta ir specialty) y: Indicates ho	II FMTs that w um number of n number of p nber of major mber of days t <i>fff</i> : number of a w long (hours)	ant to regist patient that atients that and minor s hat you may all staff that) it will take	er must comply with a) FM may be seen per day can be hospitalized at one urgical procedures per day y be deployed will accompany the FMT a you to be deployed from o	IT guiding p time (i.e. be y nd the num rigin after c	principles and star d numbers) ber of local staff r lisaster has occur	ndards b) required to rur red	, <u> </u>

Estimated time to be operational at the site of disaster: Indicated how long (hour/weeks) you estimate from the disaster onset

to provision of patient care: Choose either: <72, within 1 week or within 1 month

List services offered: specify functions, capacities, services and that are available with FMT. Include also whether field facility is provided or not

Logistics and support required: list element not supplies by FMT but required on site to be operational (e.g.: water, fuel, sanitation, transportation, security, ect.)

Next was the demobilization phase wherein the MoHP provided an exit form. This form was used for the second time in Nepal, the first being after the tropical cyclone Pam in Vanuatu in 2015. The EMTCC was assisted by the MoHP staff, members of the UNDAC team from OCHA, International Humanitarian Partnership (IHP), and volunteers from the Japan Disaster Relief Medical team (Japan), Germany, and India Red Cross.

TABLE 1

Type of Organizations and the Registered EMTs					
	Military	NGO	Government	Total	
Type 1-Mobile	5	22	2	29	
Type 1-Fixed	2	58	11	71	
Type 2	8	7	7	22	
Туре З	1	0	0	1	
Special	0	19	8	27	
Total	16	106	28	150	

TABLE 2

Registration Points and Number of Registered Organizations

	WHO	MoHP	MNMCC
Military	0/16	3/16	15/16
	0%	19%	94%
Government	4/28	20/28	1/28
	14%	71%	4%
NGOs	14/106	92/106	0/106
	13%	87%	0%
Total	18/150	115/150	16/150
	12%	77%	11%

Database Analysis

A total of 150 EMTs were recorded with the EMTCC, and 137 of them were given tasks. Of these 150 recorded EMTs, 100 were Type 1, which included 29 Type 1-Mobile and 71 Type 1-Fixed. Of the Type 1 EMTs, 80% were NGOs. Type 2 was made up of 22 EMTs, and 4 of the 7 NGOs involved came from the Red Cross. The only Type 3 team was from Israel. At that time, the Israel defense force team was the first team to qualify as Type 3 based on the WHO criteria. Twenty-seven teams were categorized as specialist cells (Table 1). The 137 teams that were given tasks included 25 government EMTs, 16 military EMTs, and 96 NGO/private sectoral EMTs.

Over half of all the EMTs were registered at the MoHP. Most of the military EMTs were registered at the MNMCC. There was some duplication of registration (Tables 2 and 3).

Online Feedback Survey

The EMTCC created an integrated contact list for the feedback survey that included 172 individual email addresses identifying 34 organizations based on the domain address analysis. Eighteen of the 172 contacts were rejected due to a DNS (domain name system) error or an earlier response to the initial survey. Finally, the EMTCC had 154 available contacts, which was approximately the same as the number of registered EMTs in the EMTCC. The EMTCC received 30 responses,



Breakdown of EMT Types and Registration Points					
	WHO	MoHP	MNMCC		
Type 1-Mobile	4/29	22/29	4/29		
	44%	76%	14%		
Type 1-Fixed	6/71	58/71	3/71		
	8%	82%	4%		
Type 2	1/22	14/22	8/22		
	5%	64%	36%		
Туре З	0/1	0/1	1/1		
	0%	0%	100%		
Special	7/27	21/27	0/27		
	26%	78%	0%		
Total	18/150	115/150	16/150		
	12%	77%	11%		

including those following the initial survey (return rate of 19.5%), despite a reminder mail that was sent. A response rate of < 20% significantly weakened the findings.

A GIS Map of EMT Distribution

While the MoHP distributed EMTs based on the number of victims and the WHO EMT classification (Figures 3 and 4)^{6,7}, it allocated the EMTs based on the "hub-and-spoke" model. The strategic location for each hub was chosen based on previously existing health facilities or areas with trauma load. The Type 3 EMTs providing tertiary level medical services were allocated to a central location in the affected area/country. Type 2 EMTs were allocated around Type 3 EMTs. The smaller Type 1-Fixed or Type 1-Mobile EMTs were dispatched to more remote areas to treat trauma cases or to refer cases to a higher level of care.

DISCUSSION

Coordination Process

The MoHP initiated prior registration of EMTs by means of e-mail and then reviewed the offers to ensure that they met the humanitarian needs, before granting access. Although this was an outdated method with a complicated data handling system, it was effective under the given conditions and helped in speeding up the planning of the initial EMT allocations. Acceptance of international assistance, especially medical teams, has political implications. As donors, the international EMTs should respect the affected country's sovereignty, and follow their registration methods.

Most important was the selection process to choose international EMTs. Although the government of the affected country can send away nonapproved EMTs, the multiple registration points (MNMCC, MoHP, and WHO) helped in avoiding large numbers of nonregistered EMTs. However, from the standpoint of the EMTs, the affected country authority/WHO should consider a more straightforward and





user-friendly registration mechanism, such as a "one-stop-shop." In the case of Nepal, the EMT coordination meetings were run by the MoHP and WHO. The Nepal Army attended the EMT coordination meetings several times and shared relevant EMT information with other civil EMTs. There was no information gap between the civil and military EMTs in Nepal. The only problem was due to the poor communication network in the mountainous area. Collecting the daily reports from EMTs in rural areas with limited infrastructure was a substantial challenge. Through the Nepal experience, it has become clear that information management plays a crucial role in providing good coordination and support for the victims. To do that, the WHO should provide adequate training in information management at the EMTCC.

Deployment of International EMTs

The EMTCC recorded 150 EMTs, including military teams from various areas. This number is almost the same as what

seen during the Philippines cyclone experience in 2013 (Table 4).⁴ These data suggest that any affected government is likely to receive over 100 offers of medical assistance. For this reason, the government should have a prior national strategy for receiving medical assistance.

The EMT global registration system with minimum standards has started since 2016, and over 40 government requested peer review and verification of the quality of their teams.³ The WHO verified 22 EMTs as of February 2019.⁵ One of the aims of a global EMT registry is to speed up the deployment process of international medical assistance to address trauma load in the affected country. However, it is possible that the number of acceptable EMTs will decrease because affected governments have an option to refuse non-WHO classified EMTs. In contrast, over 75 EMTs that demonstrated an interest in the global registry are currently undergoing the verification process. The situation of international EMT deployment is in transition.





TABLE 4

Comparison of the Number of International EMTs in Philippines and Nepal					
	Philippines 2013	Nepal 2015			
Type 1-Mobile	23	29			
Type 1-Fixed	97	71			
Type 2	11	22			
Type 3	2	1			
Specialized or unknown	17	27			
Total	150	150			

Limitations of the Study

This study has several limitations. First, is the lack of national EMT data. This survey focused on international EMTs because the EMTCC is supporting the MoHP for the coordination of international EMTs. Furthermore, the national EMTs did not coordinate at the same place as the international EMTs. That

is one of the reasons for lacking the national EMT data. Second, is participant observation. It is challenging to participate alone at all coordination opportunities from airport to meeting room and on-site. Therefore, a result of the participant observation may include a missing fact. The third was data sharing between the WHO and MoHP. The survey team was not able to get EMTs data from WHO. Therefore, the number of EMTs and a breakdown of the EMT types were different from what the WHO reported previously.

CONCLUSIONS

Nepal was hit by a massive earthquake in 2015. The EMTCC was established under the MoHP with support from the WHO. The EMT classification established by the WHO contributed to the planning and allocation of EMTs. However, the method of onsite registration at multiple locations needs improvement. Good information management is critical for effective EMT coordination. Training in information management at the EMTCC to establish a sustainable mechanism

for information collected during the operation phase is an absolute requirement.

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